Dear FIG affiliated Member Federation,

The Gymnastics Federation of CANADA has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

### DIRECTIVES

**DISCIPLINE** | **Women’s Artistic**
---|---
**HOST FEDERATION** | Gymnastics Canada
Peter Nicol – President & CEO
1900 promenade City Park Drive Suite 120
Ottawa, ON, K1J 1A3, CAN
Phone number: 613-748-5637 ext 231
Fax number:
E-mail: pnicol@gymcan.org
Website: [www.gymcan.org](http://www.gymcan.org)

**ORGANIZING COMMITTEE** | CEO of the LOC: Anne-Maud Jan Viau

1000 Emile-Journault, Montreal, H2M 2E7
Phone Number: (514) 872-1536 (ext. 227)
Cellphone: (514) 652-5559
Fax number: (514) 872-1590
E-mail: am.janviau@gymnix.ca
Website: [www.internationalgymnix.ca](http://www.internationalgymnix.ca)

**LOCATION** | Montreal, Quebec, Canada

**DATES** | From March 3 to March 6, 2016

**VENUE** | Centre Sportif Claude-Robillard
Inside track & field room (Omnisports)

1000 Émile-Journault, Montreal, H2M 2E7
Phone: (514) 872-1536 (ext. 227)
Fax: (514) 872-1590

E-mail: [international@gymnix.ca](mailto:international@gymnix.ca)
[www.internationalgymnix.ca](http://www.internationalgymnix.ca)

The Competition Arena will serve as the Warmup Hall. There will be a Training Hall near the competition arena.
### PROMOTIONAL VIDEO

**International Gymnix 2016 – Promo Video**

### APPARATUS SUPPLIER

**GYMNOVA**

- Vault: GYMNOVA (GVA). Ref # : 3405
- Bars: GYMNOVA (GVA). Ref # : 3210
- Beam: GYMNOVA (GVA). Ref # : 3610
- Floor: GYMNOVA (GVA). Ref # : 6570 gymnastics floor 14 x 14
- Spring Board - Hard: GYMNOVA (GVA). Ref # 2186
- Spring Board - Soft: GYMNOVA (GVA). Ref # 2187

### PROVISIONAL SCHEDULE

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, March 1, 2016 to Wednesday, March 2, 2016</td>
<td>Delegation Arrivals</td>
</tr>
<tr>
<td>Tuesday, March 1, 2016 to Wednesday, March 2, 2016</td>
<td>Trainings</td>
</tr>
<tr>
<td>Wednesday, March 2, 2016</td>
<td>Technical Meeting</td>
</tr>
<tr>
<td>Thursday, March 3, 2016</td>
<td>Podium Training</td>
</tr>
<tr>
<td>Friday, March 4, 2016</td>
<td>Junior International Cup – Training</td>
</tr>
<tr>
<td>Saturday, March 5, 2016</td>
<td>Junior International Cup – Competition Day 1</td>
</tr>
<tr>
<td>Sunday, March 6, 2016</td>
<td>Apparatus Finals – Competition Day 2</td>
</tr>
<tr>
<td>Monday, March 7, 2016</td>
<td>Delegations Departure</td>
</tr>
</tbody>
</table>

### FEDERATIONS INVITED

The Organizing Member Federation will invite all Member Federations according to the following principles:

**JUNIOR INTERNATIONAL CUP**

National team members of the top 24 countries at the 2015 Team World Championships.

### PARTICIPATION AND FIG LICENSE

Only junior gymnasts in good standing with the correct age and holding a valid FIG License may participate. The LOC will be responsible for checking the validity of the gymnast’s Licenses. No gymnasts will be accepted without a valid FIG License at the deadline of the Nominative Registration.

**JUNIOR INTERNATIONAL CUP**

The maximum size of the invited delegation is as follows:

<table>
<thead>
<tr>
<th>Delegation Members</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head of Delegation</td>
<td>2</td>
</tr>
<tr>
<td>Coaches</td>
<td>2</td>
</tr>
<tr>
<td>Gymnasts</td>
<td>4</td>
</tr>
<tr>
<td>Doctor</td>
<td>1</td>
</tr>
<tr>
<td>Physiotherapist</td>
<td>1</td>
</tr>
<tr>
<td>Judge</td>
<td>1</td>
</tr>
</tbody>
</table>

