

2018 Canadian Gymnaestrada
Start Orders and Detailed Schedule (as of June 19, 2018 - subject to change)



June 28, 2018 (Richmond Oval)

Rehearsals - Morning Group Block A

*Times and Start Orders Subject to Change

08:00-12:00

APPENDIX A

Start #	Group Name	Club	P/T	Warm-Up Area			Performance Area		Performance Details			
				Enter	Exit	Line-up	Enter	Exit	Time	Type	Floor AG	Floor RG
1	Calgary Gymnaestrada Team	Calgary Gymnaestrada Team	AB	7:44	7:54	7:57	8:00	8:15	15	Indoor	X	
2	Aerials Gymnastics Junior	Aerials Gymnastics	AB	8:05	8:10	8:13	8:16	8:19	3	City	X	
3	Alberta Mosaic	Rhythmic Gymnastics Alberta	AB	8:04	8:14	8:17	8:20	8:35	15	Indoor		X
4	Oh Canada	Calgary Acro	AB	8:20	8:30	8:33	8:36	8:48	12	Indoor	X	
5	NEGC Northern Lights	North Edmonton Gymnastics Club	AB	8:38	8:43	8:46	8:49	8:52	3	City	X	
6	Rhythmicana	Rhythmicana	AB	8:37	8:47	8:50	8:53	9:00	7	Indoor		X
7	Kamloops Gymnastics	Kamloops Gymnastics Trampoline Centre	BC	8:45	8:55	8:58	9:01	9:08	7	Indoor	X	
8	Okanagan Gymnastics Centre	Okanagan Gymnastics Centre	BC	8:58	9:03	9:06	9:09	9:14	5	City	X	
9	CARGO RED DEER	Central Alberta Rhythmic Gymnastics	AB	8:59	9:09	9:12	9:15	9:25	10	Indoor		X
10	SAS	Salta Gymnastics Club Medecine Hat	AB	9:15	9:20	9:23	9:26	9:31	5	Indoor	X	
11	Gymtastics South	Gymtastics Gym Club	AB	9:21	9:26	9:29	9:32	9:37	5	Indoor	X	
12	Lion's Pride Roar!	Lion's Pride Gymnastics Academy	BC	9:27	9:32	9:35	9:38	9:43	5	Indoor	X	
13	Dynamos Senior Gymnastics Team	Capital City Gym Club	AB	9:33	9:38	9:41	9:44	9:50	6	Indoor	X	
14	Alberta North	Phoenix/Aerials/Salto Gymnastics	AB	9:40	9:45	9:48	9:51	9:55	4	Indoor	X	
15	Illusions	Illusions Rhythmic Gymnastics	BC	9:40	9:50	9:53	9:56	10:05	9	Indoor		X
16	Flip City Flyers	Flip City Gymnastics	BC	9:50	10:00	10:03	10:06	10:17	11	Indoor	X	
17	Gymtastics North	Gymtastics Gym Club	AB	10:07	10:12	10:15	10:18	10:21	3	City	X	
18	NorGlen Rhythmics Gymnastics Club	NorGlen Rhythmics Gymnastics Club	AB	10:11	10:16	10:19	10:22	10:27	5	City		X
19	Alpha Rhythmic Gymnastics Performing Team	Alpha Rhythmic Gymnastics Club	AB	10:17	10:22	10:25	10:28	10:32	4	City		X
20	Splitz Gymnastics Performance Team	Splitz Gymnastics	BC	10:17	10:27	10:30	10:33	10:41	8	Indoor	X	
21	Okanagan Gymnastics Centre	Okanagan Gymnastics Centre	BC	10:31	10:36	10:39	10:42	10:49	7	Indoor	X	
22	Airdrie Edge Demo Troupe	Airdrie Edge Gymnastics Club	AB	10:39	10:44	10:47	10:50	10:55	5	Indoor	X	
23	Calgary Gymnastics Centre	Calgary Gymnastics Centre	AB	10:45	10:50	10:53	10:56	11:01	5	City	X	
24	CARGO RED DEER	Central Alberta Rhythmic Gymnastics	AB	10:51	10:56	10:59	11:02	11:05	3	City		X
25	Fire & Ice	Twisters Gymnastics Club	BC	10:55	11:00	11:03	11:06	11:11	5	Indoor	X	
26	Lion's Pride Roar!	Lion's Pride Gymnastics Academy	BC	11:01	11:06	11:09	11:12	11:16	4	City	X	
27	RG Comp Gymnaestrada Team	Capital City Gymnastics Centre	AB	11:06	11:11	11:14	11:17	11:20	3	City		X
28	Kamloops Gymnastics	Kamloops Gymnastics Trampoline Centre	BC	11:10	11:15	11:18	11:21	11:25	4	City	X	

