



FROM HERE, WE SOAR



2019-2020 ANNUAL REPORT



I have now completed my first full year as CEO for Gymnastics Canada. In that year, who could have predicted a pandemic, a total shutdown of clubs, and a scramble across our community to manage what is, and what will be, a new reality for the foreseeable future. While it has certainly not been business as usual on any level, I do want to thank all our sport's leaders, our staff, and the respective Boards for tackling these challenges and coming together at all levels to support the sport in the best way we can.

At the Gymnastics Canada operational level, we have seen steady progress in all areas of programming. While the postponement of the Olympic Games and some of the Olympic qualification process created some challenges, I can say that we were well positioned for potential success in Tokyo. Having said that, the postponement also created some planning challenges in that a natural change of focus in high performance programming to Paris 2024 would have normally occurred in 2021. We now have to straddle the need to maintain focus on quality preparation for Tokyo while ensuring that Paris plans are also initiated so as not to lose traction on programming needs for the longer term.

Our Safe Sport national strategy has also been strengthened this past year through continual dialogue with our membership and through pro-active action on the part of Gymnastics Canada in areas of education and legislation. We remain a leader in Canadian sport in this area and must continue to commit significant resources to this strategy if we truly wish to eradicate abuse and maltreatment in the sport.

In the area of coach education, we hope to see the finish line soon with the NCCP transition now that the WAG/MAG transition is complete and the RG/TG transition is well on its way. We have heard your continued concerns regarding the efficacy of the NCCP in its new format. This is something that we must address in the next year as we will finally have the time to reflect on the transition process and its intended and unintended consequences.

As we prepare for a new quadrennial and national strategic plan, I want to thank everyone for their engagement over the past year in assessing the strengths and challenges of our existing plan and also addressing key priority areas for the next four to six years. Gymnastics has such a broad membership that demands progress in many areas. We cannot forget this, but we must also recognize the need to be efficient and focused in our national priorities if we expect to produce world-leading and country-leading programming and results. I hope that our new strategic plan emphasizes the opportunity for systematic alignment across our member associations, at least to the point where we all agree on what areas require national leadership and what areas require national cooperative leadership. We are all in this business of sport promotion and we can, collectively, achieve our goals through strong partnerships. Gymnastics Canada recognizes the need to re-adjust its structure and priorities to reflect the new realities for the next quadrennial. We understand that member resources need to be directed to programming priorities and that administrative overhead needs to be maintained as efficiently as possible. Part of this re-adjustment needs to see Gymnastics Canada become more stable financially for the long term. The COVID lockdown has brought out the weakness in our current fiscal preparations and we cannot let this happen again. Fiscal stability will be a high priority in the next strategic plan.

Finally, I want to thank our Gymnastics Canada Board, Committees, and staff for their continued commitment to our collective cause. The passion and drive at the volunteer and professional level has been inspiring to me and speaks volumes to the growth potential of this sport in Canada. Despite the many setbacks and challenges in this current environment, I can honestly say that it has been a pleasure working alongside such dedicated individuals over the past year and I certainly look forward to our emergence from this pandemic stronger and more united than before. Congratulations to everyone for your achievements this year and I look forward to continuing to work with all of you into the future.

Ian Moss, CEO, Gymnastics Canada



MULTI-DISCIPLINE

- First-ever Junior World Championships held for WAG, MAG, and RG;
- Agreement signed with INS-Québec as the National Training Center for WAG, MAG, and TG;
- Investments at INS Québec: Senoh floor, spring boards, bars, vault, pit repairs;
- Agreement with the city of Yokkaichi, JPN in preparation for Tokyo 2020;
- Olympic familiarization for the WAG and TG Team in Japan;
- Gold Medal Profile and Podium Pathway work in collaboration with Sport for Life and Own the Podium;
- Richard Crépin named Vice-President of North-America for the Pan American Gymnastics Union (PAGU);
- Interrupted training, competitions, and Olympic qualification process due to Covid-19.



