



WOMEN'S ARTISTIC GYMNASTICS

# 2023 AAP Carding Process

Final version (November 2021)





## 1.0 GENERAL INFORMATION

*The carding document was created in September 2021 during the COVID 19 global pandemic, therefore it is still possible that the current competitive season could still be affected by unforeseen circumstances. If such is the case, with the approval of Sport Canada, Gymnastics Canada would exercise its right to modify the published AAP criteria based on the best available information. The notice of modification would be communicated to all affected individuals.*

The goal of the Sport Canada Athlete Assistance Program (AAP) is to contribute toward improved Canadian performances at major international sporting events such as the Olympic/Paralympic Games and World Championships. To this end, the AAP identifies and provides funding directly to athletes who have already met or demonstrate the potential to meet the Senior National and International criteria.

The Athlete Assistance Program has three (3) objectives:

- to financially support Canadian athletes identified by National Sport Organizations (NSOs) using criteria established by Sport Canada as performing at or having the greatest potential to achieve a top-12 team result or a top-8 individual result at Olympic/Paralympic Games and World Championships;
- to assist Canada’s carded athletes in preparing to engage in full or part-time career activities; and
- to enable Canada’s carded athletes to participate in year-round national training and competition regimes to further their athletic goals.

Under the AAP, eligible athletes have access to the following benefits:

- Living and training allowance
- Tuition and deferred tuition support
- Supplement support

More information on the AAP may be found at <https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance/policies-procedures.html>

The AAP has four levels of cards, which will provide a monthly living and training allowance as follows:

Card Type	Monthly Allowance	Annual Value
Senior International Card (SR1/SR2)	\$1,765	\$21,180
Senior National Card (SR)	\$1,765	\$21,180
First Year Senior National Card (C1)	\$1,060	\$12,720
Developmental “D” Card (Junior)	\$1,060 (minimum 4 months)	Up to \$12,720

NCAA athletes who have committed to training in Canada are only eligible for carding allowance for the months they are not actively competing or preparing to compete for their NCAA Program.

Sport Canada has allocated the equivalent of 14 Senior cards to Women’s Artistic Gymnastics (WAG). Sport Canada may, at any time, adjust the carding quota. If they do so, GYMCAN reserves the right to amend the carding criteria so that it may be applied fairly and to best support the prioritized goals of the program. The carding cycle for Women’s Artistic Gymnastics is from January 1, 2023 to December 31, 2023. The nominations will be based on results obtained from December 1, 2021 to November 30, 2022.



## 2.0 ELIGIBILITY

To be considered for carding nomination, an athlete must:

- Be a Canadian citizen or a permanent resident of Canada;
- Be a National High Performance Program member who meets the carding criteria;
- Be a member in good standing with Gymnastics Canada and their respective PTO;
- Participate at the Canadian Championships (CC) or have received advance permission in writing from Gymnastics Canada (GymCan) to miss this event for a medical condition or personal emergency;
- Participate in National Team preparatory and annual training programs during the time period in which they are qualified for AAP support;
- Must be available to represent Canada in major international competitions, including World Championships and Olympic Games;
- **Submit their Carding Application and Commitment Form (Appendix 2) by December 1, 2022;**
- **Submit their NT Athlete Agreements by December 1, 2022;**
- To be eligible for a Senior card (SR/C1), an athlete must have achieved their points during the results cycle, and be age eligible to compete in the Senior category during the upcoming carding cycle;
- To be eligible for a D card an athlete must be FIG age eligible, have competed in the Junior category during the results cycle;
- Second year novice aged athletes can earn points if they compete as juniors and be nominated for a D card;
- Sport Canada’s AAP Requirements can be found at:  
<https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance.html>

## 3.0 NON-ELIGIBILITY

An athlete is not eligible for “carded athlete” status if they:

- a) are training with and competing for an American University, unless committed to training at least 3 months in Canada under high performance preparation expectations as set out in the athlete agreement and agree to continue being monitored for the duration of the carding cycle and submit training videos to NTC or designate; or
- b) have committed in writing to join an American University in the twelve-month period after July 1, 2021 and will not be affiliated in Canada within a recognized high performance supervised training program.
- c) if they have not met the criteria set out in Section 2.0.

## 4.0 APPLICATION AND DECISION-MAKING PROCESS

The selection of athletes to be nominated for carding will be the responsibility of the WAG Carding Working Group (CWG). The Working Group will be comprised of:

- WAG Program Manager (PM)
- WAG National Team Head Coach (NTHC) or designate
- WAG Program Committee (WPC) appointed coach or judge : Lorraine Currie
- WAG Athlete Representative : Brittany Rogers

Coaches with athletes being considered for the AAP will not be eligible for inclusion on the CWG due to a conflict of interest, but they may be present to provide information to the CWG. An exception can be

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made for coaches who have athletes nominated SR1 or SR2 and remain in good standing according to the NT agreement.

Nominations will be based on the expert assessment of the CWG. The National Team Coach or designate and Program Manager are responsible for presenting the nominations to Sport Canada for the AAP.

The draft nominations will be circulated to the WAG community no later than December 15<sup>th</sup>, 2022. When the nominations are approved by Sport Canada and finalized, a final version will be circulated, and the necessary updates will be made to the NT list. Should updates or modifications occur throughout the year, these will be reflected on the NT list.