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29	Aerials Gymnastics Senior	Spruce Grove Aerials Gymnastics	AB	11:15	11:20	11:23	11:26	11:31	5	City	x	
30	Elena's RGC Performing Team	Elena's Rhythmic Gymnastics Club	AB	11:21	11:26	11:29	11:32	11:35	3	City		X
31	Phoenix Gymnaestrada Team	Phoenix Gymnastics Centre	AB	11:25	11:30	11:33	11:36	11:40	4	City	x	
32	Gymtastics South	Gymtastics Gym Club	AB	11:30	11:35	11:38	11:41	11:44	3	City	x	
33	Illusions	Illusions Rhythmic Gymnastics	BC	11:34	11:39	11:42	11:45	11:49	4	City		X
34	Whistler Entourage	Whistler Gymnastics	BC	11:39	11:44	11:47	11:50	11:53	3	City	X	
35	Gymnaestrada Stars	Salto Gymnastics	AB	11:43	11:48	11:51	11:54	11:57	3	City	X	

2018 Canadian Gymnaestrada
Start Orders and Detailed Schedule (as of June 19, 2018 - subject to change)



June 28, 2018 (Richmond Oval)

Rehearsals - Afternoon Group Block B

***Times and Start Orders Subject to Change**

13:15-16:35

Start #	Group Name	Club	P/T	Warm-Up Area			Performance Area		Performance Details			
				Enter	Exit	Line-up	Enter	Exit	Time	Type	Floor AG	Floor RG
1	Dancing Jewels	South Cariboo Rhythmic Gymnastics	BC	12:59	13:09	13:12	13:15	13:29	14	Indoor		X
2	Sweet Dreams & Beautiful Nightmare	Delta Gymnastics Society	BC	13:14	13:24	13:27	13:30	13:39	9	Indoor	X	
3	TAG Gymnaestrada	TAG Sports Centre	BC	13:24	13:34	13:37	13:40	13:54	14	Indoor	X	
4	Victoria Rhythmic Gymnastics	Victoria Rhythmic Gymnastics Club	BC	13:39	13:49	13:52	13:55	14:04	9	Indoor		X
5	Bowen Island Gymnaestrada Team	Bowen Island Gymnastics	BC	13:54	13:59	14:02	14:05	14:12	7	Indoor	X	
6	Momentum Aerial and Acrobatic Troupe	Momentum Aerial and Acrobatic Troupe	MB	13:57	14:07	14:10	14:13	14:23	10	Indoor		X
7	Ultra Rhythmics Club Provincial Team	Ultra Rhythmics Club	BC	14:13	14:18	14:21	14:24	14:28	4	Indoor		X
8	Nanaimo Gymnastics School	Nanaimo Gymnastics School	BC	14:13	14:23	14:26	14:29	14:37	8	Indoor	X	
9	Island Rhythmic Gymnastics Club	Island Rhythmic Gymnastics Club	BC	14:27	14:32	14:35	14:38	14:43	5	Indoor		X
10	Britannia Gymnastics Club	Britannia Gymnastics Club	BC	14:33	14:38	14:41	14:44	14:49	5	Indoor	X	
11	Team Saskatchewan Gymnaestrada	Gymnastics Saskatchewan	SK	14:39	14:44	14:47	14:50	14:55	5	Indoor		X
12	Lux	Adamo Rhythmic Gymnastics	SK	14:45	14:50	14:53	14:56	15:01	5	Indoor		X
13	Manitoba Fusion	Manitoba Fusion	MB	14:46	14:56	14:59	15:02	15:17	15	Indoor	X	
14	TGI High Performance Gymnaestrada	Toronto Gymnastics International	ON	15:02	15:12	15:15	15:18	15:28	10	Indoor	X	
15	Aqsarniit Ujauttaq	Aqsarniit Ujauttaq	NU	15:18	15:23	15:26	15:29	15:34	5	Indoor	X	
