



## **INFORMATION BULLETIN #1**

**June 27<sup>th</sup> to July 1<sup>st</sup>, 2018**

**Richmond, BC**

**#CDNGymnaestrada**

**[www.gymcan.org](http://www.gymcan.org)**

The Canadian Gymnaestrada (CG) is a national celebration of gymnastics and movement where participants from across the country come together for four exciting days of performances, workshops, and festivities.

This year’s theme: *“Diversity through Movement”* captures the true nature of the event. Groups are invited to demonstrate their physical, technical, and creative abilities while showcasing traditional and non-traditional gymnastics disciplines and apparatus. Just like the Canadian landscape, each group contributes unique ideas, concepts, and movements and this diversity and creativity is what makes the Canadian Gymnaestrada a truly special and memorable event for all involved.

## 1 - ORGANIZING COMMITTEE

Gymnastics Canada is proud to be the organizing committee of the 2018 Canadian Gymnaestrada.

Name	Role	E-mail	Phone
<b>Mariève Reid</b>	Event Director	<a href="mailto:mreid@gymcan.org">mreid@gymcan.org</a>	613-748-5637 x 232
<b>Meredith Warner</b>	Technical Lead	<a href="mailto:mwarner@gymcan.org">mwarner@gymcan.org</a>	613-748-5637 x 228
<b>Julie Forget</b>	Communications Lead	<a href="mailto:jforget@gymcan.org">jforget@gymcan.org</a>	613-748-5637 x 233
<b>Karl Balisch</b>	Business Development Lead	<a href="mailto:kbalisch@gymcan.org">kbalisch@gymcan.org</a>	613-748-5637 x 229
<b>Mylaine Doré</b>	Operations Lead	<a href="mailto:mdore@gymcan.org">mdore@gymcan.org</a>	613-748-5637 x 239

## 2 - EVENT FORMAT

- 1 day of rehearsals and workshops;
- 2 days of performances in the Indoor Venue;
- 1 day of performances in the City Venue.

## 3 - ELIGIBILITY

The Canadian Gymnaestrada is a “Gymnastics for All” event and all GCG registered participants in good standing are eligible to attend.

Consistent with previous cycles, any group planning to attend the 2019 World Gymnaestrada (WG) in Dornbirn, Austria must attend the 2018 Canadian Gymnaestrada:

- To show part of their WG routine and to receive feedback to enhance their performance at WG. (Note: GCG uses the feedback collected to determine the allocation of the Canadian indoor, city, & national evening performances at the next WG).
- To attend the 1<sup>st</sup> information meeting for potential WG group managers.
- To try on the team uniforms.

Note: There are a limited number of performance spots available at the WG for each Federation. For more information on WG performance possibilities, please refer to the FIG *Gymnastics for All Manual* on [page 20](#).

## 3.1- Participant Definitions and Eligibility Specifications

### 3.1.1 - Gymnast

- By definition, a gymnast trains and partakes in a group performance.
- A gymnast can be registered in one INDOOR performance and one CITY performance.
- The minimum recommended age for gymnasts to participate in the CG is 9 years of age within the year of the event (example: a gymnast who turns 9 on December 29 is considered age 9 during the entire year, from January 1 until December 31). Gymnasts younger than 9 may be permitted to participate by GCG on a case-by-case basis. A written request must be addressed to [Meredith Warner](#) at GCG at the time of the Intent to Participate registration.
- A gymnast must be registered as a gymnast within a provincial/territorial organization (P/TO) when their name is submitted on the nominative registration form.
- A gymnast who is not a registered member in good standing of a P/TO may not participate in the CG.

### 3.1.2 - Coach

- By definition, a coach prepares the gymnasts and directs the group's performances.
- Each group must have at least one designated coach, which means that a club registering more than one group must designate a different coach for each group.
- A coach must be NCCP Competition 1 Certified (or equivalent) in at least one gymnastics discipline (men's artistic, rhythmic, trampoline, or women's artistic gymnastics) to have access to the training and performance gyms. An exemption to this requirement may be granted by GCG on a case-by-case basis. A written request must be addressed to [Suzanne Fisher](#) at GCG at the time of the Intent to Participate registration.
- A coach must be registered as a coach with a P/TO when their name is submitted on the nominative registration form.
- A coach who is not a registered member in good standing of a P/TO may not participate in the CG.

