Men’s Artistic Gymnastics

TECHNICAL REGULATIONS

DECEMBER 2019 (FINAL)
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1.0 TECHNICAL REGULATIONS

These Technical Regulations apply to all Gymnastics Canada (GymCan) Technical Programs: Women’s Artistic Gymnastics, Men’s Artistic Gymnastics, Rhythmic Gymnastics and Trampoline Gymnastics.

1.1 PURPOSE & OBJECTIVES

The purpose of the Technical Regulations is to ensure a common understanding and consistent application of regulations related to the conduct of all technical disciplines in Canada, and to outline the structure and functioning of the GymCan Technical Programs.

The objectives of the technical programs are:
   a) coordination and supervision of technical aspects of all national and international gymnastics activities of GymCan;
   b) establishment and elaboration of technical regulations for Canada in accordance with the technical rules of the Fédération Internationale de Gymnastique (FIG);
   c) planning and conduction of competitions, clinics, courses and schools relating to the program of GymCan;
   d) conducting and determining the scope of examinations for instructors, coaches, judges and other officials at the national and international level;
   e) selection of national compulsory exercises and their distribution and interpretation;
   f) introducing, approving and promoting articles or literature of technical content and instructional materials to be published under the authority or with the sanction of GymCan;
   g) establishment of and full regulation of the National Team program.

1.2 AUTHORITY OVER REGULATIONS

- The Program Staff (PS), with assistance of the Program Committee (PC) of each discipline, will develop the regulations and policies for the specific discipline.
- The Technical Regulations are valid until modified by the appropriate procedure
- The Discipline’s Program Assembly has the authority to approve/ratify changes to the Technical Regulations of the specific program.
- The Discipline’s Program Committee will develop and adopt program policy based on the Technical Regulations. Such policy will be part of the National Team Handbook, and will be the appendices of the Technical Regulations.

1.3 MODIFICATIONS / ADDITIONS

- Modifications / additions to the technical regulations may occur when notice is given in writing to all current Assembly members 21 days prior to AGM. These previously circulated modifications/additions require a 2/3 majority of the votes to be allowed to pass
- The 21-day circulation requirement may be waived if the attending members unanimously vote to address the proposed modification/addition. It then requires a 2/3 majority of the votes cast to be allowed to pass.
- A minimum of six (6) member provinces or territories present shall constitute a quorum. All changes require a 4/6 vote.
- Modifications/additions to the technical regulations may occur during the year provided:
   o The proposed modification/addition and rationale are circulated in writing by the PM, or designate to all Assembly members 30 days prior to the deadline for vote;
The proposed modification/addition is adopted by a 2/3 majority of the provinces and territories who have replied in writing by the deadline.

1.4 TECHNICAL DOCUMENTS

In addition to the Technical Regulations, the technical programs follow the policies, rules and regulations set out in the discipline’s technical documents available on GymCan’s website. These documents include the FIG Code of Points, National Team Handbook and any Program Manual, Pathways, Selection Criteria, Documents, Rules or System. The technical documents are written and produced by each technical program staff, with collaboration from the respective Program Committee.

1.4.1 COMPETITION RULES

The Program Staff, with assistance from the Program Committee, will develop the competition rules. On an annual basis, the rules will be evaluated, and a revision of the respective documents will be prepared and distributed.

2.0 ELIGIBILITY

2.1 ELIGIBILITY OF ATHLETES

Athletes competing in GymCan competitions or activities must be:
- An amateur as outlined by the regulations of GymCan, FIG and the International Olympic Committee (IOC) governing amateur status;
- Registered with PTO and GymCan;
  - The geographic location of the gymnast’s residence determines the province of registration of the gymnast. If a gymnast lives in one province and trains in another, then the gymnast may choose which province they compete under for that competitive season.
    - If a gymnast moves to another province during the competitive season, they must request registration with the new PTO within 5 business days of moving to the new location
- In good standing with GymCan with no outstanding invoices or debts and no sanctions;
- A Canadian citizen, Permanent Resident or possess Dual Nationality
- Approved by their PTO, and meet PTO specific and GymCan qualification requirements for each competition;
- Eligible to compete or participate as per the specific criteria for each event (refer to the specific competition or event for its criteria).

2.1.1 ELIGIBILITY TO BE NAMED CANADIAN CHAMPION & INTERNATIONAL ELIGIBILITY

Gymnasts wishing to be named Canadian Champion and represent Canada internationally must follow the rules outlined in the FIG Statutes and the IOC rules published on the FIG website. They must be Canadian citizens and approved by GymCan to acquire a FIG license at the cost of $75 (please contact the respective Program Manager for the relevant form). Please refer to the FIG Statutes for other circumstances.
A Dual Nationality (DN) or Permanent Resident (PR) gymnast who has chosen to represent a country other than Canada at FIG competitions may compete at GymCan events provided they meet the qualification criteria and submit an approval letter from the National Federation the gymnast represents.

Please refer to the discipline specific rules for the details.

2.1.3 AGE OF GYMNASTS

The age of the gymnast is based on the year of competition as per FIG regulations (i.e. the age the gymnast will be anytime between January 1 and December 31).

2.2 ELIGIBILITY OF COACHES

A coach residing permanently in Canada participating in a National Level competition must be a duly affiliated member of his/her PTO and of GymCan (based on the province of residence).

The coach must be a member in good standing (not currently sanctioned) with GymCan and his/her PTO association.

A coach wishing access to the training, warm up or competition floor must be certified NCCP Level 3 or Competition 2.

All gymnasts at GymCan events must have a coach from their club registered as their “competition coach”. Any agreement between clubs to coach other club’s athletes must be approved by their Provincial Office and submitted with the registration forms.

Only accredited coaches and managers are allowed entry to the orientation meeting prior to the start of competition unless noted otherwise.

A maximum of two accredited coaches are allowed on the field of play/competition area at one time.

2.2.1 EXEMPTION TO COACHING LEVEL

Exemption requests must include the $50.00 Administration Fee payable to GymCan and are to be submitted a minimum of four weeks in advance of CC, EC or Eastern/Western Regional Championships to allow sufficient processing time by GymCan. Other requests may be considered in extenuating circumstances (for example, last minute major illness).

NOTE: For all coaching related information, including equivalency requirements, please refer to the GymCan website “Coaching” page.