16	Rhythmic Waves	Rhythmic Waves Gymnastics Club	ON	15:24	15:29	15:32	15:35	15:41	6	Indoor	X	
17	KRSG Gymnaestrada Team	Kanata Rhythmic Gymnastics Club	ON	15:26	15:36	15:39	15:42	15:50	8	Indoor		X
18	Pirouette RG	Pirouette Rhythmic Gymnastics Club	ON	15:40	15:45	15:48	15:51	15:56	5	Indoor		X
19	MRG Grace	Milton Rhythmic Gymnastics	ON	15:46	15:51	15:54	15:57	16:02	5	Indoor		X
20	Nanaimo Gymnastics School	Nanaimo Gymnastics School	BC	15:52	15:57	16:00	16:03	16:07	4	City	X	
21	Ultra Rhythmics Club Provincial Team	Ultra Rhythmics Club	BC	15:57	16:02	16:05	16:08	16:13	5	City		X
22	Victoria Rhythmic Gymnastics	Victoria Rhythmic Gymnastics Club	BC	16:03	16:08	16:11	16:14	16:19	5	City		X
23	Lux	Adamo Rhythmic Gymnastics	SK	16:09	16:14	16:17	16:20	16:23	3	City		X
24	Team RRG	Regina Rhythmic Gymnastics Club	SK	16:13	16:18	16:21	16:24	16:26	2	City		X
25	TGI Adult Gymnaestrada	Toronto Gymnastics International	ON	16:16	16:21	16:24	16:27	16:32	5	Indoor	X	
26	MRG Grace	Milton Rhythmic Gymnastics	ON	16:22	16:27	16:30	16:33	16:36	3	City		x

2018 Canadian Gymnaestrada
Start Orders and Detailed Schedule (as of June 19, 2018 - subject to change)



June 29, 2018 (Richmond Oval)

Performance Day 1 *Times and Start Orders Subject to Change

Segment 1 - 08:30-10:15

Start #	Group Name	Club	P/T	Warm-Up Area			Performance Area		Performance Details			
				Enter	Exit	Line-up	Enter	Exit	Time	Type	Floor AG	Floor RG
1	Britannia Gymnastics Club	Britannia Gymnastics Club	BC	8:19	8:24	8:27	8:30	8:35	5	Indoor	X	
2	Alberta Mosaic	Rhythmic Gymnastics Alberta	AB	8:20	8:30	8:33	8:36	8:51	15	Indoor		X
3	Gymtastics South	Gymtastics Gym Club	AB	8:41	8:46	8:49	8:52	8:57	5	Indoor	x	
4	Island Rhythmic Gymnastics Club	Island Rhythmic Gymnastics Club	BC	8:47	8:52	8:55	8:58	9:03	5	Indoor		X
5	Oh Canada	Calgary Acro	AB	8:48	8:58	9:01	9:04	9:16	12	Indoor	X	
6	Airdrie Edge Demo Troupe	Airdrie Edge Gymnastics Club	AB	9:06	9:11	9:14	9:17	9:22	5	Indoor	X	
7	Okanagan Gymnastics Centre	Okanagan Gymnastics Centre	BC	9:12	9:17	9:20	9:23	9:30	7	Indoor	X	
8	CARGO RED DEER	Central Alberta Rhythmic Gymnastics	AB	9:15	9:25	9:28	9:31	9:41	10	Indoor		X
9	Rhythmic Waves	Rhythmic Waves Gymnastics Club	ON	9:31	9:36	9:39	9:42	9:48	6	Indoor	X	
10	Ultra Rhythmics Club Provincial Team	Ultra Rhythmics Club	BC	9:38	9:43	9:46	9:49	9:53	4	Indoor		X
11	Dynamos Senior Gymnastics Team	Capital City Gym Club	AB	9:43	9:48	9:51	9:54	10:00	6	Indoor	X	
12	Victoria Rhythmic Gymnastics	Victoria Rhythmic Gymnastics Club	BC	9:45	9:55	9:58	10:01	10:10	9	Indoor		X