### 3.1.3 - Manager

- By definition, a manager coordinates and facilitates their group's participation in the CG and is responsible for all direct communication with the organizers before, during, and after the CG.
- Each group must have a designated manager. If a club registers more than one group, only one manager is required.
- A manager must be registered as a coach, administrator, volunteer, or supporter with a P/TO when their name is submitted on the nominative registration form.
- A manager who is not a registered member in good standing of a P/TO will not be allowed to participate in the CG.

### 3.1.4 - Chaperone

- By definition, a chaperone supervises underage gymnasts.
- A group must appoint one chaperone for every 10 gymnasts below the age of 16 participating. A group may appoint a maximum of two chaperones for every 10 gymnasts below the age of 16 participating in the CG.
- A chaperone must be registered as a coach, administrator, volunteer, or supporter with a P/TO when their name is submitted on the nominative registration form.

- A chaperone who is not a registered member in good standing of a P/TO cannot participate in the CG.

### 3.1.5 - Supporter

- By definition, a supporter is a person (generally a family member) with no other role apart from providing assistance as required by their manager (not a gymnast, coach, manager, or chaperone).
- A supporter must be registered as an administrator, volunteer, or supporter with the P/TO when their name is submitted on the nominative registration form.
- A supporter who is not a registered member in good standing of a P/TO cannot participate in the CG.

## 3.2 - Group Requirements and Performance Specifications

- A group may present one INDOOR performance, one CITY performance, or both.
- Group size is a minimum of 10 gymnasts performing AT ALL TIMES (there is no maximum number).
- A group may consist of:
  - Gymnasts from one club.
  - Gymnasts from two or more clubs.
- Indoor groups will have the opportunity to perform twice in the Indoor Performance Venue.
- City groups will have the opportunity to perform once in the Indoor Performance Venue and once in the City Performance Venue.
- Performance time allocation:
  - Varies depending on the type of performance (indoor vs. city);
  - Varies depending on the size of group (# of gymnasts);
  - Includes entrances/exits and the placement/removal of all equipment.
- Indoor group times:
  - Groups with 10 to 19 gymnasts: 5 min max;\*
  - Groups with 20 to 35 gymnasts: 10 min max;\*
  - Groups with 36 or more gymnasts: 15 min max.\*
- City group times:
  - Groups with 10 to 19 gymnasts: 3 min max;\*
  - Groups with 20 or more gymnasts: 5 min max.\*

\* Includes entrances/exits and the placement/removal of all equipment.

## 4 - SCHEDULE AND PROGRAMS

### 4.1 - Provisional Schedule

Wednesday, June 27 <sup>th</sup>	Group Arrivals and Registration
Thursday, June 28 <sup>th</sup>	Rehearsals, Workshops, and Opening Ceremonies
Friday, June 29 <sup>th</sup>	Performances in the Indoor Venue and Group Activity
Saturday, June 30 <sup>th</sup>	Performances in the Indoor Venue and Showcase
Sunday, July 1 <sup>st</sup>	Performances in the City Venue and Canada Day Festivities
Monday, July 2 <sup>nd</sup>	Sight-seeing and/or Departures