2.2.2 SAFE SPORT REQUIREMENTS

All coaches, support staff (head of delegation, chef de mission, team manager, and chaperone) and Integrated Support Team (IST) who will participate in GymCan national competitions must have completed the Safe Sport requirements stated in the Safe Sport Policy. Failure to do so will result in a withholding of the accreditation and denial of access to the field of play, competition and training venues.
3.0 PROGRAM STRUCTURE

3.1 PROGRAM MANAGER (PM)

The primary responsibility of the PM, or designate, is the overall leadership and management of each discipline within the scope of GymCan Mission Statement.

The PM, or designate, is responsible for the planning and program management. To accomplish this, the PM, or designate has the authority to make those decisions within the discipline to reach the set program goals, subject to the GymCan Mission Statement.

The CEO of GymCan develops the full job description.

3.2 NATIONAL TEAM DIRECTOR (NTD) / NATIONAL TEAM HEAD COACH (NTHC)

The primary responsibility of the NTD/NTHC is the leadership of the NT Program towards its set goals.

The NTD/NTHC is responsible for the selection of athletes and coaches to National Teams and international competition through the establishment of objective selection criteria.

The NTD/NTHC will also develop and oversee the Canadian competition rules, pathways or system.

The CEO of GymCan, in consultation with the PM and the PC, develops the full job description.

3.3 PROGRAM COMMITTEE (PC)

3.3.1 ROLE OF THE PROGRAM COMMITTEE

The Program Committee is a consultative, non-voting committee comprised of experts in the program area and program staff. The committee works collaboratively and maintains a global perspective towards optimal development of the discipline across Canada, in line with the GymCan strategic plan and corporate goals. To advise and assist in the following areas:

- Setting program goals, objectives that contribute to the long-term success of Canadian gymnastics, while respecting the principles of LTAD.
- Development and implementation of multi-year plans
- Development of technical programs and regulations, selection processes, practices and procedures
- Support the Program Manager in the development and implementation of program initiatives
- Other topics or issues as brought forward by the Program Manager.

3.3.2 COMPOSITION OF THE PROGRAM COMMITTEE (PC)

- Chairperson – Program Manager or NTD/NTHC (depending on the discipline)
- NTD/NTHC
- Program Assembly Chairperson
- Member at large
- Judging Development Working Group Chairperson
3.3.3 MEETINGS OF THE PC

The Program Committee meets 2-6 times per year, through a combination of face-to-face and telephone meetings. Specific issue correspondence may be conducted electronically. The Program Committee may consult with other groups where additional input is needed on specific topics.

Additional Meetings:
There will be a planning and evaluation meeting scheduled outside of the regular meetings at the end of each quadrennial cycle.

Expenses of the PC are the responsibility of GymCan for designated meetings.

3.3.4 TERM OF OFFICE FOR COMMITTEE MEMBERS

- The term of office is for three (3) years. There is no limit to the number of consecutive terms.
- One representative must be a current member of the NTCC
- In the case of an elected PC member not being able to fulfill the full term, the PC Chairperson may appoint an individual with current PC consultation to perform the duties of that position for the remainder of the term.
- The PM or designate has the ability to remove a committee member in case of repeated absences or written/verbal abuse of other committee members.

3.4 PROGRAM ASSEMBLY (PA)

3.4.1 ROLE OF THE PROGRAM ASSEMBLY

The PA is a group of representatives from each provincial/territorial office that provides expertise related to the specific program. The Chair of the Assembly is elected by the Assembly and is automatically a member of the respective Program Committee. The role of the PA is the following:
- Provide input and general direction on domestic competitive programs (outside National Team) that are used by a majority of provinces/territories
- Provide input on other topics at the request of the Program Committee
- Approve the changes to the technical regulations
- Facilitate communication between GymCan, the PTO, and the clubs
- Elect members to the Program Committee

3.4.2 COMPOSITION OF THE PA

- One member per PTO with an active program (at least provincially) in the specific discipline (voting)
- Program Committee (non-voting)

3.4.3 ELIGIBILITY OF PA MEMBERS ELECTED TO PC

- Elected PC members must be current members of their PTO
3.4.4 MEETINGS OF THE PA
- The Assembly meets once per year, during the AGM, during which the assembly approves technical regulations and elects members to the program committee
- All expenses of the provincial delegates are the responsibility of the organization or federation they represent.

3.4.5 VOTING PRIVILEGES OF THE PA
Only those in 3.4.2 have voting rights. All voting will be based upon one (1) vote per province.

3.4.6 PROVINCIAL TECHNICAL COMMITTEES
The PTO’s are to report the names of their Technical Committee to the National Office by September 1 of each year and are responsible for notification of changes.

3.5 NATIONAL TEAM COACHES COUNCIL (NTCC)

3.5.1 ROLE OF THE NTCC
The National Team Coach Council is a consultative group consisting of the coaches of all current NT members. The number of coaches in the Council may vary between disciplines. The Council meets twice a year, during Canadian Championships, Elite Canada, and/or other national selection events. Consultation may also occur through other means.

The role of the NTCC is to provide consultation to the NTD/NTHC and Program Manager, or designate in the following areas:
- General direction of the NT Program
- Annual and quadrennial NT training and competition plans
- Short and long-term performance objectives
- Selection criteria for carding, national team selection and major team events
- Election of one member to the respective program committee (one vote per club)

3.5.2 COMPOSITION OF THE NTCC
- NTD/NTHC (Chair)
- NT Advisors (dependent on specific program)
- All coaches of current NT members
- Program Manager, or designate

3.5.3 ELIGIBILITY OF THE NTCC MEMBERS ELECTED TO THE PC
- Representatives of the NTCC must be current SR/JR National Team Coaches at the time of the election to be eligible to be elected to the PC
- The representative must have been on the NTCC for more than 1 year prior to election

3.5.4 MEETINGS OF THE NTCC
The NTCC will meet a minimum of 2 times per year:
- Canadian Championships
- Elite Canada or discipline specific domestic competition
Additional meeting as required may include
- World and Olympic Team Selection Events
- Once at the end of the Quadrennial there will be a planning and evaluation meeting scheduled outside of the regular meetings

3.5.5 VOTING PRIVILEGES OF THE NTCC
- Each represented NT club will have one vote
- On purely Senior items, only the senior gymnasts' coaches may vote
- The quorum shall be 50% of representative votes

3.6 JUDGES DEVELOPMENT WORKING GROUP (JDWG)

3.6.1 ROLE OF THE JDWG
- To establish a master plan for training and recruitment of judges up to and including National development
- To plan judges' clinics, courses, schools and supervise certification of judges
- To distribute to judges' information and literature on judging available and authorized by the Program Committee
- To maintain up-to-date records of the participation and rating of all judges in accordance with procedure of GymCan
- To be responsible for national judging assignments. Recommend International assignments to the PM, or designate and NTD/NTHC
- To coordinate their activities with other committees of GymCan
- Refer to discipline specific Judge Rules and Regulations for additional details, in regards to domestic competition assignments.

