



### 2021 RGI DEVELOPMENT PROGRAM AGE & LEVELS

2021 RGI AGE	7	8	9	10	11	12	13	14	15	16	17
YOB	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004+
Level 1											
Level 2											
Level 3											
Level 4											
Level 5											
Level 6											

### 2020 RGG DEVELOPMENT PROGRAM AGE & LEVELS

2021 RGG AGE	7	8	9	10	11	12	13	14	15	16	17
YOB	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004+
Dev't/Intro											
Level 3											
Level 4											
Level 5											
Level 6											

**Legend**



age according to PTO distribution

challenge one level up from individual





P: 613.748.5637 | F: 613.748.5691 | E: [info@gymcan.org](mailto:info@gymcan.org)  
120-1900 Promenade City Park Drive, Ottawa, ON K1J 1A3

[WWW.GYMCAN.ORG](http://WWW.GYMCAN.ORG)