ACROBATIC GYMNASTICS



- Pan American Championships - 22 medals won in various events;
- First-ever Acro Canadian Championships hosted in Oakville in June 2019;
- First National Judge Course offered: 10 judges participated and successfully received certification;
- Formal development and approval of GymCan's first Acro Program Committee and Assembly;
- Canada successfully nominated Nancy Carss for re-election to the PAGU Acro Technical Committee;
- Selection of the biggest delegation for 2020 World Age Group Competitions which were cancelled due to Covid-19;
- NCCP Acro-specific courses in the process of being finalized.

2019 CANADIAN CHAMPIONSHIPS WINNERS (FIG CATEGORIES)

11-16 Women Pair	Ryann Martin, Fiona Jones (AB)	12-18 Women's Group	Olivia Beram, Sydney White, Marie-Eve Charette (ON)
11-16 Mixed Pair	Addison Chan, Matteo Sanchez (ON)	12-18 Men's Pair	Kristian Diana, Max Hendershot (ON)
11-16 Women's Group	Joelle Attard, Ally Attard, Karyzza Guillermo (ON)	13-19 Women's Group	Lauren Bligh, Camille Calvo, Emma Carlton (AB)
12-18 Mixed Pair	Mila DiSalle, Theo Rots-Chan (ON)		



WOMEN'S ARTISTIC GYMNASTICS

- **Tokyo 2020 Olympics Games:**
 - Team Qualification at the 2019 World Championships;
 - Gordon Bennett named as judge - first ever male judge named to judge WAG at the Olympics.
- **Pan American Games:**
 - The WAG team won 7 medals: Ellie Black - 2 Gold (AA, VT), 1 Silver (BB); 1 Bronze (UB); Brooklyn Moors - 1 Gold (FX); Shallon Olsen - 1 Bronze (VT); Team Silver;
 - Ellie Black named Canadian team flag bearer for the closing ceremony.
- **International Competitions:**
 - 6 World Cups finals;
 - 1 World Cup medal;
 - 4 World Challenge Cup medals.
- **National Team:**
 - 3 athletes named in the 50 most artistic gymnasts in the world issue by Inside Gymnastics Magazine;
 - Working with the CBC to produce a feature-length documentary for Tokyo 2020 Olympic Games;
 - CT Analytics is developing a database to help the WAG program;
 - Additional funding received from the Canadian Olympic Foundation, B2Ten, and Own the Podium;
 - Athlete Excellence Fund recipients: Ellie, Brooklyn, Shallon, Ana and Victoria
- **Other :**
 - Roles of the 2020 Leads expanded to include technical leadership of current programs;
 - Two research projects underway with I4G: Training loads and Relative energy deficiency in sport (RED-S);
 - Excelerate Program launched to encourage current and former NT athletes to become Brevet Judges;
 - Vladimir Lashin & Elena Davydova received Petro-Canada Coaching Excellence Awards;
 - Departure of National Team Coach Alex Bard in June 2019.



2019 CANADIAN CHAMPIONSHIPS HP ALL-AROUND WINNERS

HP Senior	HP Junior	HP Novice
Ellie Black (NS)	R������ Groulx (QC)	Alicia Wendland (ON)

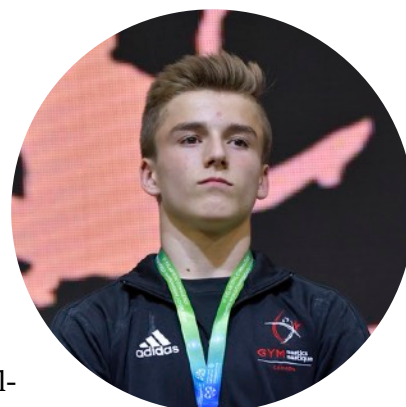
2019-2020 AWARD WINNERS

	Senior	Junior
Athlete of the Year	Ellie Black (NS)	Zo�� Allaire-Bourgie (QC)
Coach of the Year	David Kikuchi, Keiji Yamanaka, Jared Goad (NS)	Katerine Dussault, Pierre Priv��, Francine Bouffard (QC)



MEN'S ARTISTIC GYMNASTICS

- **Tokyo 2020 Olympics Games:**
 - René Cournoyer secured an individual quota spot at the 2019 World Championships;
 - Bruno Martin named as judge.
- **Pan American Games:**
 - Team Bronze medal;
 - All-Around Bronze for Cory Paterson.
- **International Competitions:**
 - Félix Dolci named Junior World Champion on rings at Junior World Championships; also captured Silver on floor, and finished fourth in the all-around;
 - 1 World Challenge Cup medal;
 - 3 World Apparatus Cup finals.
- **Other:**
 - Departure of Jason Woodnick as MAG Program Manager in December 2019.



