

## Sunday July 26th - CANADA CUP

	TRI (training)	TRI (competition)	TUM	DMT
18:00	20:00	GENERAL WARM-UP		
Orientation Meeting for coaches and judges 20:00-20:30 at venue				

## Monday July 27th - CANADA CUP

	TRI (training)	TRI (competition)	TUM	DMT	
Coaches Education Session 8:00-9:30 at venue					
9:30	11:00	British Columbia/ Québec	British Columbia/ Québec	British Columbia/ Québec	
11:00	12:30	Alberta / USA	Alberta / USA	Alberta / USA	
12:30	14:00	ON / NS / SK Japan / Russia / Portugal	ON / NS / SK Japan / Russia / Portugal	ON / NS / SK	
Opening Ceremony 14:05 - 14:25					
Competition					
14:25	15:15	Novice 15+ W - gr1 (12)	14:50	15:15	Training Nov 15+ M (10)
15:20	16:05	Novice 15+ W - gr2 (11)	15:20	16:10	Novice 15+ W - gr1 (12)
16:05	16:50	Open W (11)	15:40	16:30	Novice 15+ M (10)
17:00	17:35	Open M (9)	15:40	16:30	Training Nov 10-14 M (10)
17:35	18:10	Nov 10-14 W - gr1 (10)	16:05	16:30	Novice 10-14 M (10)
18:15	18:50	Nov 10-14 W - gr2 (10)	16:30	17:05	Training Nov 10-14 W (15)
			16:30	17:05	Novice 10-14 W - gr1 (8)
			17:05	17:25	Novice 10-14 W - gr2 (7)
			17:25	17:40	Novice 10-14 W - gr2 (7)
			17:40	18:35	Training Nov 15+ W (24)
			17:50	18:15	Novice 15+ W - gr1 (12)
			18:15	18:40	Novice 15+ M (9)
			18:40	18:55	Training Nov 10-14 M (5)
			18:55	19:10	Novice 10-14 M (5)
			19:10	19:20	Training Open W/M (3+1)
			19:20	19:30	Open W/M (3+1)
			18:35	19:05	Novice 15+ W - gr1 (12)
			19:05	19:30	Novice 15+ W - gr2 (12)

## Tuesday July 28 - CANADA CUP

	TRI (training)	TRI (competition)	TUM	DMT	
open training 8:30-9:30					
9:40	10:15	Synchro Novice (6+2)	10:20	10:55	Synchro Novice (6+2)
10:15	10:50	Synchro Youth (5+6)	10:55	11:40	Synchro Youth (5+6)
10:55	11:30	Synchro Senior (4+9)	11:40	12:35	Synchro Senior (4+9)
12:55	13:25	Youth W - gr1 (8)	13:30	14:00	Youth W - gr1 (8)
13:25	13:55	Youth W - gr2 (8)	14:00	14:30	Youth W - gr2 (8)
13:55	14:25	Youth M - gr1 (12)	14:30	15:20	Youth M - gr1 (12)
14:25	15:15	Youth M - gr2 (12)	15:20	16:10	Youth M - gr2 (12)
15:15	16:05	Novice 15+ M (13)	16:00	16:15	Training Nov 15+ W (8)
16:05	17:00	Novice 10-14 M (13)	15:40	16:00	Novice 15+ W (8)
17:20	17:55	Senior W (8)	16:00	16:15	Training Nov 10-14 W (6)
17:55	18:30	Senior M - gr1 (11)	16:15	16:30	Novice 10-14 W (6)
18:30	19:15	Senior M - gr2 (10)	16:30	17:00	Training Youth W (11)
			17:00	17:30	Youth W (11)
			17:30	18:00	Training Senior W/M (7+4)
			17:20	17:45	Youth M - gr1 (10)
			17:45	18:10	Youth M - gr2 (10)
			18:10	18:50	Training Youth W (15)
			18:50	19:10	Youth W - gr1 (8)
			19:10	19:30	Youth W - gr2 (7)
			18:30	18:30	Senior W/M (7+4)
			18:30	19:00	Training Youth M (12)
			19:00	19:30	Youth M (12)
			19:20	20:00	Senior M - gr2 (10)

## Wednesday July 29 - CANADA CUP FINALS

TRI (training)		TRI (competition)		TUM		DMT	
open training 8:30-10:00							
FINALS				FINALS		FINALS	
11:45	12:15	Synchro Senior (4+9)		12:10	12:20	10:10	10:40
12:30	12:50	Synchro Youth (5+6)		12:20	12:30	10:40	11:10
13:00	13:20	Synchro Novice (6+2)		12:30	13:00	11:10	11:35
				12:00	12:20	11:35	12:00
				12:20	12:50	12:00	12:20
13:35	13:55	Novice 15+ W (10)		13:30	14:00	12:50	13:15
13:55	14:15	Novice 15+ M (10)		14:00	14:30	13:15	13:40
14:15	14:35	Novice 10-14 W (10)		14:30	14:55	13:40	13:55
14:35	14:55	Novice 10-14 M (10)		14:55	15:20	13:55	14:10
14:55	15:15	Open W (10)		15:20	15:40	14:10	14:45
15:15	15:35	Open M (10)		15:40	16:00	14:45	15:20
15:35	15:55	Youth W (14)		16:00	16:15	15:20	15:45
15:55	16:25	Youth M (15)		16:15	16:30	15:45	16:10
16:35	16:55	Senior W (10)		16:30	16:45	16:10	16:35
16:55	17:15	Senior M (19)		16:45	17:00	16:35	17:00
				17:00	17:30	17:00	17:10
				17:20	18:00	17:10	17:20
						17:20	17:40
						17:40	18:00
18:00 - Awards							

## Thursday July 30 - Canam Cup (USA vs CANADA Match)

TRI (training)		TRI (competition)		TUM		DMT	
Orientation Meeting for coaches and judges 9:30 - 10:00 at venue							
YOUTH WARM-UP FOR PRELIMINARIES							
10:00	10:45			10:45	11:05	Youth M (7)	
11:05	11:25	Youth M (8)		11:05	11:20	Youth W (6)	
11:25	11:45	Youth W (8)		11:30	11:50	Youth W (7)	
				11:30	11:50	Youth M (6)	
				11:50	12:05	Youth M (6)	
12:30	13:15	SENIOR WARM-UP FOR PRELIMINARIES					
13:30	14:00	Senior M (7)		13:15	13:30	Senior M (6)	
14:05	14:30	Senior W (6)		13:30	13:45	Senior W (6)	
				14:05	14:20	Senior W (6)	
				14:20	14:35	Senior M (5)	
				14:35	15:00	Senior W (6)	
15:00	15:30	YOUTH WARM-UP FOR FINALS					
Opening Ceremony 15:30 - 15:45							
16:00	16:20	Youth M (8)		15:45	16:00	Youth M (7)	
16:20	16:40	Youth W (8)		16:00	16:10	Youth W (6)	
				16:25	16:40	Youth M (8)	
				16:25	16:40	Youth W (7)	
				16:40	17:00	Youth W (8)	
				16:40	16:50	Youth M (6)	
17:00	17:30	SENIOR WARM-UP FOR FINALS					
17:40	18:00	Senior M (7)		17:30	17:40	Senior M (6)	
18:05	18:20	Senior W (6)		17:40	17:50	Senior W (6)	
				18:05	18:15	Senior W (6)	
				18:15	18:25	Senior M (5)	
				18:25	18:40	Senior W (6)	
18:40 - Awards							