## 4.2 - Preliminary Program

Date	Activity/Venue
Thursday June 28 <sup>th</sup>	Rehearsals - Richmond Olympic Oval <ul style="list-style-type: none"> <li>Will be held under the same conditions as the actual indoor performances (warm-up area, starting order, apparatus, time allotment, etc.).</li> </ul> Workshops - Richmond Curling Club <ul style="list-style-type: none"> <li>Will be open to all accredited participants.</li> <li>Details regarding workshop topics and presenters will be included in the 2<sup>nd</sup> Information Bulletin.</li> </ul> Opening Ceremony - Richmond Olympic Oval <ul style="list-style-type: none"> <li>Will be approximately 75 minutes in duration.</li> <li>Will include a presentation of the participating groups, speeches, and special performances.</li> </ul>
Friday June 29 <sup>th</sup>	Indoor Performances - Richmond Olympic Oval <ul style="list-style-type: none"> <li>1<sup>st</sup> performance by all indoor groups.</li> <li>1<sup>st</sup> performance by first half of city groups.</li> </ul> Group Activity – Richmond Olympic Oval <ul style="list-style-type: none"> <li>Team building, social activity.</li> <li>Details will be included in the 2<sup>nd</sup> Information Bulletin.</li> </ul>
Saturday June 30 <sup>th</sup>	Indoor Performances - Richmond Olympic Oval <ul style="list-style-type: none"> <li>2<sup>nd</sup> performance by all indoor groups</li> <li>1<sup>st</sup> performance by second half of city groups</li> </ul> Showcase - Richmond Olympic Oval <ul style="list-style-type: none"> <li>Will be approximately 90 minutes in duration.</li> <li>Will include speeches, a performance by the Canadian group representing Canada in the upcoming WG FIG Gala, and several performances selected following the first day of indoor group performances.</li> <li>The groups selected for the Showcase will demonstrate the dynamic and varied landscape of performance gymnastics across the country. The content, format, and timing is determined by GCG. Groups are not required to perform in the Showcase and may declare on their nominative registration form if they do not wish to receive an invitation.</li> <li>Groups selected to be a part of the Showcase will be notified by GCG following the first day of performances in the Indoor Venue (communication will be sent to both the coach and team manager).</li> </ul>
Sunday July 1 <sup>st</sup>	City Performances - Steveston Village <ul style="list-style-type: none"> <li>2<sup>nd</sup> performance by all city groups.</li> </ul> Canada Day Festivities - Steveston Village <ul style="list-style-type: none"> <li>Inclusion of all Gymnaestrada participants in the Canada Day Parade – T.B.C.</li> </ul>

## 5 - VENUES

### Indoor Performance Venue

#### Richmond Olympic Oval

6111 River Rd., Richmond, BC V7C 0A2

### Workshop Venue

#### Richmond Curling Club

5540 Hollybridge Way, Richmond, BC V7C 4N3

### City Performance Venue

#### Salmon Festival and Richmond Canada Day Celebrations

Steveston Village, BC

[Map of the 2018 Canadian Gymnaestrada Venues and Host Hotels.](#)

## 5.1 – Indoor Venue Floor Plan

### 5.1.1 Indoor Performances

- Two (2) performance surfaces are provided in the indoor performance venue. Groups may choose to perform their routine on either the top of an artistic floor (non-sprung) or a rhythmic carpet.
- Performance areas = 12m x 12m each (with an additional 2-3m clearance, minimum, from the performance area border to the spectator seating and/or equipment storage).

### 5.1.2 - City Venue Floor Plan

City performances will take place as a part of the Steveston Village Salmon Festival and the city of Richmond's Canada Day Celebrations.

More information regarding the performance area(s) and surface(s), indoor and city, will be available in the 2<sup>nd</sup> Information Bulletin.

## 5.2 - Apparatus

GCG will provide some traditional gymnastics apparatus at the Indoor Performance venue but groups may also bring their own gymnastics apparatus/equipment (in which case, they are responsible for transportation and storage arrangements). The Apparatus Form will be available with the 2<sup>nd</sup> Information Bulletin and is due on January 15<sup>th</sup>, 2018.

## 6 - REGISTRATION

The registration for this event is a three-step process and may be completed by either the club/team manager or the P/TO.

### 6.1 - Intent to Participate – Due November 1<sup>st</sup>, 2017 – Step 1

- The *Intent to Participate* form (**Appendix A**) and fee (**\$150** per group, non-refundable) is due to GCG by **November 1, 2017**.
- After November 1, 2017, correspondence regarding the event will be sent only to the groups (team manager and coach) that have confirmed their intent to participate by submitting the necessary requirements.
- Due to the size and time limitations of the event, a limited number of participants may be accepted. Registration will be reserved on a first-come, first-serve basis.

### 6.2 - Nominative Registration, Equipment Form – Due January 15<sup>th</sup>, 2018 – Step 2

#### Nominative Registration

- The *Nominative Registration* form will accompany the 2<sup>nd</sup> Information Bulletin (distributed in December 2017).
- The *Nominative Registration* form and fee (**\$140** per participant) is due to GCG by **January 15<sup>th</sup>, 2018**.
  - As part of the Nominative Registration fee, each participant (gymnast, coach, team manager, chaperone, and supporter\*) will receive an event accreditation which grants access to all performances, ceremonies, and workshops, as well as local transportation (see transportation section for more details).  
\*\*"Supporter" accreditation will not grant access to any areas designated as "Field of Play".