2019 CANADIAN CHAMPIONSHIPS ALL-AROUND WINNERS

Senior	Junior 16-17	Junior 14-15	Open
Sam Zakutney (ON)	Félix Dolci (QC)	Trentin Milligan (ON)	Treyson Carrato (BC)

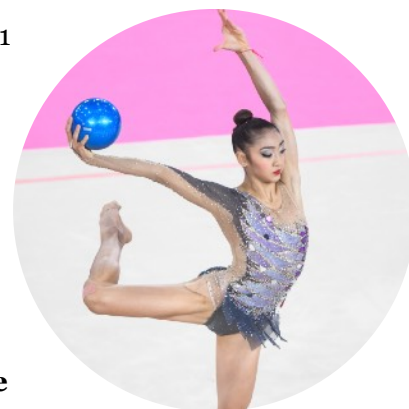
2019-2020 AWARD WINNERS

	Senior	Junior
Athlete of the Year	René Cournoyer (QC)	Félix Dolci (QC)
Coach of the Year	Jean-Sébastien Tougas (QC)	Adrian Balan (QC)



RHYTHMIC GYMNASTICS

- **Pan American Games:**
 - 3 Silver medals: Katherine Uchida - 2 Silver (Ball, Hoop); Natalie Garcia - 1 Silver (Clubs);
- **International Competitions:**
 - 7 Junior Pan American Championship medals;
 - 1 Group medal at a FIG Invitational Event.
- **Judges:**
 - Victoria Ataol named as Reference judge for the 2020 Olympic Games;
 - Daniela Arendasova named as a Reference judge to a World Cup Olympic qualifier.
- **Markham Pan Am Centre named as High Performance Training Centre for RG:**
 - 5 year contract (2019-2024);
 - Facility has been outfitted with a sub-floor, Gymnova carpet, ballet bars, dividers, physio equipment and visual training aids;
 - Facility is home to the centralized group program as well as High Performance athletes on an as needed basis.
- **Other:**
 - Aspire Camp hosted in January 2020 with sessions led by domestic and international experts, a participation record;
 - Continued development of the IST strategy - extended CSIO contract for mental performance and nutrition support, daily training environment physio visitations, NT team doctor support;
 - Katherine Uchida and Stefka Moutafchieva one of eight Next Gen athlete and coach pairing recipients of the 2020-2021 Future Olympians Fund awarded through the COC.



2019 CANADIAN CHAMPIONSHIPS ALL-AROUND WINNERS

Senior FIG	Junior FIG	Novice	Open
Katherine Uchida (ON)	Michel Vivier (ON - Individual) Glimmer Athletic Club (ON - Group)	Adel Karasik (ON - Individual) WRGC Novice Group (SK - Group)	Margaret Kuts (ON - Junior) Julia Ivensky (QC - Senior)

2019-2020 AWARD WINNERS

Senior Athlete of the Year	Junior Athlete of the Year	Coach of the Year
Katherine Uchida (ON)	Christina Savchenko (ON)	Stefka Moutafchieva (ON)