All nominated athletes will be required to submit to Gymnastics Canada the Sport Canada AAP Application and complete the CCES online anti-doping education program’s two courses: “True Sport Clean” and “Sport Canada - Athlete Assistance Program” at the beginning of each new carding cycle. *Failure to do so will result in AAP payments being kept on hold until requirement is met.*

## 5.0 DESCRIPTION OF CARDING CRITERIA

AAP Carding will be allocated in priority order as listed below until the carding quota is exhausted. A maximum total of \$296,520.00 is available. There must be at least four months’ worth of funding available to allocate a partial card.

### 5.1 SPORT CANADA SENIOR INTERNATIONAL CRITERIA (SR1/SR2 CARDS)

These criteria can be met only in events on the Olympic program based on the results achieved at the Olympic Games (OG) or the World Championships (WC). For this carding cycle the World Championships (Liverpool 2022), the criteria will be solely based on World Championships. It includes Qualification Competition (C-I), an All-Around Final (C-II) and Apparatus Final (C-III) and a Team Final (C-IV).

The following criteria must be obtained for consideration:

Team: For athletes having competed on at least one apparatus during the Qualification (C-I) where the Team ranked in the Top 8 and top ½ of the field; or the Team Final (C-IV) with participation of 8 teams or;

Individual All-Around: Athlete ranked in the top 8 and top ½ of the field in the All-Around Final (C-II) or;

Individual Apparatus: Athlete ranked, on one apparatus, in the top-8 counting two entries per country after the qualification rounds (C-I) or; athlete competed in any apparatus final (participation of 8 athletes).

Athletes who qualify for carding under the Senior International criteria are eligible for two years of AAP support, with the card for the first year referred to as a SR1 card and the card for the second year referred to as a SR2 card\*. An athlete who meets the international criteria described above will be funded as a SR1 card even if it is the first time they are carded.

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\*The second year of carding is contingent upon the athlete being re-nominated by GymCan. Athletes will be recommended for the SR2 card if they meet the Senior National criteria and are maintain an approved training and competitive program recognized by GymCan and Sport Canada.

## 5.2 SENIOR NATIONAL CRITERIA (SR/C1)

The criteria for Senior National cards have been designed to identify athletes who have the potential to achieve Senior International Card (SR1/SR2) criteria. Senior Cards are awarded for one year and are called SR or C1 Cards. A C1 card is provided to an athlete in their first year at the Senior Card level, the athlete will receive funding equivalent to the D Card allocation. The exception to this is if a first-year Senior athlete meets the SR1/2 criteria. For Senior Criteria (SR/C1) a gymnast must be eligible to compete in the Senior category under FIG rules.

There are three ways to be eligible for nomination for a Senior national card:

1. Through the Objective point system- Senior Ranking List (described in section 7 and schedule A)
2. Injury Card status (see section 8)
3. Discretionary card (see section 9)

## 5.3 INJURY CARD

Athletes, who at the end of the carding cycle have not achieved the standard required for renewal of carding status due to health-related reasons, may be considered for re-nomination by the CWG for an injury card set out in section 8.0.

## 5.4 DEVELOPMENT (D) CARDS

Developmental Cards are intended to support the developmental needs of younger athletes who are not yet age eligible to meet the Senior National Card criteria, but are **performing in line with targets set for international excellence**.

There are two ways to be eligible for nomination for a D card:

1. The Objective point system – Junior Ranking Lists (described in section 7 and schedule B-Junior)
2. The discretionary carding process (see section 9)

# 6.0 PRIORITIZATION OF S1/2, SR, C1 AND D CARDS

## 6.1 CARDS FOR SENIOR ATHLETES

The amount equivalent to 9 SR cards (\$190,620.00) will be available for athletes that meet Senior carding criteria (SR1/2, SR, C1 and SR injury). This quota will be allocated as follows:

1. Athletes eligible for SR1 and SR2 cards;
  2. Athletes who meet the Senior National Card criteria based on their position on the Senior Ranking List.
  3. In the event of a tie on the Senior Ranking list, the athlete having the highest all-around score of the year would be ranked ahead.
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## 6.2 DEVELOPMENTAL CARDS FOR JUNIOR ATHLETES

\$50,880 (the equivalent of 4 Development cards 4 x \$12,720) of the total card quota will be allocated to the top 4 athletes that meet the Development card criteria for Junior athletes based on their position on the Junior Ranking List. The Junior Ranking list includes all eligible athletes who have earned points according to the objective point system described in section 7 and in Schedule B.

1. In the event of a tie on the Junior Ranking list, the athlete having the highest all-around score of the year would be ranked ahead.

## 6.3 INJURY CARD

Up to 3 injury cards, may be allocated to athletes who have been carded at any level the year before.

## 6.4 DISCRETIONARY CARD

At the discretion of the Carding Working Group, athletes who have met the eligibility criteria under 2.0 and are ranked on the Objective Points Ranking Lists, but were not nominated for a card under section 6.1, 6.2, or 6.3 above may be nominated for a Discretionary card pending the remaining available quota. Gymnasts may be nominated for a SR, C1 or D card based on the criteria as set out in 9.0. Joint Junior and Senior discretionary ranking see Schedule E.