#### Apparatus Form

- The *Apparatus Form*, which will accompany the 2<sup>nd</sup> Information Bulletin, must be submitted to GCG by **January 15<sup>th</sup>, 2018**.

### 6.3 – Music, Final Entries, Refunds, Waivers, Transportation - Due May 28<sup>th</sup>, 2018 - Step 3

#### Music Submission

- Performance music must be submitted, as per the instructions that will be distributed in the 2<sup>nd</sup> Information Bulletin, to GCG by **May 28<sup>th</sup>, 2018**.

#### Registration Changes and/or Additions

- The nominative registration fee is 100% transferable and replacement participants will be accepted until May 28<sup>th</sup>, 2018.
- Following the nominative deadline, additional participants will be accepted until May 28<sup>th</sup>, 2018 but will be subject to an additional **\$50 late registration fee**.
- No additional participants will be accepted after May 28<sup>th</sup>, 2018.

## Refund Policy

- The *Intent to Participate* fee (\$150) is non-refundable.
- The *Nominative Registration* fee (\$140) is 100% refundable up until **May 28<sup>th</sup>, 2018**.
- After May 28<sup>th</sup>, 2018, the *Nominative Registration* fee (\$140) is non-refundable, even for withdrawals due to injury.

## Participant Risk Waiver and Medical Forms

- Clubs/groups must submit an *Assumption of Risk* waiver and medical form for **each of their participants** by May 28<sup>th</sup>, 2018.
  - [Assumption of Risk and Medical Form link.](#)
- Forms can be sent either by mail to the GCG office (see address in section 6.4) or via email to [Mylaine Doré](#).

## Transportation Information

- All airport arrival and departure information must be submitted to GCG by May 28<sup>th</sup>, 2018 by updating the designated fields in the nominative form. Should a club/group fail to submit the transportation information by the deadline, they will not receive any local transportation.
- Note that only teams/groups that stay at one of the eight host hotels will receive local transportation.

## 6.4 – Method of Payment

**Only payment by cheque will be accepted.**

### Registration Step 1

One cheque per club/group with the hard copy of the Intent to Participate must be **received** by **November 1<sup>st</sup>, 2017**.

### Registration Step 2

One cheque per club/group with the hard copy of the financial info tab from the nominative registration form must be **received** by **January 15<sup>th</sup>, 2018**.

### Registration Step 3

One cheque per club/group with the hard copy of the financial info tab from the nominative registration form for any late registrations must be **received** by **May 28<sup>th</sup>, 2018**.

Cheque made payable to: **Gymnastique Canada Gymnastics**

**Packages to be mailed to:**

Gymnastics Canada

Attn: Mylaine Doré

1900 City Park Drive, Suite 120, Ottawa, ON, K1J 1A3



## 7 – MEAL OPTIONS

Most of the host hotels either include breakfast, or offer breakfast at a discounted rate (see accommodations section for details).

Gymnastics Canada is currently evaluating the possibility of offering an optional meal plan for lunch. Please indicate your team/group's interest in a lunch option in the dedicated area of the Intent to Participate Form. More information will be available in the 2<sup>nd</sup> information bulletin.

Dinner is the responsibility of each club/group. Should clubs/groups want to arrange meals at the hotel, please contact [Mylaine Doré](#) to receive the appropriate hotel staff contact information.

## 8 – Accommodations

Gymnastics Canada, in partnership with Richmond Event Hosting and its partner hotels, are proud to offer you eight (8) host hotels within 5km of the Indoor Performance Venue and Workshop Venue. We have worked hard to offer you the best room rates during a very busy Canada Day long weekend! As a result, **teams are strongly encouraged to stay at identified host hotels** in order to enhance their team experience and to help GCG strengthen their relationships with local tourism boards. This will help enhance contributions made by local tourism boards to the event, resulting in elevated professionalism and presentation of present and future Canadian Gymnaestradas.

In appendix B you will find a cost comparison chart for all of the hotels.