TRAMPOLINE GYMNASTICS

- **Tokyo 2020 Olympics Games:**
 - Qualification of one quota spot for Women at the 2019 World Championships;
- **Pan American Games:**
 - Jérémy Chartier and Sam Smith win Gold medal in Men's and Women's Individual Trampoline respectively.
- **International Competitions:**
 - 3 World Championships medals;
 - 4 World Cup medals, 7 finalists across 3 disciplines;
 - 3 World Age Group Competition medals;
 - 3 Junior International Event medals;
 - 4 quotas (the maximum possible) earned for TUM and DMT for the 2022 World Games.
- **Awards:**
 - Athlete Excellence Fund recipients: Sam Smith and Rosie MacLennan;
 - Petro-Canada Coaching Excellence Awards: Dave Ross, Karina Kosko, Denis Vachon;
 - FIG Judge Award of distinction: Stephan Duchesne, Gabrielle Gingras, Karen Capel.
- **Other:**
 - Coach Education Day held at the conclusion of the 2019 Canadian Championships;
 - Added a Development coach to staff. Coaching Team: Dave Ross, Karina Kosko, Martin Myers;
 - Named the 2020-2022 National Team Advisors: Dave Ross (TRA), Denis Vachon (TUM & DMT).



2019 CANADIAN CHAMPIONSHIPS WINNERS (FIG CATEGORIES)

	Individual TRA	DMT	Tumbling	Synchro TRA
Senior	Sam Smith (BC) Keegan Soehn (AB)	Jordyn Miller Burko (ON) Jon Schwaiger (ON)	Jordan Sugrim (ON) Jon Schwaiger (ON)	Gabrielle Briand-Brière, Laurence Roux (QC) Jérémy Chartier, Keegan Soehn (QC/AB)
Junior	Mariko Nagano (ON) Kai Dwyer (NS)	Gabby Flynn (BC) Antonio Fernandes (AB)	Taylor Pillinger (ON) Mitchel Pedersen (AB)	

2019-2020 AWARD WINNERS

	Senior	Junior
Athlete of the Year	Sam Smith (BC)	Kieran Lupish (ON)
Coach of the Year	Curt DeWolff (BC)	Teresa Mikola (ON)



GymCan and its member associations have made significant strides to advance Safe Sport for participants across Canada, including the development of an aligned Safe Sport strategy aimed at the prevention of maltreatment through policy development, enhanced education and advocacy measures, and neutral, fair, and expert-led policy compliance. An aligned Safe Sport strategy ensures that all participants across Canada can expect the same standards for a positive, safe, and healthy environment.

GymCan continues to be one of the few national sport organizations in Canada to have a dedicated full-time Director, Safe Sport on staff.

POLICY INITIATIVES

- Initiated the second phase of Safe Sport policy development;
- Ongoing administration of safe sport concerns.



EDUCATION INITIATIVES

- Development of GymCan's own practical safe sport resources;
- Regular engagement with participants at events, training camps, activities, and in meetings to strengthen awareness of the Safe Sport program and initiatives;
- Ongoing updates to the GymCan website with links to policies, helpful resources, and information for reporting misconduct to GymCan or external entities.

ADVOCACY INITIATIVES

- Annual participation in Ottawa's Capital Pride Parade with our largest contingent to date;
- Ellen MacPherson is selected to present at the Safe Sport International Conference in Quebec City;
- Consistent public advocacy with NSO, MSO, government, and international partners to advance the Safe Sport agenda, including: development and international release of GymCan position statement, public advocacy for establishment of an external, independent Canadian professional safe sport body, and representation on the UCCMS (Universal Code of Conduct to Prevent and Address Maltreatment in Sport) Leadership Working Group.





16th FIG WORLD GYMNAESTRADA - DORNBIRN, AUSTRIA (JULY 7-13, 2019)

786 registered participants - largest ever Canadian delegation.

Provincial Organization's Represented:

- BC - 11 Groups (+1 NU Group), 343 registered participants
- AB - 8 Groups, 213 registered participants
- SK - 1 Group, 36 registered participants
- MB - 2 Groups, 82 registered participants
- ON - 3 Groups, 101 registered participants
- GymCan - 11 Management Team Members

Canadian Performance Summary:

- Indoor Performance Halls - 42 Canadian Group Performances
- Outdoor City Stages - 19 Canadian Group Performances
- FIG Gala - 1 Canadian Group x 3 shows (Team Saskatchewan Gymnaestrada)
- PAGU Continental Evening Show - 4 Canadian Group Performances (Alberta Mosaic, Calgary Gymnaestrada Team, Calgary Acro and Toronto Gymnastics International)
- World Team Large Group - 112 Canadian Performers x 2 shows
- Rankweil Canadian Evening (City Stage) - 14 Canadian Group Performances