### AGE LIMITS


### JUDGES AND JURIES

1 FIG judge with current valid brevet per team. The judge is part of the delegation.

Head judge: Helen Laliberté
<table>
<thead>
<tr>
<th>COMPETITION FORMAT</th>
<th>COMPETITION</th>
</tr>
</thead>
<tbody>
<tr>
<td>CATEGORY</td>
<td>JUNIOR INTERNATIONAL CUP</td>
</tr>
<tr>
<td>INVITATION</td>
<td>National team members of the top 24 countries at the 2015 World Championships</td>
</tr>
<tr>
<td># ATHLETES</td>
<td>Approx. 32 athletes (8 teams of 4 athletes)</td>
</tr>
</tbody>
</table>

| COMPETITION FORMAT | DAY 1: Team competition (4/4/3), AA final, Qualifications for apparatus finals |
|--------------------| DAY 2: Apparatus finals |

| FIG CODE | Team and AA: FIG I Junior rules |
|----------| Apparatus finals: FIG III Junior rules |

| PARTICIPATION IN APPARATUS FINALS | 8 athletes |
|-----------------------------------| Top 8 athletes, max 2 per country (TBC by February 15th) |
| Replacement according to FIG rules |

| TEAM AWARDS | Top 3 teams |
|-------------| Top 3 All-Around |
|             | Top 3 per apparatus |
|             | No maximum per country for awards |

| INDIVIDUAL AWARDS | |
|--------------------| |

| REGISTRATION DEADLINES | Definitive registration: December 1, 2015 |

3 months prior to the competition |

<table>
<thead>
<tr>
<th>Nominative registration</th>
<th>February 1, 2016</th>
</tr>
</thead>
</table>

One month prior to the competition |

| ENTRY FEES | No Entry Fee will be applied for this event. |

<table>
<thead>
<tr>
<th>ACCOMMODATION</th>
<th>Lord Berri Hotel</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1199 Berri Street</td>
</tr>
<tr>
<td></td>
<td>Montreal (QC), H2L 4C6</td>
</tr>
<tr>
<td></td>
<td>Tel: 1-888-363-0363</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.lordberri.com">www.lordberri.com</a></td>
</tr>
</tbody>
</table>

The costs per person /night in this hotel are as follows: 
120,00$ / person (single room) 
60,00$ / person (double room) 
40,00$ / person (triple room) 
30,00$ / person (quadruple room) 

The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by **February 1st, 2016** at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis. 

The invited participating federations must pay for the accommodation expenses of their delegation members unless stated differently in the country's nominal invitation. 

The costs for the accommodations must be paid to the LOC by **February 15th, 2016. No refund for any circumstances after that date.** 

Please contact the local LOC for procedure details. 

| MEAL PLAN | MEAL PLAN: 60$ / PERSON / DAY |

The invited participating federations must pay for the accommodation expenses of their delegation members unless stated differently in the country's nominal invitation. 

The Meal Plan Form must be returned to the LOC by **February 1st, 2016** at the very latest. 

The costs for the meal plan must be paid to the LOC by **February 15th, 2016. No refund for any circumstances after that date.** 

Please contact the LOC for procedure details. 

| FINAL BANQUET | CLOSING CELEBRATION PARTY |
The closing banquet will take place on Sunday evening, and will be free of charge to all delegation members.

**INTERNATIONAL TRANSPORTATION**
The invited participating federations must pay for the travel costs of their delegation members unless stated differently in the country's nominal invitation.

The Travel Schedule Form must be returned to the LOC by **February 1st, 2016.**

**LOCAL TRANSPORTATION**
*Local transportation facilities will be provided by the LOC.* The LOC will pick up the delegations at the airport and a shuttle system will operate between the hotel and the sport hall.

Local transportation will be provided to/from hotel to the competition and training halls for all delegation members. Airport transportation will also be provided for the gymnasts, their respective coaches and judges.

In agreement with the above paragraph, no extra transportation reimbursement will be made for local transportation.

**VISA**
Please verify immediately with your travel agent or the Canadian Embassy or Consulate in your country if a visa is required for your travel to Canada. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before **January 10th, 2016** to the LOC.

The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.

**INSURANCE**
The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.

The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.

**ACCREDITATION**
Accreditations will be provided to all members of the official delegations.

All delegations will receive their accreditations upon arrival.

The credential is personal, non-transferable and mandatory for access to training and competition venues.