# 7.0 POINT SYSTEM AND CRITERIA FOR SENIOR AND JUNIOR RANKING LISTS

## 7.1 OBJECTIVE POINT SYSTEM

As a country, Canada needs to focus on clean and consistent performances with routines that demonstrate international content. It is also important for athletes to have sufficient competition experience against countries with similar levels of performance. In order to encourage this focus throughout the program, the carding points have been established to reward:

1. Consistent results as determined by competition scores
2. D Score values in competition, tied to program targeted E scores

**For Seniors:** Points can be accumulated from Domestic Competitions (Elite Canada, Canadian Championships) and FIG sanctioned or GymCan assigned International competitions (including Gymnix Challenge). The points are fully outlined in Schedules A and B.

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A maximum of 3 FIG sanctioned international competitions or GymCan assigned international competitions (Junior or Senior rules) or Gymnix Challenge (for all HP athletes) <sup>1</sup> & <sup>2</sup>, as well as EC, and CC can be used to accumulate points for carding. All days of competition will have the potential to contribute points.

An athlete who is unable to attend EC, or CC due to injury may use results from a maximum of 1 other international event to gain carding points.

The points are fully outlined in Schedule B.

## 7.2 ACCUMULATION OF POINTS

Points are awarded only for one carding cycle, points are accumulated from December 1, 2021 to November 30, 2022. Only athletes listed on the 2022 Junior and Senior High Performance list are eligible to receive carding points. In addition to domestic meets, Novices aged athletes who have chosen to compete as juniors may only accumulate points at GYM CAN approved international in which they compete under FIG junior rules.

Senior points will be accumulated from the Senior Points Charts  
Junior points will be accumulated from the Junior Points Charts.

*Juniors who will be Senior in January 2022, and who accumulate points in December 2021, will have their points accumulated from the Senior Points Chart.*

## 7.3 RANKING LIST

The Athlete Ranking List will determine the final ranking of athletes as determined by the CWG based off results from the cumulative points calculations. This list will be provided to Sport Canada.

## 8.0 INJURY CARD

At the discretion of the Carding Working Group, up to 3 cards may be allocated based on injury card status. A carded athlete who at the end of the carding cycle has not achieved the standard required for renewal of carding status due to health-related reasons, may be nominated by the CWG for an injury card.

- In the case of an Injury Card approval by Sport Canada, funding will only be allocated for a four-month period until the conditions outlines in section 8.2 are met.

If they have not been met, the athlete(s) will no longer be eligible for nomination for carding. It is the responsibility of the athletes, their coaches, and parents to meet the conditions under 8.1 below even if there is no reminder sent by GYM CAN.

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<sup>1</sup> The Challenge portion is eligible for carding points only if the judging panels are composed of the same judges as the Junior and Senior FIG Cup of Gymnix.

<sup>2</sup> Athletes in the Gymnix Challenge that were selected using the discretionary criteria from the organizing committee for finals will not be eligible to earn carding points, unless they were results would have qualified them automatically.



## 8.1 CONDITIONS FOR INJURY CARD STATUS

The athlete may be nominated for carding if all the following conditions have been met:

- a) Was previously carded in the most recent carding cycle;
- b) **The injury or illness was supported by a typed (not handwritten) medical report and a physician’s certificate submitted to the Program Manager no later than November 1<sup>st</sup>, 2022.**

The documentation must state:

- the date the injury was incurred;
- the nature of the injury and whether or not this is an overuse or chronic injury;
- that the athlete could not compete at the event or finish the competition;
- the rehabilitation protocol, the amount of training the athlete can do in the next 12 weeks, the expected date for a) full recovery and b) return to full training;
- the date the certificate is issued.

GYMCAN reserves the right to have the athlete examined by a physician appointed by GYMCAN, at the expense of the athlete.

- c) The athlete did compete in at least one GYMCAN assigned competition, Elite Canada or Canadian Championships, within the past two years.
  - d) The most recent competition results for the athlete (within two years) should demonstrate the athlete was competing at a level consistent with athletes already nominated for a card in this period which will be reviewed by the Carding Working Group.
  - e) The Head Coach of the athlete’s club has confirmed in writing to GYMCAN that the gymnast should be reviewed under the injury card criteria by November 1, 2022 and has submitted to GYMCAN the modified training program (content, skills and load) that the athlete will do in the following three months.
  - f) The Head Coach has submitted to GYMCAN no later than February 1<sup>st</sup>, 2023, a report stating the progress made towards complete rehabilitation and indicating the training program that the athlete has followed since the previous report.
  - g) GYMCAN may require the athlete to be verified by the GYMCAN designated technical official at a time and a location set by the WAG Program staff. Such verification can occur at any time. The club is responsible for the expense of the Brevet judge if any. A formal report prepared by the GYMCAN designated technical official from the verification will be submitted to the NTC in the 48hrs following the verification.
  - h) During the verification, the athlete has performed a vault of at least a 4.6 value and elements on each apparatus that meet 100% of the FIG Code of Points composition requirements. Such elements must be performed on equipment that meet the competition specifications in effect for Elite Canada and the Canadian Championships. The athlete may attempt each skill twice. The dismount has to be of minimum C value. Skills are not necessarily required in a routine.
  - i) If the athlete has not been able to return to full training and competition within six (6) months of the start of the carding cycle, GYMCAN will review the card with the possibility of extension or recommendation to withdraw the card being made to Sport Canada.
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- j) It is the responsibility of the athletes, their coaches, and parents to meet the conditions even if there is no reminder sent by GYM CAN.
- k) The nomination of an athlete who is injured or ill at the time of nomination and who did not notify the Program Manager WAG in writing may be withdrawn by GYM CAN.