Break (10:15-10:30)

Segment 2 - 10:30-12:00

Start #	Group Name	Club	P/T	Warm-Up Area			Performance Area		Performance Details			
				Enter	Exit	Line-up	Enter	Exit	Time	Type	Floor AG	Floor RG
13	TAG Gymnaestrada	TAG Sports Centre	BC	10:14	10:24	10:27	10:30	10:44	14	Indoor	X	
14	Nanaimo Gymnastics School	Nanaimo Gymnastics School	BC	10:34	10:39	10:42	10:45	10:49	4	City	x	
15	MRG Grace	Milton Rhythmic Gymnastics	ON	10:39	10:44	10:47	10:50	10:55	5	Indoor		X
16	Flip City Flyers	Flip City Gymnastics	BC	10:40	10:50	10:53	10:56	11:07	11	Indoor	X	
17	Lux	Adamo Rhythmic Gymnastics	SK	10:57	11:02	11:05	11:08	11:13	5	Indoor		X
18	Calgary Gymnaestrada Team	Calgary Gymnaestrada Team	AB	10:58	11:08	11:11	11:14	11:29	15	Indoor	X	
19	Team Saskatchewan Gymnaestrada	Gymnastics Saskatchewan	SK	11:19	11:24	11:27	11:30	11:35	5	Indoor		X
20	Fire & Ice	Twisters Gymnastics Club	BC	11:25	11:30	11:33	11:36	11:41	5	Indoor	X	
21	Pirouette RG	Pirouette Rhythmic Gymnastics Club	ON	11:31	11:36	11:39	11:42	11:47	5	Indoor		X
22	Lion's Pride Roar!	Lion's Pride Gymnastics Academy	BC	11:37	11:42	11:45	11:48	11:53	5	Indoor	X	
23	Rhythmicana	Rhythmicana	AB	11:38	11:48	11:51	11:54	12:01	7	Indoor		X

Lunch (12:00-13:00)