[Map of the 2018 Canadian Gymnaestrada Venues and Host Hotels.](#)

### SHERATON VANCOUVER AIRPORT HOTEL

7551 Westminster Hwy, Richmond, BC, V6X 1A3

10 minute walk (1 km) to Richmond Olympic Oval

Website: <http://www.sheratonvancouverairport.com/>

#### Amenities

Traditional room: One (1) king or two (2) queen beds;

Complimentary wireless internet;

Fitness facility, Outdoor heated pool and hot tub;

Mini-fridge and safe in each room;

Restaurant & lounge on-site;

On-site Starbucks Café;

Complimentary parking for overnight guests;

A discounted breakfast package to a daily value of \$20 (inclusive of gratuity and tax) – please request at booking.

**Preferred Rate:** \$179 per night up to quad occupancy + applicable taxes.

To book your reservations

**Blocks of five (5) rooms or more per night:**

Club or manager must contact Andy Lee directly at 1-800-663-0299 or 604-233-3982 or via email

[Andrew.lee@sheratonvancouverairport.com](mailto:Andrew.lee@sheratonvancouverairport.com)

**Blocks of four (4) rooms or less per night:**

Book your room online by clicking [BOOK YOUR ROOM HERE](#), or call the hotel directly at 1-800-663-0299 or 604-273-7878 or via email [reservations@sheratonvancouverairport.com](mailto:reservations@sheratonvancouverairport.com).

Group Name: **Canadian Gymnaestrada 2018**

**Deadline: April 30th, 2018** – After this date, reservations can be made on an availability basis and at the best available rate.

**VANCOUVER AIRPORT MARRIOTT HOTEL**

7571 Westminster Hwy, Richmond, BC, V6X 1A3

10 minute walk (1 km) to Richmond Olympic Oval

Website: <http://www.marriott.com/hotels/travel/yvrsa-vancouver-airport-marriott-hotel/>

**Amenities**

Traditional room: One (1) queen or two (2) double beds;

Complimentary wireless internet;

Mini fridge and coffee maker/tea;

Fitness facility, outdoor heated pool and hot tub;

Restaurants & lounge on-site;

Complimentary parking for overnight guests;

A discounted breakfast package to a daily value of \$20 (inclusive of gratuity and tax) – please request at booking.

**Preferred Rate:** \$179 per night up to quad occupancy + applicable taxes.

To book your reservations

**Blocks of five (5) rooms or more per night:**

Club or manager must contact Andy Lee directly at 1-800-663-0299 or 604-233-3982 or via email

[Andrew.lee@sheratonvancouverairport.com](mailto:Andrew.lee@sheratonvancouverairport.com)

**Blocks of four (4) rooms or less per night:**

Book your room online by clicking <http://cwp.marriott.com/yvrsa/2018gymnaestrada>, or call Marriott reservations directly on 604-233-3991 or via email at [Reservations@vancouver-Marriott.com](mailto:Reservations@vancouver-Marriott.com).

Group Name: **Canadian Gymnaestrada 2018**

**Deadline: April 30th, 2018 at 5pm PDT** – After this date, reservations can be made on an availability basis and at the best available rate.

## HILTON VANCOUVER AIRPORT HOTEL

5911 Minoru Blvd, Richmond, BC, V6X 4C7

10 minute walk (1 km) to Richmond Olympic Oval

Website: <http://www3.hilton.com/en/hotels/british-columbia/hilton-vancouver-airport-YVRAHHF/index.html>

### Amenities

Traditional room: One (1) king, two (2) double or two (2) queen beds;

Complimentary wireless internet;

Mini fridge and coffee maker;

Limited quantity of micro-waves available upon request;

Fitness facility and Outdoor pool;

Restaurant & lounge on-site;

Complimentary parking for overnight guests;

A discounted breakfast package to a daily value of \$20 (inclusive of gratuity and tax) – please request at booking.

**Preferred Rate:** \$179 per night up to quad occupancy + applicable taxes.

To book your reservations

### **Blocks of five (5) rooms or more per night:**

Club or manager must contact Andy Lee directly at 1-800-663-0299 or 604-233-3982 or via email

[Andrew.lee@sheratonvancouverairport.com](mailto:Andrew.lee@sheratonvancouverairport.com)

### **Blocks of four (4) rooms or less per night:**

Book your room online by clicking [http://www.hilton.com/en/hi/groups/personalized/Y/YVRAHHF-GYM627-20180627/index.jhtml?WT.mc\\_id=POG](http://www.hilton.com/en/hi/groups/personalized/Y/YVRAHHF-GYM627-20180627/index.jhtml?WT.mc_id=POG), or call the Hilton hotel reservations department directly at (604) 233-3990 or by calling our Central Reservations Office at 1-800-HILTONS.