3.6.2 COMPOSITION OF THE JDWG
The JDWG shall be composed of:
- Chairman elected by the current FIG Judges
- Four (4) representatives appointed by the elected Judging Chairman. They shall represent at least two (2) provinces in addition to that of the Chairman and shall be selected from a list of recommended names prepared by each province
- Any Canadian member of a FIG Committee or staff
- NTD/NTHC/PM, or designate

3.6.3 ELIGIBILITY OF CANDIDATES FOR JUDGING CHAIRPERSON
The Judging Chairperson of the JDWG must hold a FIG Brevet for the cycle for which he/she is elected.

3.7 INTERNATIONAL FEDERATION TECHNICAL COMMITTEE (PAGU, PANGF, FIG, CGF)

3.6.1 ROLES AND RESPONSIBILITIES
- Represent Canada and GymCan at all respective federation meetings and functions where that Committee meets
- Assist the National Office with international administrative and technical matters, as they affect our relationship and image with the FIG, PAGU, PANGF, and member countries of the FIG
- Provide information and technical advice to Gymnastics Canada staff, coaches, and judges via regular reports
- Participate in PC and JWG meetings as required
- Other duties as required by the role in consultation with GymCan as appropriate.

4.0 ELECTIONS

4.1 PROGRAM COMMITTEE ELECTIONS

Elections for the members of the Program Committee will be held every three (3) years using the following procedure:
- Three (3) months prior to the specified meeting (4.2) in the election year, the existing Program Committee shall call for nominations from the PTO of each of the positions
- The PM, or designate will circulate the slate of names one (1) month prior to the election
- At the PA meeting, the slate will be presented and the vote will proceed for the two available positions. Nominations will be accepted from the floor at the PA meeting.
- The Members elected by the NTCC and by the judges will be presented by the PC to the PA.

4.2 THE MEMBERS OF THE PC WILL BE SELECTED BY FOUR SEPARATE GROUPS AND PROCESSES

- NTCC Member (1) – voted by NTCC at Canadian Championships meeting prior to the AGM
- PA Members (2) – Chairperson of the PA and a member at Large are voted by PA at the AGM
- JWG Chair – voted by all FIG Judges at CC briefing or by online vote, which will close two weeks prior to the AGM
- Athlete Representative – the athlete representative on the PC is the athlete who sits on the GymCan Athlete Commission of the specific discipline.

4.3 VOTING PROCEDURES (NTCC AND PA)

Voting will proceed as follows during all election meetings
- An election will be held if there is more than one nomination for a position. If there is only one nomination for a position, that nominee will be appointed by acclamation
- A closed ballot will be held for each election
- At the beginning of voting, the Chair will appoint two (2) scrutineers to assist in counting the ballots.
- The election Procedures are as follows:
  o Each voting delegate will be given one ballot per election. No proxy votes will be allowed.
  o The candidate receiving the majority of the votes will be declared elected
  o In the event that no candidate receives a majority of the votes, the candidate receiving the lowest number of votes will be dropped from the ballot on the subsequent round
  o The process will be repeated until a candidate receives a majority of the votes
Upon completion of the election, the Chair of the election will ask that the elections be closed and that the ballots be destroyed.

4.4 Voting Procedures — Online Vote

Voting will proceed as follows for online votes:
- Online survey will be used to administer a online vote
- The election Procedures are as follows:
  - The survey will only allow for one vote per delegate
  - The survey will be sent to all voting delegates with a 1 week period to complete. The candidate receiving the majority of the votes will be declared elected.
  - In the event that no candidate receives a majority of the votes, the candidate receiving the lowest number of votes will be dropped from the ballot on the subsequent round
  - The process will be repeated until a candidate receives a majority of the votes

Upon completion of the election, the results of the survey will be shared with the respective committee.

5.0 Domestic Events

5.1 List of Domestic Events

- Canadian Championships
  - Provide a prestigious annual competitive opportunity for developing High Performance gymnasts, showcase top provincial talent, provide national rankings, and declare Canadian champions for each category of competition. The Canadian Championships will also be used as a part of the selection process for National Team status, ranking lists, specific competitions and Sport Canada Athlete Assistance Program Carding (if applicable).
  - Specific Programs Rules are available in their respective documents
- Elite Canada
  - Elite Canada will also be used as a part of the selection process for National Team status, ranking lists, specific competitions and Sport Canada Athlete Assistance Program Carding (if applicable).
  - Specific Programs rules are available in their respective documents
- Canada Games
  - Canada Games are philosophically a participation Event.
  - The selection of judges is the responsibility of GymCan
  - Eligibility is set out in the Canada Games Technical Package for Artistic Gymnastics
  - Rules decided by the respective discipline Program Assemblies
- Team Selection Trials and Activities
  - A Trial or Selection event may be identified for the purpose of naming an Official Team to a specified competition. The organization of this type of activities will be determined by GymCan staff on an as needed basis.
  - For competitions where a team selection is required, approved selection criteria will be circulated to all parties.
- Regional Competitions
  - There are several regional competitions that occur in Canada each year. The particular Provinces/Territories involved regulate these competitions. GymCan is involved in a consultative manner for Western and Eastern Canadian
Championships. The Provinces involved meet each year during the GymCan AGM to ratify the technical regulations for these events.
- Specific Programs rules (if existing) are available in their respective documents
- Provincial Competitions
  - Each PTO hosts an annual Provincial/Territorial Championships. These competitions are the responsibility of the Provincial/Territorial Technical Committee
- Training Camps
  - Aspire Camps
    - Up to three (3) times a year
    - Focus on the long-term elite development of athletes and coaches.
    - Invitation to these camps are specific to each discipline
  - Hopefuls Camps
    - Up to three (3) times a year
    - Focus on High Performance and National Team athletes and coaches.
    - Invitation to these camps are specific to each discipline
  - National Team Camps
    - National Team only
    - Focus on specific needs of the National Team
- Other training camps
  - May be organized if needed

5.2 CANADIAN PROVINCIAL AND NATIONAL PROGRAMS
Each discipline has their Canadian Provincial and National Programs, Pathways or Level System.