## 8.2 EXTENSION OF VERIFICATION PERIOD

If an athlete has not met all the conditions above by May 1, 2023 but has shown progress towards full recovery from the injury or illness as assessed by the NTC or designate, they may be given up to July 1, 2023 to meet the conditions. The report prepared by the GYM CAN designated technical official, along with the opinion of the IST lead and NTC or designate will determine the likelihood of full recovery and progress made since injury or illness. The decision and condition attached to the extension of the deadline will be made by the CWG.

## 8.3 LONG-TERM CURTAILMENT OF TRAINING AND COMPETITION FOR HEALTH RELATED REASONS

GYM CAN may decide to nominate an athlete under the Long -term Curtailment of Training and Competition for Health Related Reasons policy of Sport Canada provided that the athlete:

- was carded in the immediately preceding cycle;
- has submitted proper documentation to support injury/status as stated in section 8.1 (b);
- has the potential to recover fully and be one of the top athletes in their category within 8 to 12 months.

## 9.0 DISCRETIONARY CARDS

Athletes who have met the eligibility criteria under 2.0 and are ranked on the Objective Points – Ranking Lists carding criteria but were not nominated for a card under 6.0, 7.0, or 8.0 above may be nominated for a Discretionary card pending the remaining available quota.

Nominations will be based on the expert assessment of the Carding Working Group that the athlete has the potential to bring a significant contribution towards the achievement of the performance objectives of the Women’s program. The Carding Working Group will assess, rank and nominate eligible athletes for available Discretionary cards using the criteria in Schedules C, D and E as described below.

Not all nominated athletes will receive a full year’s worth of support. The number of months of support will be based on the number of athletes being considered that have demonstrated potential to contribute to the objectives of the Women’s program. A minimum of 4 months would be provided.

**Only athletes who have returned the Carding Application and Commitment Form will be eligible for consideration as set out in Section 2.0.**

Coaches who would like their athlete considered for discretionary cards may provide additional information with the attached application form as indicated therein. Athletes will be assessed using the assessment tool in Schedule C or D, and E of these criteria. The results of the assessments will be shared with the coaches of the athletes being reviewed.

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Discretionary card allocation is based on additional criteria beyond ranking on the Objective point system. These criteria are outlined in Schedules C (Senior), D (Junior), and E (Junior and Senior combined). An athlete may receive a discretionary card even if they are ranked lower than another athlete on the Objectives Points Ranking List for carding.

The criteria in effect is outlined in Schedule E and varies from year to year based on needs for the NT and Women’s Program Objectives.

## **10.0 MAXIMUM NUMBER OF YEARS AT THE SENIOR CARD LEVEL**

An athlete is normally expected to improve each year to maintain a Senior Card based on Sport Canada’s AAP Policies. In principle, athletes who have been on the High Performance Senior List for five (5) years or more must rank among the top 12 athletes on the objective point list to be considered for nomination for the AAP. An athlete who has been carded for 5 or more years at the SR or C1 level, who has not achieved a SR1/SR2 level within the past 2 years or who is not in the Top 12, will be reviewed by the Carding Working Group (CWG) to determine if continued progress or contribution to the team is demonstrated.

This is further defined as meaning that the athlete’s D score and Final Scores are at a level such that their scores could contribute to the team score at the Olympic Games/World Championships. There must also be National or International competition results that clearly show an increase in both D score and Final Scores over previous D score and results on most of the apparatus. An exception would apply if the athlete is already performing at a level that is consistent with the expected standards to reach a World championship final or support the team in reaching a team final.

## **11.0 ALLOCATION OF A CARD THAT BECOMES AVAILABLE DUE TO UNFORESEEN CIRCUMSTANCES**

The card will be allocated to the next non-carded athlete or partially carded according to the ranking of the athletes who are eligible for a discretionary card. Carded athlete status and all related benefits, including monthly stipend, would most likely be available for less than a 12-month period.

A minimum of four months of carding support must be available in order for GYM CAN to nominate a non-carded athlete.

## **12.0 DE-CARDING**

The WAG Program staff has the authority to verify, at any time during the carding cycle, that the athlete is or remains committed and meets most of the expectations below. The WAG Program staff will set the parameters for the verification in writing. The duration of the verification is at the discretion of the WAG Program staff. The verification may lead to, among others, the athlete being de-carded. The decision to recommend to Sport Canada to de-card an athlete will be taken by the Working Group responsible for the allocation of the Senior discretionary cards.