Group Name: **Canadian Gymnaestrada 2018**

**Deadline: April 30th, 2018** – After this date, reservations can be made on an availability basis and at the best available rate.

## EXECUTIVE AIRPORT PLAZA

7311 Westminster Hwy, Richmond, BC, V6X 1A3

15 minute walk (1 km) to Richmond Olympic Oval

Website: <http://www.executivehotels.net/vancouver-airport-hotel/>

### Amenities

Standard room, One-Bedroom Suite, or Two-Bedroom Suite;

Complimentary wireless internet;

Mini fridge and coffee/tea;

Suites offer separate living room with full kitchen and separate bedrooms;

Fitness facility, Indoor heated pool, hot tub and rooftop jogging trail;

Three (3) restaurants on-site;

Complimentary parking;  
40% discount on buffet breakfast at Tivoli's restaurant (if purchased at the time of reservation)

**Preferred Rates:**

Standard room: \$179 per night based on single/double occupancy + applicable taxes.

One-Bedroom Condo Suite: \$199 per night based on single/double occupancy + applicable taxes.

Two-Bedroom Condo Suite: \$299 per night based on single/double occupancy + applicable taxes.

Rates quoted are for single or double occupancy (maximum 2 Adult + 2 children under 15), additional charges of \$10 per person, per night may apply.

To book your reservations:

Call 604-278-5555 or toll free 1-800-663-2878

Group Name: **2018 Canadian Gymnaestrada**

**Deadline: April 28<sup>th</sup>, 2018** - reservations after this date are subject to room rates and availability.

**RIVER ROCK CASINO RESORT AND THE HOTEL AT RIVER ROCK**

8811 & 8888 River Road, Richmond, BC, V6X 3P8

4 km to Richmond Olympic Oval

Website: <http://www.riverrock.com/>

**Amenities**

Standard room: Two (2) queen beds;

Complimentary wireless internet;

Mini fridge, Nespresso coffee machine, kettle and tea;

Fitness facility, Indoor pool, hot tub and water slide;

Restaurants on-site;

Complimentary parking in the West Parkade.

**Preferred Rate:** \$169 per night based on quadruple occupancy + applicable taxes.

To book your reservations

Call 604-247-8900 or toll free 1-866-748-3718

Email: [reservations@riverrock.com](mailto:reservations@riverrock.com)

Group Name: **2018 Canadian Gymnaestrada**

**Deadline: May 26<sup>th</sup>, 2018** - reservations after this date are subject to room rates and availability.

### HAMPTON INN BY HILTON VANCOUVER AIRPORT

8811 Bridgeport Rd, Richmond, BC, V6X 1R9

3 km to Richmond Olympic Oval

Website: <http://hamptoninn3.hilton.com/en/hotels/british-columbia/hampton-inn-by-hilton-vancouver-airport-richmond-YVRRHHX/index.html>

#### Amenities

Standard room: Two (2) double beds and sitting area;

Complimentary wireless internet;

Coffee maker;

Limited number of mini-fridges and micro-waves available on request;

Fitness facility;

Complimentary hot continental breakfast;

Complimentary parking.

**Preferred Rate:** \$130 per night based on single/double occupancy + applicable taxes.

Children under the age of 12 stay free when sharing a room with an adult.

\$10 charge is applicable for each additional person for triple or quad occupancy.

To book your reservations

Contact Daiana Frant at 604-232-5505 x7109 or toll free: 1-888-488-0101

Email: [Daiana.Frant@hilton.com](mailto:Daiana.Frant@hilton.com)

Group Name: **Canadian Gymnaestrada 2018**

**Deadline: May 26<sup>th</sup>, 2018**

### SANDMAN SIGNATURE HOTEL AND RESORT VANCOUVER AIRPORT

10251 St. Edwards Drive, Richmond, BC, V6X 2M9

5 km to Richmond Olympic Oval

Website: <https://www.sandmanhotels.com/locations/british-columbia/vancouver-airport/hotels/signature-vancouver-airport-zyvr>

#### Amenities

Signature Rooms: Two (2) queens bed or one (1) king bed;

Complimentary wireless internet;

Coffee maker/tea;

Limited number of mini-fridges available upon request;

Fitness facility, Indoor pool, waterslide and hot tub;

Restaurants on-site;

Complimentary parking.