5.3 PERSONNEL
- Nomination of all judges for Canadian Championships and Elite Canada are the responsibility of the JDWG
- The PC of GymCan are to approve the name of the Chief Scorer for the competition six (6) months in advance of the competition
- The NTD/NTHC and PM, or designate, will sit on the organizing committee of Canadian Championships and Elite Canada. In the event that both can not attend, the PC of GymCan will appoint a technical representative to sit on the Organizing Committee on their behalf. The individuals are to be named at the time of the bid.

5.4 UNIFORMS

5.4.1 JUDGES AND COACHES
All judges, coaches and athletes are to be attired appropriately on the competitive floor.
- Judges: as per FIG judge’s regulations
- Coaches: Provincial or club team t-shirt, golf shirt, track suit pants (full length or 3/4) with or without track suit jacket. All coaches must wear sneakers.
- Penalties: Coaches – not allowed on the competition floor / Judges - not permitted to judge

5.4.2 ATHLETES
Proper competition attire must be worn during all competitions.
- Gymnasts must be attired according to the stipulations of the current FIG Code of Points.
- Technical Programs can have specific rules concerning uniforms, please refer to their specific technical regulations

5.5 AWARDS

Please refer to the specific program rules.

6.0 MAG PROGRAM RULES & REGULATIONS

6.1 CANADIAN PATHWAYS

There are two pathways of competition in the Canadian Men’s Program, noted below. Routines and supplementary rules are outlined in the Provincial and Elite Pathways documents.

<table>
<thead>
<tr>
<th>Provincial Pathway</th>
<th>Elite Pathway</th>
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<tbody>
<tr>
<td>National Open</td>
<td>Next Gen Senior &amp; Senior</td>
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<td>Provincial 5</td>
<td>Junior</td>
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<td>Provincial 4</td>
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<td>Provincial 1</td>
<td>Elite 1</td>
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</table>

6.2 SCHEDULING OF COMPETITIONS

Competitions at GymCan sanctioned meets will be scheduled so they will not start warm up before 08:00 a.m. and will finish before 10:00 p.m.

Younger age group competitions should be scheduled to take place during daytime sessions whenever possible.

6.3 TEAM COACHES/MANAGERS

- No more than two (2) coaches per province per group will be allowed on the floor during any GYMCan domestic team competitions. Individual coaches will be allowed on the floor during the pre-competition general warm up. "Tag Team" coaching from the “waiting area” is permitted.
- No more than one (1) coach per gymnast will be allowed on the floor during the Junior and Senior categories at the Canadian Championships.
- Official Team Managers will be allowed limited access to the competition floor at Canadian Championships. Only one (1) manager per province will be allowed access to the floor for any one competition.

6.4 CANADIAN CHAMPIONSHIPS

6.4.1 CATEGORIES

Competitions will be held in the following categories:
- Junior (14-15 & 16-18)
6.4.2 SCHEDULE OF COMPETITION

The NTHC and PM will set the schedule for the Canadian Championships. The following will be taken into consideration when developing the schedule:

- **National Open**:
  - Day 1 - Team and All-Around Finals
  - Day 2 - Apparatus Finals

- **Junior 14-15 & 16-18**:
  - Day 1 - Podium Training
  - Day 2 - Optional Team, AA Final, and Apparatus Finals Qualification
  - Day 3 - Apparatus Finals

- **Next Gen Senior & Senior**:
  - Day 1 – Podium Training
  - Day 2 - AA Final and Apparatus Final Qualification.
  - Day 3 - Apparatus Finals

- **Senior Apparatus Finals** will be scheduled on the final day of the Canadian Championships where possible;

- **Juniors** may compete their Apparatus Finals at the same time as the Open Apparatus Finals.

In developing the schedule and in the execution of the competition, the regulations recognize that extenuating circumstances may interfere with the application of these guidelines.

6.4.3 REGISTRATION

- Subject to the procedures, fees and deadlines are set out by GymCan and the organizing committee.
- All competition draws will be performed based on the official registration list following the registration deadline.

6.4.4 QUALIFICATION AND PARTICIPANT NUMBERS

- For National Open, the Province/Territorial Technical Committees will determine the qualification standard specific to their province. For National Open a maximum delegation size will be set at eight (8) gymnasts per Province/Territory.
- GymCan will set recommended scores for athletes to compete in the Junior, Next Gen Senior, and Senior categories. These scores should be achieved in a competition prior to the registration deadline for Canadian Championships. PTO’s may choose to use these scores as standards for registering athletes in their respective category.

6.4.5 AGE ELIGIBILITY

For all categories, the age for competition shall be determined by the age groups set out in the Pathways Program manuals.

- Under no circumstances will an athlete under the minimum age participate in the Elite pathway
- Under no circumstances may an athlete move prematurely into Junior.
- Athletes within the Elite pathway (Elite 1-4) may repeat an additional year in a category for any of the following reasons, with notification to PTO and GymCan:
  o Major illness or injury
  o Late onset puberty
  o Late entry into competitive gymnastics or the Elite Pathway

A gymnast of Junior age who has competed in the Canadian Championships as a Senior gymnast may not return to the Junior category for any further Canadian Competitions. It should be noted that Trials for all international meets of any sort are non-category meets and do not affect the competitive category of a gymnast.

6.4.6 OPEN CHAMPIONSHIPS

When Open Championships are held for Elite Canada or Canadian Championships, non-Canadian athletes will be allowed to participate in the AA competition only. They will not be eligible to participate in any team competition or Apparatus Finals. They will not be eligible for any AA or apparatus awards.

6.4.7 NATIONAL OPEN ORDER OF PASSAGE

- Provincial teams and individual gymnasts will be separated into six (or more) groups. An attempt will be made to keep athletes from the same province/club in the same group. Designated members of a provincial team will be put into the same group.
- There will be a random draw to determine which group begins on each event.

6.4.8 JUNIOR AND SENIOR ORDER OF PASSAGE

- When there is one subdivision for each category, gymnasts will be separated into groups by random draw, which will determine competition order and rotations.
- When two subdivisions are required for a category, the draw will be performed as follows:
  • All NT athletes will be assigned into subdivision 2 and randomly drawn to their competition order. Other athletes will be randomly drawn into subdivision 2 until half (50%) of the field has been drawn. The remaining athletes will be randomly drawn into subdivision 1.
- When the Junior and Senior categories are competing in the same competition session they will be separated into their respective categories.
- Notwithstanding the above, on Day 1, gymnasts from the same club shall be distributed amongst at most two (2) competitive groups per age division.