CANGYM DEVELOPMENT

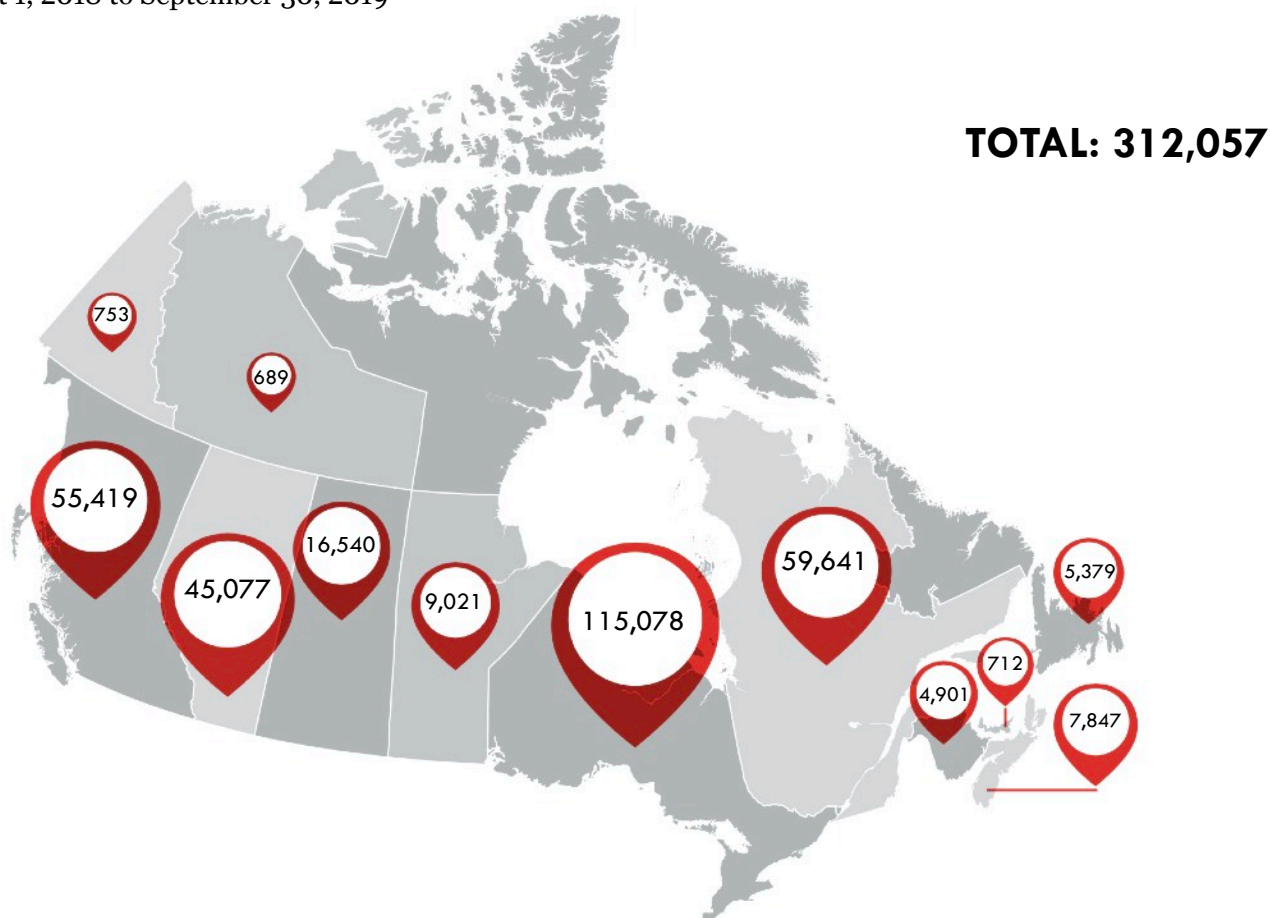
- Multiple pilot phases have been initiated with clubs and coaches across the country focusing on the Active Start, Fundamentals, and Learn to Train stages of development.
- 12 clubs from across Canada have taken part in the CanGym AG Fundamentals and WAG Learn to Train pilot program.
- Development continues on the CanGym video database which includes sample clips of skills, progressions, and other supporting materials.