2018 Canadian Gymnaestrada
Start Orders and Detailed Schedule (as of June 19, 2018 - subject to change)

Segment 3 - 13:00-14:35				Warm-Up Area			Performance Area		Performance Details			
Start #	Group Name	Club	P/T	Enter	Exit	Line-up	Enter	Exit	Time	Type	Floor AG	Floor RG
24	Momentum Aerial and Acrobatic Troupe	Momentum Aerial and Acrobatic Troupe	MB	12:44	12:54	12:57	13:00	13:10	10	Indoor		X
25	Bowen Island Gymnaestrada Team	Bowen Island Gymnastics	BC	13:00	13:05	13:08	13:11	13:18	7	Indoor	X	
26	Phoenix Gymnaestrada Team	Phoenix Gymnastics Centre	AB	13:08	13:13	13:16	13:19	13:23	4	City	x	
27	Illusions	Illusions Rhythmic Gymnastics	BC	13:08	13:18	13:21	13:24	13:33	9	Indoor		X
28	TGI High Performance Gymnaestrada	Toronto Gymnastics International	ON	13:18	13:28	13:31	13:34	13:44	10	Indoor	X	
29	Kamloops Gymnastics	Kamloops Gymnastics Trampoline Centre	BC	13:29	13:39	13:42	13:45	13:52	7	Indoor	X	
30	SAS	Salta Gymnastics Club Medecine Hat	AB	13:42	13:47	13:50	13:53	13:58	5	Indoor	X	
31	Gymtastics South	Gymtastics Gym Club	AB	13:48	13:53	13:56	13:59	14:02	3	City	x	
32	Dancing Jewels	South Cariboo Rhythmic Gymnastics	BC	13:47	13:57	14:00	14:03	14:17	14	Indoor		X
33	Nanaimo Gymnastics School	Nanaimo Gymnastics School	BC	14:02	14:12	14:15	14:18	14:26	8	Indoor	x	
34	Aqsarniit Ujauttaq	Aqsarniit Ujauttaq	NU	14:16	14:21	14:24	14:27	14:32	5	Indoor	X	
35	NEGC Northern Lights	North Edmonton Gymnastics Club	AB	14:22	14:27	14:30	14:33	14:36	3	City	X	
Break (14:35-14:50)												
Segment 4 - 14:50-16:20				Warm-Up Area			Performance Area		Performance Details			
Start #	Group Name	Club	P/T	Enter	Exit	Line-up	Enter	Exit	Time	Type	Floor AG	Floor RG
36	TGI Adult Gymnaestrada	Toronto Gymnastics International	ON	14:39	14:44	14:47	14:50	14:55	5	Indoor	X	
37	Alberta North	Phoenix/Aerials/Salto Gymnastics	AB	14:45	14:50	14:53	14:56	15:00	4	Indoor	X	
38	KRSG Gymnaestrada Team	Kanata Rhythmic Gymnastics Club	ON	14:45	14:55	14:58	15:01	15:09	8	Indoor		X
39	Ultra Rhythmics Club Provincial Team	Ultra Rhythmics Club	BC	14:59	15:04	15:07	15:10	15:15	5	City		X
40	Manitoba Fusion	Manitoba Fusion	MB	15:00	15:10	15:13	15:16	15:31	15	Indoor	X	
41	RG Comp Gymnaestrada Team	Capital City Gymnastics Centre	AB	15:21	15:26	15:29	15:32	15:35	3	City		X
42	Sweet Dreams & Beautiful Nightmare	Delta Gymnastics Society	BC	15:20	15:30	15:33	15:36	15:45	9	Indoor	X	
43	Lux	Adamo Rhythmic Gymnastics	SK	15:35	15:40	15:43	15:46	15:49	3	City		X
44	Splitz Gymnastics Performance Team	Splitz Gymnastics	BC	15:34	15:44	15:47	15:50	15:58	8	Indoor	X	
45	Okanagan Gymnastics Centre	Okanagan Gymnastics Centre	BC	15:48	15:53	15:56	15:59	16:04	5	City	X	
46	MRG Grace	Milton Rhythmic Gymnastics	ON	15:54	15:59	16:02	16:05	16:08	3	City		X
47	Lion's Pride Roar!	Lion's Pride Gymnastics Academy	BC	15:58	16:03	16:06	16:09	16:13	4	City	X	
48	Kamloops Gymnastics	Kamloops Gymnastics Trampoline Centre	BC	16:03	16:08	16:11	16:14	16:18	4	City	X	

2018 Canadian Gymnaestrada
Start Orders and Detailed Schedule (as of June 19, 2018 - subject to change)



June 30, 2018 (Richmond Oval)

