GYMnastics nastique CANADA

COACH PATHWAY

15 years old

Gymnastics Foundations
GF Intro course
+
GF Theory course
+
GF Sport Specific course
=
Gymnastics Foundations TRAINED

→ **Gymnastics Foundations Evaluation**
+
Portfolio + Evaluation
(on-site or video)
=
Gymnastics Foundations CERTIFIED

→ *Gymnastics Foundations Advanced (in development)*

16 years old

COMPETITION STREAM

COMPETITION 1 (Introduction)
4 day course
=
Competition 1 TRAINED

→ **Competition 1 Evaluation**
Portfolio + Evaluation
(on-site or video)
=
Competition 1 CERTIFIED

COMPETITION 2 (Introduction Advanced)
4 day course
=
Competition 2 TRAINED

→ **Competition 2 Evaluation**
Portfolio + Evaluation
(workshop or video)
=
Competition 2 CERTIFIED

COMPETITION 3 (Development)
4 day course
+
Competition Development Multi-sport theory
=
Competition 3 TRAINED

→ **Competition 3 Evaluation**
Portfolio + Evaluation
(in competition)
=
Competition 3 CERTIFIED

COMPETITION 4 (Development Advanced)
4 courses, each is one week long, taking place over 2 years
+
Successful completion of all courses & related tasks
=
Competition 4 TRAINED

→ **Competition 4 Evaluation**
Portfolio + Evaluation
+ National Team athlete
=
Competition 4 CERTIFIED