PARTICIPATION NUMBERS BY PROVINCE

From August 1, 2018 to September 30, 2019



COACH EDUCATION

Rhythmic:

- Development and Final Approval of Competition 1;
- Development of Competition 2;
- 11 Competition 1 RG Coach Evaluators Trained.

Trampoline:

Transfer of Qualifications:

- Finalized Transfer Plan for Artistic Gymnastics;
- Competition 3 Artistic Transfer Course in Development.

- Development and Conditional Approval of Competition 1;
- Development of Competition 2.

Acro:

- Development of Competition 1.

Online Delivery:

- Gymnastics Foundations & Competition 1 Theory converted to online delivery.

Evaluation Challenges:

- 11 Completed evaluation challenges.



BUSINESS DEVELOPMENT

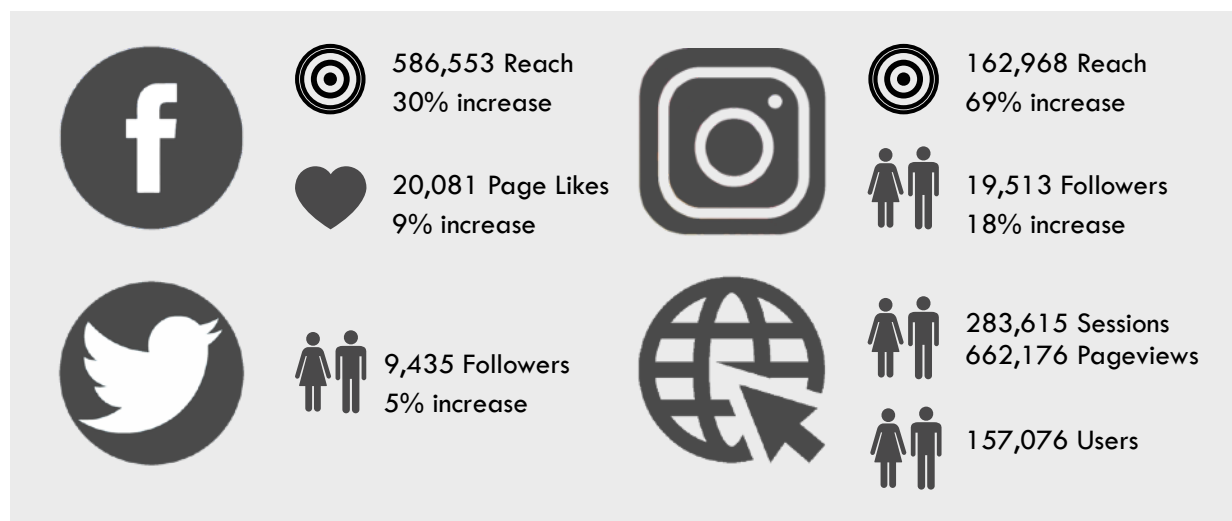
- New sponsorship deal signed with Limelight Teamwear in September 2019 as Official Supplier of non-technical national team uniforms for all disciplines through the 2024 Olympic Games. The new gear was unveiled at the 2019 Rhythmic Gymnastics World Championships;
- The 2020 Canadian Gymnastics Championships in Gatineau, QC were to be part of the 2020 Olympic Trials Series presented by Bell in partnership with the Canadian Olympic Committee along with Athletics Canada and Swimming Canada. This event was later cancelled due to Covid-19;
- RFP process commenced in February 2020 for new supplier of technical apparel for our women's artistic and trampoline teams through the 2024 Olympic Games;
- Renewal of agreement with TURN Gymnastics Apparel in progress as supplier of technical apparel for our men's artistic and trampoline teams through the 2024 Olympic Games.