6.4.9 NATIONAL OPEN PATHWAY APPARATUS FINALS (6 ATHLETES)

- The top 6 athletes by rank on each apparatus, regardless of PTO, from Day 1 will compete in apparatus finals on Day 2;
- The FIG regulation for Vault Finals will not apply. Gymnasts compete one vault to qualify to finals
- Athletes tied for final competing positions will all be allowed to compete in finals.
- The scores from the finals competition will determine the individual apparatus winners (scores will not be carried forward from qualification).
- For all apparatus, the order of passage for Open Men Apparatus Finals will be seeded based upon their rank from the qualification:

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<tr>
<th>Qual Rank</th>
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- In the event that there are more than 6 competitors in the finals, the NTHC and PM will determine a random draw for that apparatus.

### 6.4.10 Junior Apparatus Finals (6 Athletes)

- The top 6 athletes by rank, regardless of PTO, on Day 1 from both Junior age groups combined on each apparatus will compete in event finals on Day 2. If there is no Junior 14-15 athlete ranked in the top 6 on an apparatus, then the highest ranked Junior 14-15 athlete on that apparatus will earn a 7th spot in finals, and will compete 1st in the competition order.
- The FIG regulation for Vault Finals will not apply. Gymnasts compete one vault only.
- Athletes tied for final competing positions will all be allowed to compete in finals.
- The scores from the Apparatus Finals competition will determine the individual apparatus winners (scores will not be carried forward from qualification).
- For all apparatus, the order of passage for Junior Men’s Apparatus Finals will be seeded based upon their rank from the qualification:

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<td>1</td>
<td>6</td>
</tr>
<tr>
<td>3</td>
<td>7</td>
</tr>
</tbody>
</table>

In the event that there are more than 7 competitors in the finals, the NTHC and PM will determine a random draw for that apparatus.

### 6.4.11 Senior Apparatus Final (6 Athletes)

- The top 6 athletes by rank, regardless of PTO, on Day 1 from the Next Gen Senior and Senior categories combined on each apparatus will compete in Apparatus Finals on Day 2.
- For Vault, the FIG regulation for Vault Finals will apply. Gymnasts compete two vaults to qualify for Finals and will compete two vaults in Apparatus Finals. Athletes must meet the minimum average D-score of 4.8 for both vaults to qualify for Finals.
- The scores from the Apparatus Finals competition will determine the individual apparatus winners (scores will not be carried forward from qualification).
- For all apparatus, the order of passage for Men’s Apparatus Finals will be seeded based upon their rank from the qualification:
In the event that there are more than 6 competitors in the finals, the NTHC and PM will determine a random draw for that apparatus.

6.4.12 PRESENTATION OF AWARDS
- Junior and Senior athletes
  o Junior 14-15, Junior 16-18, Next Gen Senior, and Senior All Around: the top three (3) medals
  o Junior combined & Senior combined Apparatus: the top three (3) medals
- National Open
  o All Around: the top three (3) medals
  o Events: the top three (3) medals
- Team Awards:
  o Junior: Top 3 teams as defined in article 6.4.15
  o National Open: Top 3 Teams as defined in article 6.4.15

6.4.13 DETERMINING AN ALL-AROUND WINNER
- Junior: The gymnasts in each age category (14-15) and (16-18) obtaining the highest number of points from participation on all six (6) events on Day 1 will be declared the AA champion.
- Next Gen Senior: The gymnast obtaining the highest number of points from participation on all six (6) events on Day 1 will be declared the All-Around Champion.
- Senior: The gymnast obtaining the highest number of points from participation on all six (6) events on Day 1 will be declared the All-Around Champion.
- National Open: The gymnast obtaining the highest number of points from participation on all six (6) events on Day 1 will be declared the All-Around Champion.

6.4.14 DECLARATION OF AN INDIVIDUAL EVENT WINNER
- Senior combined (Senior Next Gen and Senior): Determined by Apparatus Finals only
- Junior combined (14-15 and 16-18): Determined by Apparatus Finals only
- National Open: Determined by Apparatus Finals only

6.4.15 DEFINITION AND DECLARATION OF TEAM CHAMPIONS
- Junior: A team consists of a maximum of six (6) gymnasts, and the competition will follow a 6,6,3 format: (6) athletes may compete per event and three (3) scores to count per event. A province may send only one (1) team comprised of any combination of Junior age groups, but may also register independents.
- Team awards will be presented to the top 3 teams in the men's Junior category.
  o The winning team is declared by adding the best three (3) scores from each event from the Day 1 competition only.
- Teams with less than 3 scores per apparatus are not eligible for this award.

- National Open - A team consists of a maximum eight (8) gymnasts and the competition will follow an 8,6,4 format: up to six (6) athletes may compete per event and four (4) scores to count per event. A province may send only one (1) team and no independents. Team awards will be presented to the top 3 teams in the National Open category.
  - The winning team is declared by adding the best four (4) scores on each event;
  - Teams with less than 4 scores per apparatus are not eligible for this award.

6.4.16 TIE BREAKING

In the case of a tie, the competitors are awarded the same medals. In the case of a tie for 1st place two (2) golds will be awarded and no silver medal will be presented. In the case of a tie for 2nd place two (2) silver medals will be awarded and no bronze medal will be presented. In the case of a tie for 3rd place two (2) bronze medals will be awarded.

6.5 ELITE CANADA OR MAG HIGH-PERFORMANCE EVENT

6.5.1 CATEGORIES/ELIGIBILITY

- Competitions will be held in the Elite 4, Junior, and Senior categories, following the age standards laid out in the Pathways documents.

- It is expected that all Junior and Senior NT athletes participate in the competition. Special situations may be considered by the MPC with a minimum one-month prior written notice as per the AAP Carding

6.5.2 OUT OF COUNTRY PARTICIPATION

Non-Canadian athletes will be eligible to participate in the AA competition only at the discretion of the MPC. They will not be eligible to participate in any team competition or Apparatus Finals. They will not be eligible for any AA or apparatus awards.

6.5.3 QUALIFICATION AND PARTICIPANT NUMBERS

- GymCan will set recommended scores for athletes to compete in the Elite 4, Junior, Next Gen Senior, and Senior categories. These scores should be achieved in a competition prior to the registration deadline for Elite Canada/MAG HP Event. Clubs/PTO’s may choose to use these scores as standards for registering athletes in their respective category.

