

## SEX, GENDER, AND SEXUALITY RESOURCES

These resources have been identified by the LGBTQI2S Sport Inclusion Task Force (The SITF) and are meant to provide helpful information on sex, gender, and sexuality. We have included resources that we feel do an excellent job explaining current LGBTQI2S terminology and experiences. LGBTQI2S stands for lesbian, gay, bisexual, transgender, queer, intersex, and two-spirit; there are different versions of this acronym, some of which are used in the resources below. Many of the resources included on this list are not specific to anyone sport but will still be helpful to parents/guardians, coaches, administrators, and volunteers in any sport. There are also a few links to sport-specific articles for gymnastics. Gymnastics Canada will continue to provide up-to-date information and resources on these topics.

### General Information on Sex, Gender, and Sexuality

The materials included in this section provide general overviews on sex, gender, and sexuality, introducing different terms that people may use to self-identify.

***LGBTQ Terminology Source: Egale Canada Human Rights Trust***

[http://www.cglcc.ca/uploads/2/5/2/3/25237538/lgbtq\\_terminology\\_-\\_echrt.pdf](http://www.cglcc.ca/uploads/2/5/2/3/25237538/lgbtq_terminology_-_echrt.pdf)

***Breaking Through the Binary: Gender Explained Using Continuums***

<http://itspronouncedmetrosexual.com/2011/11/breaking-through-the-binary-gender-explained-using-continuums/#sthash.iJzVJFc8.dpbs>

### Sex, Gender, and Sexuality: Sport-Specific

The resources in this section address LGBTQI2S inclusion in all levels of sport, with a primarily Canadian focus. Many of the resources have been created by different Canadian organizations with the help from experts in the field.

***Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS): Leading the Way—Working with LGBTQ Athletes and Coaches***

<http://www.caaws-homophobiainsport.ca/e/>

***Canadian Centre for Ethics in Sport (CCES): Gender Inclusivity***

<http://cces.ca/gender-inclusivity>

***Canadian Olympic Committee: #OneTeam***

<http://olympic.ca/education/one-team/>

### ***Out on the Fields: The First International Study on Homophobia in Sport***

*Out on the Fields* is a report produced by academics and activists, based on the first international survey exploring homophobia in sport. There are Canadian-specific results included in the report.

<http://www.outonthefields.com>

### ***Take up the Torch***

[https://www.youtube.com/watch?v=gb6EIV7xTfA&feature=em-share\\_video\\_user](https://www.youtube.com/watch?v=gb6EIV7xTfA&feature=em-share_video_user)

### ***The Olympic Channel's "Identify" Series***

Chloe Anderson: <https://www.youtube.com/watch?v=znLUiqzNp98>

Schulyer Bailar: <https://www.youtube.com/watch?v=niBM3li662U>

Harrison Browne: <https://www.youtube.com/watch?v=Am0DeIXukao>

Pat Manuel: <https://www.youtube.com/watch?v=Y2loniTaVfY>

Chris Mosier: [https://www.youtube.com/watch?v=UjTwS\\_UtwN0](https://www.youtube.com/watch?v=UjTwS_UtwN0)

Ian Thorpe: <https://www.youtube.com/watch?v=cYh62Zye15k>

## **Sex, Gender, and Sexuality: Gymnastics-Specific**

Rosie Cossar, 2012 Olympic gymnast, on being gay and changing the sports world

<https://www.outsports.com/2014/12/1/7316397/rosie-cossar-lesbian-gay-gymnast-olympics>

Gay gymnast finds his niche at University of Oklahoma

<https://www.outsports.com/2018/4/16/17240002/oklahoma-gymnast-eric-holley-gay-coming-out>

## **Canadian Organizations that Offer LGBTQI2S Sport Inclusion Training**

### ***CAAWS - Leading the Way: LGBTQI2S Inclusion in Sport Presentations and Workshops (One hour presentation up to full-day training)***

This workshop provides sport leaders, including coaches, athletes, officials, with the opportunity to understand what LGBTQphobia is and how it can hurt their organization. From understanding lesbian, gay, bisexual, trans, intersex, and two spirit (LGBTQI2S) language and dealing with sensitive issues such as same-sex relationships amongst teammates, to reviewing policies and practices to ensure they are equitable, this session allows for an open and honest conversation about LGBTQphobia and the important role sport leaders, including coaches, can play in making sport more accepting of sexual and gender diversity. These workshops and presentations are delivered by CAAWS' Program Lead for LGBTQI2S Inclusion in Sport, Jennifer Birch-Jones. Known for her subject-matter expertise in LGBTQI2S sport inclusion, Jennifer will tailor the session to meet your organization's needs. For more information on the *Leading the Way* workshops or presentations, contact [caaws@caaws.ca](mailto:caaws@caaws.ca).

## **Egale**

*From the Egale website:* “Founded in 1995, Egale Canada Human Rights Trust is Canada’s only national charity promoting lesbian, gay, bisexual, and trans (LGBT) human rights through research, education and community engagement. They offer several different workshops that may be just what your organization is looking for”. More information available here:

<http://egale.ca/corporate-equity-training/>

## **You Can Play**

*From the Egale website:* “You Can Play works to ensure safety and inclusion for all who participate in sports, including LGBT athletes, coaches and fans. You Can Play believes sports teams should focus on the athlete’s skills, work ethic, and competitive spirit, not their sexual orientation and/or gender identity”. With regional Boards and ambassadors in Eastern and Western Canada, different workshops are available. More information available here:

<https://egale.ca/portfolio/you-can-play-canada/>

## **About The SITF**

The SITF is a flexible, informal coalition working to end LGBTQI2S bias in sport through education for and promotion of LGBTQI2S inclusion in Canadian sport. Our objectives are that:

1. sport organizations (at all levels) in Canada are aware of LGBTQI2S issues in Canadian sport
2. sport organizations in Canada have the capacity (knowledge, skills, and abilities) to make Canadian sport more LGBTQI2S inclusive
3. sport organizations in Canada commit to taking action on making LGBTQI2S sport more LGBTQI2S inclusive, and
4. Canadian sport is LGBTQI2S inclusive.

The Canadian Olympic Committee (COC) provides Secretariat support to The SITF. For more information about The SITF’s work and additional resources available, please contact Rosie Cossar at [rcossar@olympic.ca](mailto:rcossar@olympic.ca)