A Senior or Junior athlete should meet the following expectations, unless ill or injured:

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- train between 24 hours and 30 hours per week unless exempted by the WAG Program staff;
- demonstrate on an ongoing basis the dedication, determination, and commitment to hard work expected of a carded athlete;
- maintain a physical condition in accordance with the status of a carded athlete as determined by the WAG Program staff;
- be able to perform a vault and full exercises on each apparatus that are part of their individual targeted profiles at a level similar or superior to the athlete ranked in 8th place in the Senior category (or 4th place if in the Junior category) at the immediately previous Elite Canada or Canadian Championships;
- An athlete targeted\* as an event specialist would still be required to demonstrate routines on all events at a level agreed upon by NTC minimum standard being FIG composition requirements.
- compete at Elite Canada the Canadian Championships, the trials or selection activity on at least three apparatus;
- improve their level/performances when compared to the previous Canadian Championships and Elite Canada which means, among other things, competing with new skills, higher D scores, and higher E scores;
- compete in at least **TWO** international competitions in the last twelve months and a minimum of one per six-month period.

\*targeted by OTP and clearly identified on individual performance plans on file with NTHC.

## 12.1 CONDITIONS FOR DE-CARDING PROCESS

The WAG Program staff may initiate the de-carding process under the following conditions:

There is a lack of commitment of the athlete to the High Performance and/or National Team Training and Competition Program as indicated by, but not exclusively:

- Failure of the athlete to meet most of the expectations stated above;
  - Absence of the athlete from High Performance and/or National Team activities without the submission of verifiable documents with regard to injury and rehabilitation protocols, including:
    - required competitions
    - training/monitoring activities (camps, joint training sessions, club visitations)
    - selection activities
    - inability to perform on all four apparatus when expected;
  - Lack of availability of the athlete for verification of health and training status by the WAG Program staff or failure by the athlete to attend a technical verification on all four apparatus when pre-arranged with the WAG Program staff;
  - Failure by the athlete to follow the mutually agreed upon rehabilitation protocol in case of an injury;
  - Failure by the athlete to take part in the development of their individual training plan with their coaches and the WAG Program staff;
  - Failure by the athlete to meet the expectations set in their plan or in the Athlete Agreement; in case of injury or illness, failure to meet the optimal expectations considering their injury or illness;
  - Failure by the athlete to meet the terms and regulations as set in the Athlete Agreement.
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The WAG Program staff has met with the athlete to set corrective steps, timelines for completion of these steps, and parameters according to which the situation will be evaluated once the deadline(s) has arrived.

The athlete has failed to correct the situation as per the steps, timelines and evaluation parameters that have been set.

## **13.0 REQUEST FOR REVIEW AND APPEAL**

### **13.1 REVIEW OF DECISION**

An athlete who is in disagreement with a decision made in the application of the process may request a review by the WAG Program Manager who will refer the matter to the Working Group who made the initial decision. The request must be made no more than two working days from the day of circulation of the final nominations. It must include the rationale supporting the request and the alleged errors in the application of the process. The Working Group will then review the request and make a decision. The Program Manager will distribute the written reasons for the decision to the athlete and coach within three working days from the receipt of the written request.

In case of a further disagreement, the athlete may submit an appeal.

### **13.2 APPEAL**

Appeals of Gymnastics Canada’s AAP nomination/re-nomination decision or of a Gymnastics Canada recommendation to withdraw carding may be pursued only through the Gymnastics Canada appeal process, which can be found at <http://gymcan.org/disciplines/nt-info>. Appeals of AAP decisions made under Section 4 (Application and Decision Making Process), Section 5 (Prioritization and Selection Process), or Section 12 (De-carding) may be pursued through Section 13 of the AAP Policies, Procedures, and Guidelines.

**SCHEDULE A – SENIOR OBJECTIVE POINT SYSTEM****i) Attendance to international (FIG sanctioned)**

Worlds, OG	Pan Am Championships	Apparatus World Cups, PacRim, Commonwealth Games	International FIG sanctioned competition, Challenge World Cups
8 points for competing or travelling reserve 4 points for non-travelling reserve	5 points for competing or travelling reserve 2 points for non-travelling reserve	3 points for competing or travelling reserve 1 point for non-travelling reserve	1 point for competing

**ii) Competition scores in 2021-2022 (2022 Code of Points)**

Vault		Bars		Beam		Floor		AA	
Score	Pts	Score	Pts	Score	Pts	Score	Pts	Score	Pts
13.30-13.44	1	12.50-12.84	1	12.50-12.84	1	12.50-12.84	1	49.50-50.49	1
13.45-13.59	2	12.85-12.99	2	12.85-12.99	2	12.85-12.99	2	50.50-51.49	2
13.60-13.74	4	13.00-13.19	4	13.00-13.19	4	13.00-13.19	4	51.50-52.49	4
13.75-13.89	6	13.20-13.39	6	13.20-13.39	6	13.20-13.39	6	52.50-52.99	6
13.90-14.04	9	13.40-13.59	9	13.40-13.59	9	13.40-13.59	9	53.00-53.49	9
14.05-14.19	12	13.60-13.79	12	13.60-13.79	12	13.60-13.79	12	53.50-53.99	12
14.20-14.34	15	13.80-13.99	15	13.80-13.99	15	13.80-13.99	15	54.00-54.49	15
14.35-14.59	18	14.00-14.49	18	14.00-14.49	18	14.00-14.49	18	54.50-54.99	18
14.60 +	20	14.50+	25	14.50+	20	14.50+	20	55.00+	20

**iii) D Score values in competitions in 2021-2022**

Points will be awarded to athletes for completing a routine that demonstrates international content as determined by D score. D score points will only be earned for routines that have attained a minimum total score as indicated below.