**Preferred Rate:** \$139 per night based on quadruple occupancy + applicable taxes.

To book your reservations

Contact Sean Harris at 604-455-2353 or via email [sharris@sandman.ca](mailto:sharris@sandman.ca)

Group Name: **Canadian Gymnaestrada 2018**

**Deadline: May 14<sup>th</sup>, 2018**

### **SANDMAN HOTEL VANCOUVER AIRPORT**

3233 St. Edwards Drive, Richmond, BC, V6X 4K4

5 km to Richmond Olympic Oval

Website: <https://www.sandmanhotels.com/locations/british-columbia/vancouver-airport/hotels/vancouver-airport-yvr>

#### Amenities

Standard rooms: One (1) queen or two (2) double beds or One (1) king bed with pull-out sofa;

Complimentary wireless internet;

Microwave, mini fridge, coffee/tea;

Fitness facility, Indoor pool and hot tub;

Restaurants on-site;

Complimentary parking;

#### **Preferred Rate:**

Standard room: \$119 per night based on quadruple occupancy + applicable taxes.

Corporate King: \$139 per night based on quadruple occupancy + applicable taxes.

To book your reservations

Contact Sean Harris at 604-455-2353 or via email [sharris@sandman.ca](mailto:sharris@sandman.ca)

Group Name: **Canadian Gymnaestrada 2018**

**Deadline: May 14<sup>th</sup>, 2018**

## **9 – LOCAL TRANSPORTATION**

Gymnastics Canada will provide transportation to **teams staying in the host hotels only**. Teams who do not stay at host hotels or do not submit arrival and departure information, and/or their chosen host hotel by **May 28<sup>th</sup>, 2018** will not receive any local transportation.

### **8.1 - Marriott, Sheraton, Hilton, Executive Airport Plaza Hotels**

Transportation to and from the airport will be provided through the host hotels' airport shuttle service. GCG will work with the teams and the hotels to ensure that the appropriate number of shuttles are available based on the arrival and departure information received.

Teams staying at these hotels will be expected to walk to and from the Indoor Performance and workshop venues which are located 1km – an approximately 10 minute walk, from these hotels. The

Richmond Olympic Oval (indoor performances) and the Curling Club (workshops) are located across the street from each other.

Teams will be provided transportation to and from the City Performance venue (Steveston Village) according to the event schedule.

### 8.2 - River Rock & Casino, Hampton Inn, Sandman Signature, and Sandman Hotels

Transportation to and from the airport will be provided by charter buses to these host hotels based on the arrival and departure information received.

Transportation will be provided to teams staying at these hotels between the hotels and the Richmond Olympic Oval according to the rehearsal, workshop, ceremonies, and performance schedules. The workshop venue is located across the street from the Richmond Olympic Oval, therefore teams will be expected to walk between the two venues.

Teams will be provided transportation to and from the City Performance venue according to the event schedule.

## 10 – Social Media

#CDNGymnaestrada

Facebook: [www.facebook.com/CDNgymnastics](http://www.facebook.com/CDNgymnastics)

Twitter: @CDNgymnastics

Instagram: @CDNgymnastics

YouTube: <https://www.youtube.com/user/gymnasticscanada>

Snapchat: @CDNgymnastics

## 11 - DEADLINES

Date	Documents
<b>November 1<sup>st</sup>, 2017</b>	Intent to Participate Form & Payment
<b>January 15<sup>th</sup>, 2018</b>	Nominative Registration Form & Payment
	Apparatus Form
<b>May 28<sup>th</sup>, 2018</b>	Final Entries & Payment
	Music Submission
	Medical and Assumption of Risk Waivers
	Refund Deadline
	Transportation Information

## 12 – Bulletin #2

The following information will be part of the 2<sup>nd</sup> Information Bulletin available December 2017.