6.5.4 ELITE 4 APPARATUS FINALS (6 ATHLETES) - WHEN APPLICABLE

- The top 6 athletes by rank, regardless of PTO, on Day 1 the Elite 4 category on each apparatus will compete in event finals on Day 2.

- Athletes tied for final competing positions will all be allowed to compete in Apparatus Finals.

- The scores from the Apparatus Finals competition will determine the individual apparatus winners (scores will not be carried forward from qualification).

- For all apparatus, the order of passage for Elite 4 Men’s Apparatus Finals will be seeded based upon their rank from the qualification:

<table>
<thead>
<tr>
<th>Qual Rank</th>
<th>Comp Order</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>1</td>
</tr>
</tbody>
</table>
In the event that there are more than 6 competitors in the finals, the NTHC and PM will determine a random draw for that apparatus.

6.5.5 JUNIOR APPARATUS FINALS (6 ATHLETES) — WHEN APPLICABLE

- The top 6 athletes by rank, regardless of PTO, on Day 1 from both Junior age groups combined on each apparatus will compete in event finals on Day 2. If there is no Junior 14-15 athlete ranked in the top 6 on an apparatus, then the highest ranked Junior 14-15 athlete on that apparatus will earn a 7th spot in Apparatus Finals, and will compete 1st in the competition order.
- The FIG regulation for Vault Finals will not apply. Gymnasts compete one vault only.
- Athletes tied for final competing positions will all be allowed to compete in finals.
- The scores from the Apparatus Finals competition will determine the individual apparatus winners (scores will not be carried forward from qualification).
- For all apparatus, the order of passage for Junior Men's Apparatus Finals will be seeded based upon their rank from the qualification:

<table>
<thead>
<tr>
<th>Qual Rank</th>
<th>Comp Order</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>1</td>
</tr>
<tr>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>4</td>
<td>3</td>
</tr>
<tr>
<td>6</td>
<td>4</td>
</tr>
<tr>
<td>2</td>
<td>5</td>
</tr>
<tr>
<td>1</td>
<td>6</td>
</tr>
<tr>
<td>3</td>
<td>7</td>
</tr>
</tbody>
</table>

In the event that there are more than 7 competitors in the finals, the NTHC and PM will determine a random draw for that apparatus.

6.5.6 SENIOR APPARATUS FINAL (6 ATHLETES) — WHEN APPLICABLE

- The top 6 athletes by rank, regardless of PTO, on Day 1 from the Next Gen Senior and Senior categories combined on each apparatus will compete in Apparatus Finals on Day 2.
- For Vault, the FIG regulation for Vault Finals will apply. Gymnasts compete two vaults to qualify to Finals and will compete two vaults in Apparatus Finals. Athletes must meet the minimum average D-score of 4.8 for both vaults to qualify for Finals.
- The scores from the Apparatus Finals competition will determine the individual apparatus winners (scores will not be carried forward from qualification).
- For all apparatus, the order of passage for Men's Apparatus Finals will be seeded based upon their rank from the qualification:

<table>
<thead>
<tr>
<th>Qual Rank</th>
<th>Comp Order</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>1</td>
</tr>
<tr>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>2</td>
<td>4</td>
</tr>
</tbody>
</table>
In the event that there are more than 6 competitors in the finals, the NTHC and PM will determine a random draw for that apparatus.

6.5.7 SCHEDULE OF COMPETITION

- Elite 4
  - Day 1 – Training
  - Day 2 – AA Final & Apparatus Qualification
  - Day 3 – Apparatus Finals
- Junior (14-15 & 16-18):
  - Day 1 - Training
  - Day 2 - AA Final & Apparatus Final Qualification
  - Day 3 - Apparatus Finals
- Next Gen & Senior:
  - Day 1 – Training
  - Day 2 - AA Final & Apparatus Final Qualification.
  - Day 3 - Apparatus Finals

6.5.8 JUNIOR AND SENIOR ORDER OF PASSAGE

Draw as set out in 6.4.8

6.5.9 AWARDS

- Medals are to be awarded to:
  - the top three (3) all around individuals in all categories.
  - the top three (3) gymnasts in each apparatus for all categories. Junior categories are combined. Senior categories are combined.
  - In the case of a tie the competitors are awarded according to article 6.4.16
- Determining an All-Around Winner:
  - Elite 4: The gymnast obtaining the highest number of points from all seven (7) events on Day 1 will be declared the AA champion.
  - Junior: The gymnasts in each age category (14-15) and (16-18) obtaining the highest number of points from participation on all six (6) events on Day 1 will be declared the AA champions.
  - Next Gen Senior: The gymnast obtaining the highest number of points from participation on all six (6) events on Day 1 will be declared the All-Around Champion.
  - Senior: The gymnast obtaining the highest number of points from participation on all six (6) events on Day 1 will be declared the All-Around Champion.
- Declaration of an Individual Event Winner
  - Next Gen Senior & Senior combined: Determined by Apparatus Finals only
  - Junior 14-15 & 16-18 combined: Determined by Apparatus Finals only
  - Elite 4: Determined by Apparatus Finals only
6.6 CANADA GAMES

Canada Games are philosophically a participation event:
- The selection of 26 judges is the responsibility of GymCan;
- Eligibility, competition rules, process for seeding, and technical information are set out in the Canada Winter Games Technical Package for Artistic Gymnastics;

6.7 SELECTION ACTIVITIES

6.7.1 PURPOSE

A Trial or Selection event may be identified for the purposes of naming an Official Team to a specified competition.

6.7.2 CONTROL

For competitions where a team selection is required, approved selection criteria will be circulated to all parties.

6.7.3 ORGANIZATION OF SELECTION ACTIVITIES

The organization of a selection event(s) will be determined by the GYMCan staff on an as needed basis.

6.8 REGIONAL COMPETITIONS

Gymnastics Canada is involved in a consultative manner for the Western and Eastern Canadian Championships. The Provinces involved meet each year during the GYMCan Annual General Meeting to ratify the technical regulations for these events.

Westerns and Easterns are premier events for the Elite 3 & 4 categories and the Provincial 4 and 5 categories. Additional categories may be included at the discretion of the organizers.

6.8.1 DETERMINING AN AA WINNER IN THE ELITE PATHWAY

- For Elite 4, the gymnast obtaining the highest number of points from participation in all seven (7) events on Day 1 combined will be declared the All-Around Champion.
- For Elite 3, the gymnast obtaining the highest number of points from participation in all seven (7) events from Day 1 combined will be declared the All-Around Champion.