Vault		Bars		Beam		Floor	
Must achieve a minimum score of 13.3		Must achieve a minimum score of 12.5		Must achieve a minimum score of 12.5		Must achieve a minimum score of 12.5	
D Score	Points	D Score	Points	D Score	Points	D Score	Points
4.4	1	5.0-5.1	1	5.0-5.1	1	4.8-4.9	1
4.5-4.7	2	5.2-5.3	3	5.2-5.3	2	5.0-5.1	2
4.8-4.9	3	5.4-5.5	6	5.4-5.5	3	5.2-5.3	3
5.0-5.1	5	5.6-5.7	9	5.6-5.7	5	5.4	5
5.2-5.3	7	5.8-5.9	12	5.8-5.9	7	5.5	7
5.4 +	10	6.0 +	15	6.0+	10	5.6+	10

**For athletes competing two vaults**

Athletes may earn points for the D score and final score of their best vault out of the two.



**iv) Domestic Competitions**

Elite Canada and Canadian Championships will have a greater weighting for carding points. Points will be factored as follows:

**ELITE CANADA :**

Day 1 All-Around Score = Points will be multiplied by 1.5

Day 2 All-Around Score = Points will be multiplied by 1.5

**CANADIAN CHAMPIONSHIPS:**

Day 1 All-Around Score = Points will be multiplied by 2

Day 2 All-Around Score = Points will be multiplied by 2

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**SCHEDULE B – JUNIOR OBJECTIVE POINT SYSTEM****i) Attendance points for JR international competitions (FIG sanctioned)**

JR Worlds, YOG	PacRim and Jr PanAms
- 5 points for competing or travelling reserve	- 2 points for competing or if a travelling reserve
- 2 point for non-travelling reserve	- 1 point for non-travelling reserve

**ii) Competition scores in 2021-2022 (2022 Code of Points)**

Vault		Bars		Beam		Floor		AA	
Score	Pts	Score	Pts	Score	Pts	Score	Pts	Score	Pts
12.85-13.09	1	11.50-11.99	1	12.00-12.24	1	12.00-12.24	1	47.50-47.99	1
13.10-13.19	2	12.00-12.29	2	12.25-12.49	2	12.25-12.49	2	48.00-48.49	2
13.20-13.29	4	12.30-12.59	4	12.50-12.74	4	12.50-12.74	4	48.50-48.99	4
13.30-13.39	6	12.60-12.89	6	12.75-12.99	6	12.75-12.99	6	49.00-49.49	6
13.40-13.49	9	12.90-13.19	9	13.00-13.24	9	13.00-13.24	9	49.50-49.99	9
13.50-13.59	12	13.20-13.49	12	13.25-13.49	12	13.25-13.49	12	50.00-50.49	12
13.60-13.79	15	13.50-13.79	15	13.50-13.74	15	13.50-13.74	15	50.50-50.99	15
13.80-14.09	18	13.80-14.09	18	13.75-13.99	18	13.75-13.99	18	51.00-51.49	18
14.10+	20	14.10+	25	14.00+	20	14.00+	20	51.50+	20

**iii) D Score values in competitions in 2020-2021**

Points will be awarded to athletes for completing a routine that demonstrates international content as determined by D score. D score points will only be earned for routines that have attained a minimum total score as indicated below.

Vault		Bars		Beam		Floor	
Must achieve a minimum score of 12.85		Must achieve a minimum score of 11.50		Must achieve a minimum score of 12.00		Must achieve a minimum score of 12.00	
D Score	Points	D Score	Points	D Score	Points	D Score	Points
4.0	1	4.0-4.2	1	4.5-4.6	1	4.5-4.6	1
4.2	2	4.3-4.5	3	4.7-4.8	2	4.7-4.8	2
4.4	3	4.6-4.8	6	4.9-5.0	3	4.9-5.0	3
4.6	5	4.9-5.1	9	5.1-5.2	5	5.1-5.2	5
4.8	7	5.2-5.4	12	5.3-5.4	7	5.3-5.4	7
5.0+	15	5.5+	15	5.5+	10	5.5+	10

**\*For athletes competing two vaults:** Athletes may earn points for the D score and final score of their best vault out of the two.

**iv) Domestic Competitions**

Elite Canada and Canadian Championships will have a greater weighting for carding points. points will be factored as follows: The counting 2 best days = All Around Score points multiplied by 1.5

**ELITE CANADA:**

Day 1 All-Around Score = Points will be multiplied by 1.5

Day 2 All-Around Score = Points will be multiplied by 1.5

**CANADIAN CHAMPIONSHIPS:**

Day 1 All-Around Score = Points will be multiplied by 2

Day 2 All-Around Score = Points will be multiplied by 2





## SCHEDULE C – SENIOR DISCRETIONARY CARD ASSESSMENT TOOL

All athletes being considered for Carding under discretionary status will be assessed by the Carding Working Group using the Assessment tool below.