COMMUNICATIONS

- On-site event coverage of 3 international competitions in 2019: Pan American Games (Lima, PER), Artistic World Championships (Stuttgart, GER), and Trampoline World Championships (Tokyo, JPN) with daily press releases, social media posts, mixed zone interviews with athletes, management of event photographers, and media management;
- On-site event coverage of 6 domestic competitions in 2019-2020 with production of daily press releases, social media posts, athlete interviews, photo coverage and sales, and media management;
- Over 170 press releases composed, posted to the website and social media channels, and distributed to the media and gymnastics community in both English and French covering domestic and international events, as well as corporate communications.

SOCIAL MEDIA / WEBSITE REACH

From April 1, 2019 to March 31, 2020





STATEMENT OF OPERATIONS

Year ended March 31, 2020, with comparative information for 2019

	2020	2019
Revenue:		
Membership fees	\$ 2,508,597	\$ 2,507,174
Government contributions	2,068,826	1,697,000
Events	1,905,198	770,128
Program initiatives	647,734	824,096
Marketing, fundraising and merchandising	401,855	466,024
Coaching and sport development	163,138	230,497
	7,695,348	6,494,919
Expenses:		
National teams (schedule)	3,511,360	3,564,999
Events	1,895,179	728,767
Administration (schedule)	1,234,485	980,687
Education and sport development	413,954	575,385
Marketing, fundraising and merchandising	320,609	490,239
Safe sport	106,818	159,940
	7,482,405	6,500,017
Excess (deficiency) of revenues over expenses on general operations for the year	212,943	(5,098)
Other expenses:		
Unrealized loss on investments (note 2)	(4,701)	(5,600)
Inventory write-down	(80,544)	(17,426)
	(85,245)	(23,026)
Excess (deficiency) of revenue over expenses	\$ 127,698	\$ (28,124)

DISCIPLINE PROGRAM BREAKDOWN

	2020	2019
Women's Artistic Program	\$ 1,095,268	\$ 957,848
Trampoline Program	1,033,830	1,089,810
Rhythmic Program	784,202	632,584
Men's Artistic Programs	598,060	884,757
	\$ 3,511,360	\$ 3,564,999



GYMCAN BOARD OF DIRECTORS

William Thompson, Chair
Jack Payne, Vice-Chair
Barbara Bergeron, Secretary
Nick Lenehan, Director
Twyla Ryan, Director
Kim Shore, Director
Nathalie Bastien, Director
Rosie MacLennan, Athlete Representative

GYMCAN ATHLETE'S COMMISSION

Rosie MacLennan, Chair
Brittany Rogers, WAG Representative
Scott Morgan, MAG Representative
Athena Tsaltas, RG Representative
Trevor Stirling, TG Representative

GYMCAN STAFF

As of March 31, 2020

Ian Moss, CEO
Mary DeGrasse, Executive Assistant

High Performance

Adam Janssen, Program Manager, MAG
Ed Van Hoof, National Team Head Coach, MAG
Teresa Orr, National Team Director, RG
Brihana Mosienko, Sr. Program Coordinator, RG
Niki Lavoie, Program Manager, TG
Karen Cockburn, National Team Director, TG
Amanda Tambakopoulos, Program Manager, WAG
Véronique Desjardins, Coordinator, HP
Kristen Leblanc, Coordinator, HP

Sport Development / Education

Suzanne Fisher, Program Manager, Education
Meredith Warner, Program Manager, Sport Development
Denise Alivantov, Program Coordinator, Education
Denise Gauthier, Program Assistant, Education

Communications & Marketing

Julie Forget, Director, Communications & Marketing

Events

Amanda Zevnik, Director, National Events

Finance

Chantal Clermont, Director, Finance
Annie Chen, Assistant, Accounting

SPECIAL THANKS

Thank you to the provincial/territorial gymnastics federations/associations, our committee members, and all of our dedicated volunteers for their ongoing trust, support, and collaboration.



PROGRAMMING PARTNERS



CORPORATE PARTNERS



SUPPLIERS