Performance Day 2 *Times and Start Orders Subject to Change

Segment 5 - 08:30-10:00

Start #	Group Name	Club	P/T	Warm-Up Area			Performance Area		Performance Details			
				Enter	Exit	Line-up	Enter	Exit	Time	Type	Floor AG	Floor RG
1	Bowen Island Gymnaestrada Team	Bowen Island Gymnastics	BC	8:12	8:17	8:27	8:30	8:37	7	Indoor	X	
2	Lux	Adamo Rhythmic Gymnastics	SK	8:27	8:32	8:35	8:38	8:43	5	Indoor		X
3	Splitz Gymnastics Performance Team	Splitz Gymnastics	BC	8:28	8:38	8:41	8:44	8:52	8	Indoor	X	
4	Alberta North	Phoenix/Aerials/Salto Gymnastics	AB	8:42	8:47	8:50	8:53	8:57	4	Indoor	X	
5	Victoria Rhythmic Gymnastics	Victoria Rhythmic Gymnastics Club	BC	8:47	8:52	8:55	8:58	9:03	5	City		X
6	Sweet Dreams & Beautiful Nightmare	Delta Gymnastics Society	BC	8:48	8:58	9:01	9:04	9:13	9	Indoor	X	
7	Calgary Gymnastics Centre	Calgary Gymnastics Centre	AB	9:03	9:08	9:11	9:14	9:19	5	City	X	
8	NorGlen Rhythmics Gymnastics Club	NorGlen Rhythmics Gymnastics Club	AB	9:09	9:14	9:17	9:20	9:25	5	City		X
9	Lion's Pride Roar!	Lion's Pride Gymnastics Academy	BC	9:15	9:20	9:23	9:26	9:31	5	Indoor	X	
10	SAS	Salta Gymnastics Club Medecine Hat	AB	9:21	9:26	9:29	9:32	9:37	5	Indoor	X	
11	Island Rhythmic Gymnastics Club	Island Rhythmic Gymnastics Club	BC	9:27	9:32	9:35	9:38	9:43	5	Indoor		X
12	TGI High Performance Gymnaestrada	Toronto Gymnastics International	ON	9:28	9:38	9:41	9:44	9:54	10	Indoor	X	
13	Aqsarniit Ujauttaq	Aqsarniit Ujauttaq	NU	9:44	9:49	9:52	9:55	10:00	5	Indoor	X	

Break (10:00-10:15)

Segment 6 - 10:15-11:45

Start #	Group Name	Club	P/T	Warm-Up Area			Performance Area		Performance Details			
				Enter	Exit	Line-up	Enter	Exit	Time	Type	Floor AG	Floor RG
14	Momentum Aerial and Acrobatic Troupe	Momentum Aerial and Acrobatic Troupe	MB	9:59	10:09	10:12	10:15	10:25	10	Indoor		X
15	Nanaimo Gymnastics School	Nanaimo Gymnastics School	BC	10:10	10:20	10:23	10:26	10:34	8	Indoor	X	
16	Team RRG	Regina Rhythmic Gymnastics Club	SK	10:24	10:29	10:32	10:35	10:37	2	City		X
17	Oh Canada	Calgary Acro	AB	10:22	10:32	10:35	10:38	10:50	12	Indoor	X	
18	Aerials Gymnastics Junior	Aerials Gymnastics	AB	10:40	10:45	10:48	10:51	10:54	3	City	X	
19	CARGO RED DEER	Central Alberta Rhythmic Gymnastics	AB	10:44	10:49	10:52	10:55	10:58	3	City		X
20	TGI Adult Gymnaestrada	Toronto Gymnastics International	ON	10:48	10:53	10:56	10:59	11:05	6	Indoor	X	
21	Elena's RGC Performing Team	Elena's Rhythmic Gymnastics Club	AB	10:55	11:00	11:03	11:06	11:09	3	City		X
22	Manitoba Fusion	Manitoba Fusion	MB	10:54	11:04	11:07	11:10	11:25	15	Indoor	X	
23	Aerials Gymnastics Senior	Spruce Grove Aerials Gymnastics	AB	11:15	11:20	11:23	11:26	11:31	5	City	X	
24	Alpha Rhythmic Gymnastics Performing Team	Alpha Rhythmic Gymnastics Club	AB	11:21	11:26	11:29	11:32	11:36	4	City		X
25	Fire & Ice	Twisters Gymnastics Club	BC	11:26	11:31	11:34	11:37	11:42	5	Indoor	X	