	Assessment Criteria	Score		
<b>Ranking</b>	Current rank on the AAP Ranking List at the time of nomination to Sport Canada: <ul style="list-style-type: none"> <li>● 7<sup>th</sup> to 10<sup>th</sup> = 5 pts;</li> <li>● 11<sup>th</sup> to 13<sup>th</sup> = 3 pts;</li> <li>● 14<sup>th</sup> to 16<sup>th</sup> = 1 pt</li> </ul>			
	Performances in 2021 domestic events (EC, CC) <ul style="list-style-type: none"> <li>● AA: 5 points 1<sup>st</sup> place, 3 points 2<sup>nd</sup> place, 1 point 3<sup>rd</sup> place</li> <li>● AF: 3 points 1<sup>st</sup> place, 2 points for 2<sup>nd</sup> place, 1 point for 3<sup>rd</sup> place</li> </ul>			
	Current D-score rank on the internal Senior ranking list at the time of nomination to Sport Canada <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> <li>● Top 3 = 10 points</li> <li>● Rank 4 or 5 = 9 points</li> <li>● Rank 6 or 7 = 8 points</li> <li>● Rank 8 or 9 = 7 points</li> <li>● Rank 10 = 6 points</li> </ul> </td> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> <li>● Rank 11 = 5 points</li> <li>● Rank 12 = 4 points</li> <li>● Rank 13 = 3 points</li> <li>● Rank 14 = 2 points</li> <li>● Rank 15 = 1 point</li> </ul> </td> </tr> </table>	<ul style="list-style-type: none"> <li>● Top 3 = 10 points</li> <li>● Rank 4 or 5 = 9 points</li> <li>● Rank 6 or 7 = 8 points</li> <li>● Rank 8 or 9 = 7 points</li> <li>● Rank 10 = 6 points</li> </ul>	<ul style="list-style-type: none"> <li>● Rank 11 = 5 points</li> <li>● Rank 12 = 4 points</li> <li>● Rank 13 = 3 points</li> <li>● Rank 14 = 2 points</li> <li>● Rank 15 = 1 point</li> </ul>	
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Current Total score rank on the internal Senior ranking list at the time of nomination to Sport Canada <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> <li>● Top 3 = 10 points</li> <li>● Rank 4 or 5 = 9 points</li> <li>● Rank 6 or 7 = 8 points</li> <li>● Rank 8 or 9 = 7 points</li> <li>● Rank 10 = 6 points</li> </ul> </td> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> <li>● Rank 11 = 5 points</li> <li>● Rank 12 = 4 points</li> <li>● Rank 13 = 3 points</li> <li>● Rank 14 = 2 points</li> <li>● Rank 15 = 1 point</li> </ul> </td> </tr> </table>	<ul style="list-style-type: none"> <li>● Top 3 = 10 points</li> <li>● Rank 4 or 5 = 9 points</li> <li>● Rank 6 or 7 = 8 points</li> <li>● Rank 8 or 9 = 7 points</li> <li>● Rank 10 = 6 points</li> </ul>	<ul style="list-style-type: none"> <li>● Rank 11 = 5 points</li> <li>● Rank 12 = 4 points</li> <li>● Rank 13 = 3 points</li> <li>● Rank 14 = 2 points</li> <li>● Rank 15 = 1 point</li> </ul>		
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<b>Technical Ability</b>	D-score on each event (based on average of top 2 scores from the carding cycle) <ul style="list-style-type: none"> <li>● If in 1-2 point range on performance chart = 1 point</li> <li>● If in 3-5 point range on performance chart = 3 points</li> <li>● If in 7-10 point range on performance chart = 5 points</li> </ul> *to get D-score points must have achieved minimum score as indicated			
	Final score on each event (based on average of top 2 scores from the carding cycle) <ul style="list-style-type: none"> <li>● If in 1-4 point range on performance chart = 1 point</li> <li>● If in 6-12 point range on performance chart = 3 points</li> <li>● If in 15-20 point range on performance chart = 5 points</li> </ul>			

**SCHEDULE D – JUNIOR DISCRETIONARY CARD ASSESSMENT TOOL**

All athletes being considered for Carding under discretionary status will be assessed by the Carding Working Group using the Assessment tool below.