- Workshops
- Group Activity
- Performance Feedback
- Nominative Registration Form;
- Apparatus Form;
- Music Submission Instructions;
- Update on possible lunch option;
- Further information regarding performance venues;
- Tourism Information



## Appendix A

### 2018 Canadian Gymnaestrada: Intent to Participate Form

**THIS IS FOR REFERENCE ONLY.**

**PLEASE USE THE SEPARATE FILLABLE PDF FORM SENT WITH THIS BULLETIN.**

Clubs wishing to participate in the 2018 Canadian Gymnaestrada must complete this form and return it with their **\$150** registration fee payable to Gymnastics Canada by **November 1<sup>st</sup>, 2017**.

P/TO or Club Name: \_\_\_\_\_

Group Name: \_\_\_\_\_

Participant info:             (estimated #)                             (estimated age range) \_\_\_\_\_

Performance info:         (estimated time)                     (theme) \_\_\_\_\_

Gymnastics discipline(s) \_\_\_\_\_

Manager's name             \_\_\_\_\_

Manager's telephone \_\_\_\_\_

Manager's email            \_\_\_\_\_

Coach's name                \_\_\_\_\_

Coach's telephone         \_\_\_\_\_

Coach's email                \_\_\_\_\_

Would your group be interested in a lunch option served at the Indoor Performance venue at approximately \$20 per day? (Yes/No) \_\_\_\_\_

Is your group interested in attending the World Gymnaestrada in Dornbirn, Austria from July 7 - 13, 2019? (Yes/No) \_\_\_\_\_. If "Yes", please indicate the type of performance your group is interested in presenting at the World Gymnaestrada:

- Indoor Performance              City Performance              Both

If your group is unsure, or would like to learn more about how to join the Canadian delegation for the 2019 World Gymnaestrada, please contact Meredith Warner: [mwarner@gymcan.org](mailto:mwarner@gymcan.org).

**Submission deadline is November 1st, 2017 (POST DATED)**

**Cheques payable to Gymnastics Canada, 120 – 1900 promenade City Park Drive, Ottawa, ON K1J 1A3**

## Appendix B

### Hotel Cost Comparison Chart

[Map of the 2018 Canadian Gymnaestrada Venues and Host Hotels.](#)

Hotel	Rate Per nights Taxes inc.*	Daily cost per person			
		Quad	Triple	Double	Single
Sheraton Vancouver Airport Hotel	\$209.72 (\$179 before taxes)	\$52.43	\$69.91	\$104.86	\$209.72
Vancouver Airport Marriott Hotel	\$209.72 (\$179 before taxes)	\$52.43	\$69.91	\$104.86	\$209.72
Hilton Vancouver Airport Hotel	\$209.72 (\$179 before taxes)	\$52.43	\$69.91	\$104.86	\$209.72
Executive Airport Plaza**	Standard : \$209.72 (\$179 before taxes) 1-bdrm Suite : \$233.15 (\$199 b. taxes) 2-bdrms Suite : \$268.30 (\$229 b. taxes)	\$52.43 \$58.29 \$67.07	\$69.91 \$77.72 \$89.43	\$104.86 \$116.57 \$134.15	\$209.72 \$233.15 \$268.30
River Rock Casino Resort and the Hotel at River Rock	\$198.00 (\$169 before taxes)	\$42.25	\$66.00	\$84.50	\$198.00
Hampton Inn by Hilton Vancouver Airport***	\$152.31 (\$130 before taxes)	\$37.50	\$50.77	\$65.00	\$152.31
Sandman Signature Hotel and Resort Vancouver Airport	\$162.85 (\$139 before taxes)	\$40.71	\$54.28	\$81.43	\$162.85
Sandman Hotel Vancouver Airport	Standard : \$139.42 (\$119 b. taxes) Corporate King : \$162.85 (\$139 b. taxes)	\$29.75 \$40.71	\$46.47 \$54.28	\$59.50 \$81.43	\$139.42 \$162.85

\*Price based on current provincial, federal, and destination marketing taxes totaling 17.16%. Subject to change.

\*\*Additional daily charge of \$10 per person, per day above 2 adults and 2 children under 15.

\*\*\* Additional daily charge of \$10 per person, per day above 2 adults and 2 children under 12.