Lunch (11:45-12:45)

2018 Canadian Gymnaestrada
Start Orders and Detailed Schedule (as of June 19, 2018 - subject to change)

Segment 7 - 12:45-14:35				Warm-Up Area		Performance Area			Performance Details			
Start #	Group Name	Club	P/T	Enter	Exit	Line-up	Enter	Exit	Time	Type	Floor AG	Floor RG
26	Rhythmic Waves	Rhythmic Waves Gymnastics Club	ON	12:34	12:39	12:42	12:45	12:51	6	Indoor	X	
27	Pirouette RG	Pirouette Rhythmic Gymnastics Club	ON	12:41	12:46	12:49	12:52	12:57	5	Indoor		X
28	Okanagan Gymnastics Centre	Okanagan Gymnastics Centre	BC	12:47	12:52	12:55	12:58	13:05	7	Indoor	X	
29	KRSG Gymnaestrada Team	Kanata Rhythmic Gymnastics Club	ON	12:50	13:00	13:03	13:06	13:14	8	Indoor		X
30	Calgary Gymnaestrada Team	Calgary Gymnaestrada Team	AB	12:59	13:09	13:12	13:15	13:30	15	Indoor	X	
31	MRG Grace	Milton Rhythmic Gymnastics	ON	13:20	13:25	13:28	13:31	13:36	5	Indoor		X
32	Kamloops Gymnastics	Kamloops Gymnastics Trampoline Centre	BC	13:21	13:31	13:34	13:37	13:44	7	Indoor	X	
33	Illusions	Illusions Rhythmic Gymnastics	BC	13:29	13:39	13:42	13:45	13:54	9	Indoor		X
34	Gymtastics South	Gymtastics Gym Club	AB	13:44	13:49	13:52	13:55	14:00	5	Indoor	X	
35	Alberta Mosaic	Rhythmic Gymnastics Alberta	AB	13:45	13:55	13:58	14:01	14:16	15	Indoor		X
36	Whistler Entourage	Whistler Gymnastics	BC	14:06	14:11	14:14	14:17	14:20	3	City	X	
37	Victoria Rhythmic Gymnastics	Victoria Rhythmic Gymnastics Club	BC	14:05	14:15	14:18	14:21	14:30	9	Indoor		X
38	Team Saskatchewan Gymnaestrada	Gymnastics Saskatchewan	SK	14:20	14:25	14:28	14:31	14:36	5	Indoor		X
Break (14:36-14:50)												
Segment 8 - 14:50-16:30				Warm-Up Area		Performance Area			Performance Details			
Start #	Group Name	Club	P/T	Enter	Exit	Line-up	Enter	Exit	Time	Type	Floor AG	Floor RG
39	Flip City Flyers	Flip City Gymnastics	BC	14:34	14:44	14:47	14:50	15:01	11	Indoor	X	
40	CARGO RED DEER	Central Alberta Rhythmic Gymnastics	AB	14:46	14:56	14:59	15:02	15:12	10	Indoor		X
41	Dynamos Senior Gymnastics Team	Capital City Gym Club	AB	15:02	15:07	15:10	15:13	15:19	6	Indoor	X	
42	Airdrie Edge Demo Troupe	Airdrie Edge Gymnastics Club	AB	15:09	15:14	15:17	15:20	15:25	5	Indoor	X	
43	Ultra Rhythmics Club Provincial Team	Ultra Rhythmics Club	BC	15:15	15:20	15:23	15:26	15:30	4	Indoor		X
44	TAG Gymnaestrada	TAG Sports Centre	BC	15:15	15:25	15:28	15:31	15:45	14	Indoor	X	
45	Britannia Gymnastics Club	Britannia Gymnastics Club	BC	15:35	15:40	15:43	15:46	15:51	5	Indoor	X	
46	Rhythmicana	Rhythmicana	AB	15:36	15:46	15:49	15:52	15:59	7	Indoor		X
47	Gymtastics North	Gymtastics Gym Club	AB	15:49	15:54	15:57	16:00	16:03	3	City	X	
48	Dancing Jewels	South Cariboo Rhythmic Gymnastics	BC	15:48	15:58	16:01	16:04	16:18	14	Indoor		X
49	Illusions	Illusions Rhythmic Gymnastics	BC	16:03	16:13	16:16	16:19	16:23	4	City		X
50	Gymnaestrada Stars	Salto Gymnastics	AB	16:08	16:18	16:21	16:24	16:27	3	City	X	

