

2019 Elite Canada Basic Schedule (03/07/2019)

THURSDAY, MAY 2nd

		<u>TUMBLING</u> Competition Gym		<u>TRAMPOLINE</u> Training Gym	<u>TRAMPOLINE</u> Competition Gym		<u>DMT</u> Competition Gym
TRAINING & MEETINGS	9:00 - 11:00	TRAINING AB					
	11:00 - 13:00	TRAINING BC,SK,MB					
	13:00 - 15:00	TRAINING ON - Group #1					
	15:00 - 17:00	TRAINING ON - Group #2 & NB, NS					
	15:00 - 17:00	TTPC MEETING					
	17:00 - 19:00	TRAINING QC					
	19:15 - 19:45	ORIENTATION MEETING (Coaches and Judges)					
	19:45 - 20:30	COACHES FORUM & NATIONAL TEAM COACHES' COUNCIL MEETING / SENIOR ATHLETES' MEETING					

2019 Elite Canada Basic Schedule (03/07/2019)

FRIDAY, MAY 3rd

		<u>TUMBLING</u> Competition Gym		<u>TRAMPOLINE</u> Training Gym	<u>TRAMPOLINE</u> Competition Gym		<u>DMT</u> Competition Gym
BLOCK 1	8:15 - 9:00 GENERAL WARM-UP (BLOCK 1)						
	9:00 to 12:30	TUMBLING TRAINING	9:00 to 12:30	L5 & L6 Qualification		9:00 to 12:30	L5 Qualification
BLOCK 2	12:30 - 13:15 GENERAL WARM-UP (BLOCK 2)						
	12:45 - 13:00 Tumbling Orientation Meeting						
	13:15 to 16:45	TUMBLING TRAINING	13:15 to 16:45	L5 & L6 Qualification		13:15 to 15:30	L5 Qualification
	17:15 - 17:30 OPENING CEREMONIES						
BLOCK 3	16:45 - 17:30 GENERAL WARM-UP (BLOCK 3)						
	17:30 to 20:30	L6 Qualification	17:30 to 20:30	Junior & Senior Qualification		17:30 to 20:30	Junior & Senior Qualification

2019 Elite Canada Basic Schedule (03/07/2019)

SATURDAY, MAY 4th

		<u>TUMBLING</u> Competition Gym		<u>TRAMPOLINE</u> Training Gym	<u>TRAMPOLINE</u> Competition Gym		<u>DMT</u> Competition Gym
BLOCK 4	8:15 - 9:00 GENERAL WARM-UP (BLOCK 4)						
	9:00 to 12:30	L5 Qualification	9:00 to 12:30	L5 & L6 Qualification		10:30 to 12:30	L6 Qualification
BLOCK 5	12:30 - 13:15 GENERAL WARM-UP (BLOCK 5)						
	13:15 to 16:45	L5 Qualification	13:15 to 16:45	ALL LEVELS Synchro Qualification		13:15 to 16:45	L6 Qualification
							FINALS
							Junior & Senior Finals
BLOCK 6	16:45 - 17:30 GENERAL WARM-UP (BLOCK 6)						
	17:30 to 19:30	Junior & Senior Qualification	17:30 to 19:30	Junior & Senior Finals		17:30 to 19:30	L5 Finals
							FINALS
							L5 Finals
19:30 - 20:15 AWARDS & SPECIAL AWARDS							

2019 Elite Canada Basic Schedule (03/07/2019)

SUNDAY, MAY 5th

		<u>TUMBLING</u> Competition Gym		<u>TRAMPOLINE</u> Training Gym	<u>TRAMPOLINE</u> Competition Gym		<u>DMT</u> Competition Gym
	8:15 - 9:00	GENERAL WARM-UP (BLOCK 7)					
		FINALS		FINALS		FINALS	
BLOCK 7	9:00 to 12:30	L5 & L6 Finals	9:00 to 12:30	L5 & L6 Finals	9:00 to 12:30	L5 Finals	
	12:35 - 13:05	AWARDS					
	13:10 - 13:55	GENERAL WARM-UP (BLOCK 8)					
		FINALS		FINALS		FINALS	
BLOCK 8	13:15 to 16:45	Junior and Senior Finals	13:15 to 16:45	ALL LEVELS Synchro Finals	13:15 to 16:45	L6 Finals	
	17:00 - 17:30 <small>**Approx**</small>	AWARDS					
	6:00PM - 7:00PM	TTPC MEETING (Ranking List and Team Ratification)					