**BANK ACCOUNT INFORMATION**

<table>
<thead>
<tr>
<th>Account Information</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Beneficiary's Bank</strong></td>
<td>CAISSE CENTRALE DESJARDINS 1 Complexe Desjardins, Montréal, Québec H5B 1B3, Canada</td>
</tr>
<tr>
<td><strong>SWIFT</strong></td>
<td>CCDQCAMM</td>
</tr>
<tr>
<td><strong>Beneficiary's Branch ID</strong></td>
<td>CC081530403 Institution (3), Branch (5)</td>
</tr>
<tr>
<td><strong>Beneficiary's Account Number</strong></td>
<td>0815304030835152 Institution (3), Branch (5), Account (7)</td>
</tr>
<tr>
<td><strong>Beneficiary's Complete Name</strong></td>
<td>L'INTERNATIONAL GYMNX</td>
</tr>
</tbody>
</table>
Beneficiary's Complete Address
1000 AV EMILE-JOURNAULT
MONTREAL QUEBEC
CANADA H2M 2E7

Thank you to complete the transfer before Thursday, **February 15th, 2016.**

Each participating member Federation is kindly requested to integrate the payment’s purpose as follows: **L'INTERNATIONAL GYMNIX 2016**
The participating federation is responsible for covering all bank fees in connection with the bank transfers.

**PRIZE MONEY**
The Prize Money, free of any deductible taxes, will be distributed in **CAN currency** as follows:

<table>
<thead>
<tr>
<th>JUNIOR INTERNATIONAL CUP</th>
<th>Team Competition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ranking</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>600</td>
</tr>
<tr>
<td>2</td>
<td>400</td>
</tr>
<tr>
<td>3</td>
<td>300</td>
</tr>
<tr>
<td><em>Individual all-around winner and apparatus winner</em></td>
<td></td>
</tr>
<tr>
<td>All Around</td>
<td>500</td>
</tr>
<tr>
<td>Vault</td>
<td>100</td>
</tr>
<tr>
<td>Bars</td>
<td>100</td>
</tr>
<tr>
<td>Beam</td>
<td>100</td>
</tr>
<tr>
<td>Floor</td>
<td>100</td>
</tr>
</tbody>
</table>

**EVENT MANAGER**
Anne-Maud Jan Viau
1000 Emile-Journault, Montreal, H2M 2E7
Phone Number: (514) 872-1536 (ext. 227)
Cellphone: 514 652-5559
Fax number: (514) 872-1590
E-mail: am.janviau@gymnix.ca

**MEDIA**
Anne-Maud Jan Viau
1000 Emile-Journault, Montreal, H2M 2E7
Phone Number: (514) 872-1536 (ext. 227)
Cellphone: 514 652-5559
Fax number: (514) 872-1590
E-mail: am.janviau@gymnix.ca

**SOCIAL MEDIA**
www.international.gymnix.ca

**International Gymnix 2016 – Promo Video**

Facebook: L'International Gymnix
Instagram: intlgymnix
Twitter: @IntlGymnix
YouTube: L'International Gymnix

#gymnix2016
### MEDICAL SERVICES
Physiotherapy services will be provided in the warm-up gym and the competition floor; for injuries and emergency taping. Emergency and first responder service on site at all time, emergency vehicles on call. Waiting area within 5 minutes. Doctor on call during all the competitions.

### MARKETING
FIG advertising and publicity norms must be respected.

### RULES AND REGULATIONS
The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:
- Statutes
- Technical Regulations
- Code of Points and relevant Newsletters
- General Judges’ Rules
- Specific Judges’ Rules
- Doping Control Rules
- Licence rules (except for non competitive events)
- Media Rules
- Apparatus Norms
- FIG Rules for Sanctioning (approval) of International Events
- Advertising and Publicity Rules

and subsequent decisions of the FIG Executive Committee

### DEADLINES SUMMARY
<table>
<thead>
<tr>
<th>Description</th>
<th>Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>Definitive Registration</td>
<td>December 1st, 2015</td>
</tr>
<tr>
<td>Nominative Registration</td>
<td>February 1st, 2016</td>
</tr>
<tr>
<td>Accommodation and Meal Plan Form</td>
<td>February 1st, 2016</td>
</tr>
<tr>
<td>Travel Schedule Form</td>
<td>February 1st, 2016</td>
</tr>
<tr>
<td>Visa Request Form</td>
<td>January 10th, 2016</td>
</tr>
<tr>
<td>Payment of the Accommodation Costs</td>
<td>February 15th, 2016</td>
</tr>
<tr>
<td>Payment of the Meals</td>
<td>February 15th, 2016</td>
</tr>
</tbody>
</table>

Sincerely Yours,

Peter Nicol  
President/CEO  
Gymnastics Canada Gymnastique  
September 15th, 2015