2018 Canadian Gymnaestrada
Start Orders and Detailed Schedule (as of June 19, 2018 - subject to change)



July 1, 2018 (Steveston Village)

City Performance Day *Times and start orders are subject to change

Segment 1 - 12:45-13:45 (Children Festival Stage)

Start #	Group Name	Club	P/T	Line-up	Performance Area		Time
					Enter	Exit	
1	Victoria Rhythmic Gymnastics	Victoria Rhythmic Gymnastics Club	BC	12:42	12:45	12:50	5
2	Lux	Adamo Rhythmic Gymnastics	SK	12:48	12:51	12:54	3
3	Aerials Gymnastics Senior	Spruce Grove Aerials Gymnastics	AB	12:52	12:55	13:00	5
4	Whistler Entourage	Whistler Gymnastics	BC	12:58	13:01	13:04	3
5	Aerials Gymnastics Junior	Aerials Gymnastics	AB	13:02	13:05	13:08	3
6	Gymtastics North	Gymtastics Gym Club	AB	13:06	13:09	13:12	3
7	Illusions	Illusions Rhythmic Gymnastics	BC	13:10	13:13	13:17	4
8	CARGO RED DEER	Central Alberta Rhythmic Gymnastics	AB	13:15	13:18	13:23	5
9	Calgary Gymnastics Centre	Calgary Gymnastics Centre	AB	13:21	13:24	13:29	5
10	Lion's Pride Roar!	Lion's Pride Gymnastics Academy	BC	13:27	13:30	13:34	4
11	Gymtastics South	Gymtastics Gym Club	AB	13:32	13:35	13:40	5

Break (14:00-15:00)

Segment 2 - 15:00-16:00 (Celebration Stage)

Start #	Group Name	Club	P/T	Line-up	Performance Area		Time
					Enter	Exit	
12	MRG Grace	Milton Rhythmic Gymnastics	ON	14:57	15:00	15:03	3
13	Nanaimo Gymnastics School	Nanaimo Gymnastics School	BC	15:01	15:04	15:08	4
14	Gymnaestrada Stars	Salto Gymnastics	AB	15:06	15:09	15:12	3
15	NEGC Northern Lights	North Edmonton Gymnastics Club	AB	15:10	15:13	15:16	3
16	NorGlen Rhythmics Gymnastics Club	NorGlen Rhythmics Gymnastics Club	AB	15:14	15:17	15:22	5
17	Team RRGC	Regina Rhythmic Gymnastics Club	SK	15:20	15:23	15:26	3
18	Phoenix Gymnaestrada Team	Phoenix Gymnastics Centre	AB	15:24	15:27	15:31	4
19	Alpha Rhythmic Gymnastics Performing Team	Alpha Rhythmic Gymnastics Club	AB	15:29	15:32	15:36	4
20	Okanagan Gymnastics Centre	Okanagan Gymnastics Centre	BC	15:34	15:37	15:42	5
21	Ultra Rhythmics Club Provincial Team	Ultra Rhythmics Club	BC	15:40	15:43	15:46	3
22	RG Comp Gymnaestrada Team	Capital City Gymnastics Centre	AB	15:44	15:47	15:50	3
23	Kamloops Gymnastics	Kamloops Gymnastics Trampoline Centre	BC	15:48	15:51	15:55	4