6.9 TRAINING CAMPS

6.9.1 ASPIRE TRAINING CAMPS

- A maximum of 24 athletes made up of Elite 3 and Elite 4 athletes will be identified by the NTHC as the Aspire Squad and will be invited to participate in the Aspire Camps.
- Aspire camps will occur up to three times per year.
6.9.2 JUNIOR/SENIOR TRAINING CAMPS

- Multiple training camps will take place over the course of the year for Junior and Senior athletes.
- Athletes and coaches will be invited to these camps or accepted by NTHC.
- Camps may be focused on the following:
  o Skill progression and development
  o Routine/competition preparation
  o Team Trials/Selection

6.9.3 PROVINCIAL/TERRITORIAL CHAMPIONSHIPS

Each PTO hosts an annual Provincial/Territorial Championships. These competitions are the responsibility of the Provincial/Territorial Technical Committee.

7.0 SPECIAL AWARDS

7.1 EUGENE ORYSZCZYNY AWARD (PROGRAM SERVICE)

Presented to a Volunteer/Staff who is/has been a judge/coach or official within the program. This individual:

- has been involved for an extensive period of time;
- is/was considered as a builder/developer of our sport
- is making/has made exceptional contributions to the program area at the provincial and/or national and/or International levels.

This award will be given at the Canadian Championships or the GYMCAN Awards banquet. The MPC will decide upon nominations for this award.

7.2 ATHLETE OF THE YEAR DOMESTIC/INTERNATIONAL (SENIOR)

The Athlete of the Year is presented annually at the first official national competition of the calendar year. The purpose of this award is to recognize an athlete for excellent domestic and international success.

- To be considered for this award, a gymnast must be a GYMCAN member, a Canadian Citizen or Landed Immigrant, or eligible to compete for Canada at a World Championships or Olympic Games as defined by the FIG.
- Only gymnasts who compete in the Senior division are eligible
- All points must be accumulated during the calendar year for which the award is given. (January 1st to December 31st)
- Based on the objective point system outlined in Appendix 1
- The NTHC will calculate the results

7.3 ATHLETE OF THE YEAR DOMESTIC/INTERNATIONAL (JUNIOR)

The Athlete of the Year is presented annually at the first official national competition of the calendar year. The purpose of this award is to recognize an athlete for excellent domestic and international success.

- To be considered for this award, a gymnast must be a GYMCAN member, a Canadian Citizen or Landed Immigrant, or eligible to compete for Canada at a FIG international competition.
Only gymnasts who compete in the Junior division are eligible.
All points must be accumulated during the calendar year for which the award is given.
(January 1st to December 31st)
Based on the objective point system outlined in Appendix 1
The NTHC will calculate the results.

7.4 COACH OF THE YEAR

7.4.1 MEN’S PROGRAM COACH OF THE YEAR

The Coach of the Year is presented annually at the first official national competition of the calendar year. It is presented automatically to the coach of the Senior Athlete of the Year winner and at the same time.

7.4.2 AGE GROUP COACH OF THE YEAR

The Age Group Coach of the Year is presented annually at the first official national competition of the calendar year.

- The purpose of this award is to recognize a coach for excellent Age Group success as based on their athlete’s results at the Canadian Championships and Elite Canada/HP Event.
- Based on the objective point system outlined in Appendix 1

7.5 ALL-AROUND CHAMPION SPECIAL AWARDS

All Around Champion:
The All-Around Champion in each category is recognized for his achievement by a special award. See Appendix 2 for information on the individuals after whom these awards are named.

Kyle Shewfelt Award: Elite 4
This award is given to the All-Around Champion in the Men’s Elite 4 category at both Western and Eastern Canadian Championships. The plaque will be sent by GYMCAN to the OC for the respective Championships one month in advance.

Willy Weiler Award: Junior 16-18 All-Around gymnast
This award is given to the All-Around Champion in the Men’s Junior (16-18) category at Canadian Championships.

Curtis Hibbert Award: Junior 14-15 All-Around gymnast
This award is given to the All-Around Champion in the Men’s Junior (14-15) category at Canadian Championships.

Richard Ikeda Award: Next Gen Senior All-Around gymnast
This award is given to the All-Around Champion in the Men’s Next Gen Senior category at Canadian Championships.

Phillip Delesalle Award: Senior All-Around gymnast
This award is given to the All-Around Champion in the Men’s Senior category at Canadian Championships.
Coach recognition: For each of the above awards the coach of the athlete will be called forward and will be acknowledged for this accomplishment.

7.6 INTERNATIONAL MEDALIST AWARD (ATHLETE)

- The International Medalist award is presented annually during Canadian Championships to Senior and Junior athletes and coaches who have won a medal at an international competition during the past year (Canadian Championships to Canadian Championships), while representing Canada.
- Each recipient will be presented with a certificate detailing their achievements during the Junior and Senior awards sessions.

7.7 INTERNATIONAL JUDGING RECOGNITION

- The International Judging Certificate will be presented annually during Canadian Championships to any MAG judge who represented Canada at an international competition during the past year (Canadian Championships to Canadian Championships).
- Each recipient will be presented with a certificate detailing their achievement.
APPENDIX 1: ATHLETE AND COACH OF THE YEAR POINT CHARTS

A. Athlete of the Year Point System (Senior & Junior)

Elite Canada/HP event and Canadian Championships in the Junior & Senior category:

<table>
<thead>
<tr>
<th>Elite Canada/HP event</th>
<th>Canadian Championships</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st AA 15 points</td>
<td>15 points</td>
</tr>
<tr>
<td>2nd AA 10</td>
<td>10</td>
</tr>
<tr>
<td>3rd AA 5</td>
<td>5</td>
</tr>
</tbody>
</table>

1st Apparatus: 5

Olympic Games, World Championships and World Cup:

Representing Canada – 50 pts.