	<b>Assessment Criteria</b>	<b>Score</b>		
<b>Ranking</b>	Current rank on the AAP Ranking List at the time of nomination to Sport Canada: <ul style="list-style-type: none"> <li>● 5<sup>th</sup> to 8<sup>th</sup> = 5 pts;</li> <li>● 9<sup>th</sup> to 11<sup>th</sup> = 3 pts;</li> <li>● 12<sup>th</sup> to 14<sup>th</sup> = 1 pt</li> </ul>			
	Performances in 2021 domestic events (EC, CC) on junior ranking list, points awarded for ranking on SV and Total score <ul style="list-style-type: none"> <li>● AA: 5 points 1<sup>st</sup> place, 3 points 2<sup>nd</sup> place, 1 point 3<sup>rd</sup> place</li> <li>● AF: 3 points 1<sup>st</sup> place, 2 points for 2<sup>nd</sup> place, 1 point for 3<sup>rd</sup> place</li> </ul>			
	Current D-score rank on the internal Junior ranking list at the time of nomination to Sport Canada <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; padding: 5px;"> <ul style="list-style-type: none"> <li>● Rank 1= 10 points</li> <li>● Rank 2= 9 points</li> <li>● Rank 3= 8 points</li> <li>● Rank 4= 7 points</li> <li>● Rank 5= 6 points</li> </ul> </td> <td style="width: 50%; padding: 5px;"> <ul style="list-style-type: none"> <li>● Rank 6= 5 points</li> <li>● Rank 7= 4 points</li> <li>● Rank 8= 3 points</li> <li>● Rank 9= 2 points</li> <li>● Rank 10= 1 point</li> </ul> </td> </tr> </table>	<ul style="list-style-type: none"> <li>● Rank 1= 10 points</li> <li>● Rank 2= 9 points</li> <li>● Rank 3= 8 points</li> <li>● Rank 4= 7 points</li> <li>● Rank 5= 6 points</li> </ul>	<ul style="list-style-type: none"> <li>● Rank 6= 5 points</li> <li>● Rank 7= 4 points</li> <li>● Rank 8= 3 points</li> <li>● Rank 9= 2 points</li> <li>● Rank 10= 1 point</li> </ul>	
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<b>Technical Ability</b>	D-score on each event (based on average of top 2 scores from the carding cycle) <ul style="list-style-type: none"> <li>● If in 1-2 point range on performance chart = 1 point</li> <li>● If in 3-5 point range on performance chart = 3 points</li> <li>● If in 7-10 point range on performance chart = 5 points</li> </ul> *to get D-score points must have achieved minimum score as indicated			
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## **SCHEDULE E – COMBINED DISCRETIONARY CARD ASSESSMENT CRITERIA, WHEN COMPARING JUNIOR VS SENIOR**

The Carding Working Group will use the discretionary points for Senior and Junior to compare the athletes and discretionary assessment will be based on the committee’s ability to assess an athlete’s overall contribution to the NT and potential to achieve the objectives as stated in section 1.0.

### **Annual Priorities for 2023**

1. Eligible athletes who have indicated commitment to preparing for the 2023 World Championships with the greatest potential of meeting the objective of a Top 8 team placing.
2. Potential to achieve podium (potential on more than one event is more important)
3. Potential to be a stronger AA athlete (average of top 2 AA scores for the season)

### **Additional considerations**

- Current status
  - History of performance (if applicable): years on NT and/or HP
    - For NT athlete’s consideration will be given to honoring obligations of NT agreement
  - Commitment for 2023 and beyond
  - National team ranking (D score and Total score)
- Potential to achieve podium or top 8 internationally (AA, on an individual apparatus)
  - Will consider frequency of achieving final score
  - Maximum scoring potential based on D score
- Potential to improve
  - History of performance
  - Podium result track

**APPENDIX 1****2023 CARDING APPLICATION AND COMMITMENT FORM - WAG**

<b>Athlete Information</b>		
Name:		
Date of birth:	Phone:	Email:
Current address:		
City:	Prov:	Postal Code:
<b>Club Information</b>		
Current Club:		
Club address:		Phone:
City:	Prov:	Postal Code:
Primary Coach:		Secondary Coach:
Phone:		Phone:
Email:		Email:
<b>Parent Information</b>		
Mother:		Father:
Email:		Email:
Phone:		Phone:

I \_\_\_\_\_ declare that I:

Name of Athlete – Print

- will train and compete at the level expected of a carded athlete and will meet the expectations stated in the AAP Carding Process, from January 1, 2023 to December 31, 2023;
- will not attend an educational institute that would render me ineligible for carding within the next twelve (12) months;
- will not leave the National Team program in the next 12 months;
- will take part in the training, monitoring, and competition activities of the Junior or Senior National Team Program;
- will train for and compete at the next Elite Canada and Canadian Championships unless ill or injured; such illness or injury may be verified by a physician appointed by GYM CAN at my expense.
- Will train for and take part in Major Games and/or World Championships and all NT assignments if age eligible and selected, unless injured or ill.

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Signature of Athlete	Name in print	Date
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Signature of Parent (if athlete is under 18 years old)	Name in print	Date
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I \_\_\_\_\_ declare that I:  
Name of Coach

- will help my athlete train and compete at the level expected of a carded athlete and will meet the expectations stated in the AAP Carding Process, from January 1, 2023 to December 31, 2023;
- will take part in the training, monitoring, and competition activities of the Junior or Senior National Team Program;
- will help my athlete train for and compete at the next Elite Canada and Canadian Championships unless ill or injured; such illness or injury may be verified by a physician appointed by GYMCAN at the athlete’s expense.
- Will help my athlete train for and take part in Major Games and/or World Championships and all NT assignments if age eligible and selected, unless injured or ill.

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Signature of Coach	Name in print	Date
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\_\_\_\_\_ declare that :  
Name of Club

- Our Club will help and support the coach(es) and the athlete training and competing at the level expected of a carded athlete and will meet the expectations stated in the AAP Carding Process, from January 1, 2023 to December 31, 2023;
- Our Club will help and support the coach(es) and the athlete that will take part in the training, monitoring, and competition activities of the Junior or Senior National Team Program;
- Our Club will help and support the coach(es) and the athlete to train for and compete at the next Elite Canada and Canadian Championships unless ill or injured; such illness or injury may be verified by a physician appointed by GYMCAN at the athlete’s expense.
- Our Club will help and support the coache(s) and the athlete to train for and take part in Major Games and/or World Championships and all NT assignments if age eligible and selected, unless injured or ill.

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Signature of Club’s CEO/Manager	Name in print	Date
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