<table>
<thead>
<tr>
<th>Result</th>
<th>All Around or Event</th>
<th>Result</th>
<th>All Around or Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>800</td>
<td>Top 8</td>
<td>200</td>
</tr>
<tr>
<td>2nd</td>
<td>400</td>
<td>Top 16</td>
<td>50</td>
</tr>
<tr>
<td>3rd</td>
<td>300</td>
<td>Top 24</td>
<td>25</td>
</tr>
</tbody>
</table>

Major International Events:

Challenge Cups, FISU Games, Pan American Games, Pacific Rim, Commonwealth Games, Pan Am Championships

<table>
<thead>
<tr>
<th>Result</th>
<th>All Around or Event</th>
<th>Result</th>
<th>All Around or Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>25</td>
<td>4th</td>
<td>10</td>
</tr>
<tr>
<td>2nd</td>
<td>20</td>
<td>5th</td>
<td>7</td>
</tr>
<tr>
<td>3rd</td>
<td>15</td>
<td>6th</td>
<td>5</td>
</tr>
</tbody>
</table>

All other FIG sanctioned International competitions with a minimum of three countries participating:

<table>
<thead>
<tr>
<th>Result</th>
<th>All Around or Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>10</td>
</tr>
<tr>
<td>2nd</td>
<td>7</td>
</tr>
<tr>
<td>3rd</td>
<td>5</td>
</tr>
</tbody>
</table>

B. The coach of the year is the personal coach of the Athlete of the year

C. National Age Group Coach of the Year point system

In addition to Junior points, National Age Group Coach of the Year points can be gained at the Eastern/Western Canadian Championships and Elite Canada/HP event for Elite 4 athletes

<table>
<thead>
<tr>
<th>AA Result</th>
<th>Points</th>
<th>Apparatus Result</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>10</td>
<td>1st</td>
<td>5</td>
</tr>
<tr>
<td>2nd</td>
<td>7</td>
<td>2nd</td>
<td>4</td>
</tr>
<tr>
<td>3rd</td>
<td>5</td>
<td>3rd</td>
<td>3</td>
</tr>
</tbody>
</table>
APPENDIX 2: BACKGROUND BIOGRAPHY INFORMATION ON ALL-AROUND CHAMPION SPECIAL AWARDS

KYLE SHEWFEILT AWARD — ELITE 4 ALL AROUND GYMNAST

This award is presented to the All-Around Champion in the Men’s Elite 4 category at Western and Eastern Canadian Championships. It is named for Kyle Shewfelt, the first and still only Artistic gymnast in Canada to win an Olympic Gold medal. Kyle captured the Gold at the 2004 Games in Athens, Greece. In addition to being the Olympic Champion, Kyle won three World Championship medals and was a gold medalist on Floor and Vault at World Cups, Commonwealth Games, and numerous other International competitions. Kyle was named the Canadian athlete of the year for all sports in 2004. He has also been inducted into the Canadian Sports Hall of Fame.

WILLY WEILER AWARD - JUNIOR ALL AROUND GYMNAST (16-18 AGE GROUP)

This award is presented to the All-Around Champion in the Men’s Junior (16-17) category. It is named for Willy Weiler, National All-Around Champion in 1957, 1958, 1960, 1962 and 1966. He competed at the 1964 Olympic Games in Tokyo and was head coach at the 1968 Olympics in Mexico. He is best known for his results at the 1963 Pan American Games in Sao Paolo Brazil where he won the All-Around Championship as well as gold medals on floor exercise and vault, silver medals on horizontal bar and pommel horse and a bronze medal on rings.

CURTIS HIBBERT AWARD - JUNIOR ALL AROUND GYMNAST (14-15 AGE GROUP)

This award is presented to the All-Around Champion at Canadian Championships in the Men’s Junior (14-15) category. It is named for Curtis Hibbert, the first Canadian to win a World Championships medal in Artistic Gymnastics. Curtis won the silver medal on horizontal bar at the 1987 World Championships in Rotterdam and followed up with a bronze medal on vault at the 1992 World Championships in Paris. He competed at the 1988 and 1992 Olympic Games and won more medals than any other athlete at the 1990 Commonwealth Games (5 gold, 1 silver, 1 bronze). Curtis retired from active competition in 1993 after winning his 6th straight All-Around National Championship.

RICHARD IKEDA AWARD NEXT GEN SENIOR ALL AROUND GYMNAST

This award is presented to the All-Around Champion in the Men’s Next Gen Senior category. It is named after Richard Ikeda, four-time Senior Canadian All-Around Champion (1996-2001-2002-2003). Richard competed at four Commonwealth Games, eight World Championships and at the 1996 Olympic Games. At the 2003 World Championships, he also helped Canada qualify a full team for the 2004 Olympic Games.

PHILIP DELESALLE AWARD SENIOR ALL AROUND GYMNAST

This award is presented to the All-Around Champion in the Men’s Senior category. It is named after Phillip Delesalle, Canadian All-Around Champion for five straight years from 1976 to 1980. Phillip was a member of the 1976 and 1980 Olympic Teams and in 1979 he attained the best All-Around result by a Canadian at a World Championships by placing 4th in Competition II. Phillip was the 1978 Commonwealth All-Around Champion and is best known internationally as being one of the pioneers of the ‘flair’ on pommel horse.
## APPENDIX 3: GLOSSARY OF ACRONYMS

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>AGM:</td>
<td>Annual General Meeting</td>
</tr>
<tr>
<td>CC:</td>
<td>Canadian Championships</td>
</tr>
<tr>
<td>EC:</td>
<td>Elite Canada</td>
</tr>
<tr>
<td>FIG:</td>
<td>Fédération Internationale de Gymnastique</td>
</tr>
<tr>
<td>GymCan:</td>
<td>Gymnastics Canada</td>
</tr>
<tr>
<td>IOC:</td>
<td>International Olympic Committee</td>
</tr>
<tr>
<td>IST:</td>
<td>Integrated Support Team</td>
</tr>
<tr>
<td>JDWG:</td>
<td>Judges Development Working Group</td>
</tr>
<tr>
<td>MAG:</td>
<td>Men’s Artistic Gymnastics</td>
</tr>
<tr>
<td>NT:</td>
<td>National Team</td>
</tr>
<tr>
<td>NTCC:</td>
<td>National Team Coaches Council</td>
</tr>
<tr>
<td>NTD:</td>
<td>National Team Director</td>
</tr>
<tr>
<td>NTHC:</td>
<td>National Team Head Coach</td>
</tr>
<tr>
<td>PA:</td>
<td>Program Assembly</td>
</tr>
<tr>
<td>PC:</td>
<td>Program Committee</td>
</tr>
<tr>
<td>PS:</td>
<td>Program Staff</td>
</tr>
<tr>
<td>PTO:</td>
<td>Provincial/Territorial Organization</td>
</tr>
<tr>
<td>RG:</td>
<td>Rhythmic Gymnastics</td>
</tr>
<tr>
<td>TG:</td>
<td>Trampoline &amp; Tumbling</td>
</tr>
<tr>
<td>WAG:</td>
<td>Women’s Artistic Gymnastics</td>
</tr>
</tbody>
</table>